Super 8
Cardiff International Stadium
Wednesday 10 June 2009

UKA UNITED KINGDOM ATHLETICS

Women 's 400 Metres

ETIC ATHLETIC

RESULTS

ATHLETIC ATHLETI

10 June 2009

	TIME	TEMPERATURE	HUMIDITY
Start	19:31	15 °C	82 %

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	**47.60**	**Marita KOCH**	GER	28	6 Oct 1985
BR	**49.43**	**Kathy COOK**	GBR	24	6 Aug 1984
AC	**50.63**	**Michelle SCUTT**	GBR	46	28 Jul 2006

POS	BIB	COMPETITOR	AGE	LANE	MARK	POINTS	REACTION TIME	
1	7	**Vicky BARR** NEWCASTLE	27	1	53.96	8	0.211	
2	6	**Jenny MEADOWS** MANCHESTER	28	8	54.01	7	0.288	SB
3	4	**Henrietta KODILINYE SIMS** LONDON NORTH	22	6	54.58	6	0.324	SB
4	1	**Nadine OKYERE** BIRMINGHAM	22	3	55.18	5	0.275	
5	5	**Dawn WILSON** LONDON SOUTH	27	7	55.55	4	0.304	
6	3	**Gemma NICOL** GLASGOW	22	5	55.63	3	0.306	
7	8	**Katie FLOWER** SHEFFIELD	21	2	56.90	2	0.283	SB
8	2	**Caryl GRANVILLE** CARDIFF	19	4	59.82	1	0.216	

Team Standings after 3 events

1	**LONDON SOUTH**	**25**
2	**BIRMINGHAM**	**19**
3	**NEWCASTLE**	**16**
4	**GLASGOW**	**13**
5	**MANCHESTER**	**13**
6	**LONDON NORTH**	**12**
7	**CARDIFF**	**12**
8	**SHEFFIELD**	**2**

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