



Men's 400 Metres

Semi-Final

Aviva European Champs Trials & UK Champs
EIS - Sheffield
Saturday 14 and Sunday 15 February 2009



RESULTS

14 February 2009

Heat 1 **3**

TIME
Start 18:13

World Indoor Championships Qualifying Standard: 46.70

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	44.57	Kerron CLEMENT	USA	19	12 Mar 2005
NR	45.39	Jamie BAULCH	GBR	23	9 Feb 1997
SR	45.90	Robert TOBIN	GBR	22	12 Feb 2006
ACR	45.14	Michael JOHNSON	USA	25	20 Feb 1993

First 2 of each heat (Q) qualified

POS	COMPETITOR	AGE	LANE	MARK	REACTION TIME
1	Richard BUCK C OF YORK	22	6	47.52 Q	0.235
2	John KELLEY C SHEFFIELD	24	5	47.98 Q	0.254
3	Mark BERRIDGE BASINGSTOKE M H	24	3	48.07	0.221 SB
4	Adebowale ADEMUYEWO SALE H MANCHESTER	25	2	48.73	0.183 SB
5	Steve GREEN NEWHAM E B	26	4	50.03	0.236

GREAT BRITAIN & N.I. TOP ALL-TIME

MARK	COMPETITOR	DATE
45.39	Jamie BAULCH	1997
45.43	Daniel CAINES	2003
45.56	Todd BENNETT	1985
45.71	Solomon WARISO	1998
45.83	Mark HYLTON	1997
45.89	David GRINDLEY	1993
45.90	Robert TOBIN	2006
45.94	Mark RICHARDSON	1993
45.98	Brian WHITTLE	1988
46.11	Guy BULLOCK	1997
46.11	Sean BALDOCK	1998

GREAT BRITAIN & N.I. TOP 2009

MARK	COMPETITOR	DATE
46.61	Richard BUCK	7 Feb
46.68	Michael BINGHAM	6 Feb
47.28	Nick LEAVEY	1 Feb
47.57	Dale GARLAND	31 Jan
47.61	Andy BLOW	31 Jan
47.69	Richard STRACHAN	8 Feb
47.70	Nigel LEVINE	24 Jan

Issued Saturday, 14 February 2009 at 18:18

