



Aviva World Trials & UK Championships
Alexander Stadium
From Friday 10 July to Sunday 12 July 2009



Women's 10,000 Metres

Final

RESULTS

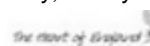


11 July 2009

Start TIME TEMPERATURE HUMIDITY
18:54 15 °C 94 %

IAAF World Championships Qualifying Standard:		31:45.00	(B) 32:20.00	
MARK	COMPETITOR	NAT	AGE	Record Date
WR	29:31.78 Junxia WANG	CHN	20	8 Sep 1993
NR	30:01.09 Paula RADCLIFFE	GBR	28	6 Aug 2002
SR	29:59.20 Meseret DEFAR	ETH	25	11 Jul 2009
ACR	29:59.20 Meseret DEFAR	ETH	25	11 Jul 2009

POS	COMPETITOR	AGE	LANE	MARK	
1	Meseret DEFAR	25	7	29:59.20	SR
2	Aheza KIROS	27	1	31:21.22	SB
3	Lineth CHEPKURUI	21	3	31:31.92	PB
4	Christine BARDELLE	34	5	32:44.48	
5	Claire HALLISSEY BRISTOL & WEST	26	6	33:10.73	PB
6	Gemma MILES KENDAL A A C	28	8	33:37.71	SB
7	Hatti DEAN HALLAMSHIRE H	27	2	34:09.31	
8	Nicky ARCHER VALE ROYAL A C	23	4	34:59.84	
	Dacia PERKINS		9	DNF	



10,000 Metres Women - Final RESULTS



POS	COMPETITOR	AGE	LANE	MARK
INTERMEDIATE TIMES				
1000	882 Dacia PERKINS			3:01.51
2000	882 Dacia PERKINS			6:05.64
3000	3 Meseret DEFAR			9:03.43
4000	3 Meseret DEFAR			12:03.99
5000	3 Meseret DEFAR			15:05.66
6000	3 Meseret DEFAR			18:07.70
7000	3 Meseret DEFAR			21:10.77
8000	3 Meseret DEFAR			24:13.15
9000	3 Meseret DEFAR			27:11.55

GREAT BRITAIN & N.I. TOP ALL-TIME

MARK	COMPETITOR	DATE
30:01.09	Paula RADCLIFFE	2002
30:57.07	Liz MCCOLGAN	1991
31:07.88	Jill HUNTER	1991
31:36.90	Kathy BUTLER	2004
31:45.14	Hayley YELLING	2004
31:49.40	Mara YAMAUCHI	2006
31:53.36	Wendy SLY	1988
31:55.30	Angela TOOBY	1987
31:56.97	Yvonne MURRAY	1994
31:58.39	Elizabeth YELLING	2002

