Super 8
Cardiff International Stadium
Wednesday 10 June 2009

UNITED KINGDOM ATHLETICS

Men 's Shot Put

ATHLETIC AT

START LIST

ATHLETIC ATHLETI

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	**23.12**	**Randy BARNES**	USA	23	20 May 1990
BR	**21.92**	**Carl MYERSCOUGH**	GBR	23	14 Jun 2003
AC	**21.68**	**Geoff CAPES**	GBR	56	11 Jun 2006

10 June 2009 19:20

	START	BIB	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
	1	1	**Sam HERRINGTON** BIRMINGHAM	22	15.31	14.72
	2	2	**Ryan SPENCER JONES** CARDIFF	22	16.38	16.38
	3	3	**Jamie STEVENSON** GLASGOW	19	17.68	17.68
	4	4	**Garrett JOHNSON** LONDON NORTH	25	20.94	19.96
	5	5	**Kieren KELLY** LONDON SOUTH	23	18.77	18.77
J	6	6	**Carl MYERSCOUGH** MANCHESTER	29	21.92	20.04
	7	7	**Craig STURROCK** NEWCASTLE	24	16.17	16.02
	8	8	**Rimantas MARTISAUSKAS** SHEFFIELD	22	17.99	17.99

J *Joker: Team earning double points*

Issued Wednesday, 10 June 2009 at 18:49

birmingham london north newcastle cardiff london south sheffield glasgow manchester