



Women's 3000 Metres

Aviva Grand Prix
NIA - Birmingham
Saturday 21 February 2009



START LIST



	MARK	COMPETITOR	NAT	AGE	Record Date
WR	8:23.72	Meseret DEFAR	ETH	23	3 Feb 2007
NR	8:31.50	Joanne PAVEY	GBR	33	3 Feb 2007
SR	8:31.94	Gelete BURKA	ETH	22	16 Feb 2008

21 February 2009 15:15 START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
1	Korine HINDS JAMAICA	33	9:08.55	
2	Charlene THOMAS GREAT BRITAIN & N.I.	26	9:07.29	9:07.29
3	Ines MONTEIRO PORTUGAL	28	8:54.97	8:54.97
4	Jessica AUGUSTO PORTUGAL	27	8:46.29	8:53.04
5	Gemma TURTLE GREAT BRITAIN & N.I.	22	9:05.41	9:05.41
6	Katrina WOOTTON GREAT BRITAIN & N.I.	23	8:50.69	9:05.27
7	Vivian CHERUIYOT KENYA	25	8:42.13	8:42.13
8	Zakia MRISHO TANZANIA	25	9:00.55	9:05.55

Issued Friday, 20 February 2009 at 16:51

