



# Women's 3000 Metres

## Final

## RESULTS



14 February 2009

TIME  
Start 16:21

World Indoor Championships Qualifying Standard: 9:00.00

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	8:23.72	Meseret DEFAR	ETH	23	3 Feb 2007
NR	8:31.50	Joanne PAVEY	GBR	33	3 Feb 2007
SR	8:43.23	Joanne PAVEY	GBR	30	8 Feb 2004
ACR	8:31.94	Gelete BURKA	ETH	22	16 Feb 2008

POS	COMPETITOR	AGE	LANE	MARK	
1	<b>Deirdre BYRNE</b> IRELAND	26	2	9:04.78	
2	<b>Katrina WOOTTON</b> BEDFORD C	23	6	9:05.27	SB
3	<b>Gemma TURTLE</b> SHAFTESBURY B	22	16	9:05.41	PB
4	<b>Charlene THOMAS</b> WAKEFIELD H	26	3	9:07.29	PB
5	<b>Helen CLITHEROE</b> PRESTON H	35	9	9:09.69	
6	<b>Emma PALLANT</b> ALDERSHOT, FARNHAM & DISTRICT	19	8	9:09.95	PB
7	<b>Ava HUTCHINSON</b> ALDERSHOT, FARNHAM & DISTRICT	25	10	9:20.83	PB
8	<b>Sarah MAUDE</b> CHARNWOOD A C	28	4	9:23.81	SB
9	<b>Tina BROWN</b> COVENTRY GODIVA	32	12	9:28.62	SB
10	<b>Kerry HARTY</b> IRELAND	27	7	9:29.48	PB
11	<b>Katie KNOWLES</b> BRISTOL & WEST	18	15	9:35.27	PB
12	<b>Hazel MURPHY</b> IRELAND	24	5	9:40.89	SB
13	<b>Nicola GEDDES</b> SCUNTHORPE	25	14	9:41.03	PB
14	<b>Stephanie BARNES</b> BRISTOL & WEST	20	13	9:44.13	SB
15	<b>Klachen CHESHIRE</b> ROTHERHAM	20	11	9:45.10	PB
	<b>Lucy O'GORMAN</b> WAKEFIELD H	23	1	DNF	



# 3000 Metres Women - Final RESULTS



POS	COMPETITOR	AGE	LANE	MARK
<b>INTERMEDIATE TIMES</b>				
1000	276 Helen CLITHEROE			3:03.53
2000	276 Helen CLITHEROE			6:09.00

## GREAT BRITAIN & N.I. TOP ALL-TIME

MARK	COMPETITOR	DATE
8:31.50	Joanne PAVEY	2007
8:34.80	Liz MCCOLGAN	1989
8:39.79	Zola BUDD	1986
8:45.36	Hayley TULLETT	2001
8:46.06	Yvonne MURRAY	1987
8:47.25	Lisa DOBRISKEY	2007
8:50.69	Katrina WOOTTON	2008
8:51.02	Helen CLITHEROE	2008
8:51.04	Wendy SLY	1988
8:53.52	Nicola MORRIS	1989

## GREAT BRITAIN & N.I. TOP 2009

MARK	COMPETITOR	DATE
9:00.20	Barbara PARKER	7 Feb
9:05.27	Katrina WOOTTON	14 Feb
9:05.41	Gemma TURTLE	14 Feb
9:07.29	Charlene THOMAS	14 Feb
9:07.43	Helen CLITHEROE	31 Jan

