



Women's 3000 Metres

Aviva International Match
Kelvin Hall - Glasgow
Saturday 31 January 2009



START LIST



ATHLETIC ATHLETIC

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	8:23.72	Meseret DEFAR	ETH	23	3 Feb 2007
NR	8:31.50	Joanne PAVEY	GBR	33	3 Feb 2007
SR	8:54.81	Liz MCCOLGAN	GBR	24	15 Jan 1989

31 January 2009 14:29

START	BIB	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
1	GER	Julia HILLER GERMANY	21	9:22.06	
2	COM	Zakia MRISHO TANZANIA	24	9:22.72	
3	USA	Amy BEGLEY UNITED STATES	31	9:08.01	9:08.01
4	GBR	Helen CLITHEROE GREAT BRITAIN & N.I.	35	8:51.02	
5	SWE	Ulrika JOHANSSON SWEDEN	33	9:30.97	9:30.97

Issued Friday, 30 January 2009 at 19:40

