Women 's 400 Metres

ATHLETIC A

Final START LIST

ATHLETIC ATHLETI

It's all good.

World Indoor Championships Qualifying Standard: 52.80

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	**49.59**	**Jarmila KRATOCHVILOVÁ**	CZE	31	7 Mar 1982
NR	**50.02**	**Nicola SANDERS**	GBR	24	3 Mar 2007
SR	**50.60**	**Nicola SANDERS**	GBR	24	11 Feb 2007
ACR	**50.02**	**Nicola SANDERS**	GBR	24	3 Mar 2007

15 February 2009 16:01

START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
1	**Nadine OKYERE** BIRCHFIELD H	22	54.80	54.80
2	**Meghan BEESLEY** BIRCHFIELD H	19	53.84	54.45
3	**Dawn WILSON** WSE HOUNSLOW	27	54.19	54.19
4	**Kim WALL** BASILDON A C	25	53.02	54.16
5	**Marilyn OKORO** SHAFTESBURY B	24	53.30	53.30
6	**Donna FRASER** CROYDON H	36	53.32	53.32