Aviva World Trials & UK Championships
Alexander Stadium
From Friday 10 July to Sunday 12 July 2009

Men 's 3000 Metres Steeplechase

Final START LIST

IAAF World Championships Qualifying Standard:	8:23.00	(B) 8:33.05

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	7:53.63	Saif Saaeed SHAHEEN	QAT	21	3 Sep 2004
NR	8:07.96	Mark ROWLAND	GBR	25	30 Sep 1988
SR	8:22.22	Philip BARKUTWO	KEN	23	4 Aug 1990
ACR	8:08.11	Patrick SANG	KEN	31	7 Jul 1995

12 July 2009 16:13

START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
1	**David WESTBURY** DERBY	20	9:09.70	9:09.70
2	**Luke GUNN** DERBY	24	8:28.48	
3	**James WILKINSON** LEEDS CITY	18	9:00.20	9:00.20
4	**Shaun COLLINS** ENFIELD & HARINGEY H	19	9:09.20	9:09.20
5	**Tom WADE** ALDERSHOT, FARNHAM & DISTRICT	20	9:06.81	9:06.81
6	**Conor MCNULTY** KILBARCHAN A A C	20	9:03.04	9:03.04
7	**Samater FARAH** NEWHAM E B	23	8:56.75	8:56.75
8	**Matthew CAREY** HARROW A C	22	8:59.77	8:59.77
9	**Matthew GRAHAM** KIRKINTILLOCH	18	9:13.50	9:13.50
10	**Glen WATTS** SHAFTESBURY B	22	9:05.17	9:25.64
11	**Bruce RAESIDE** NOTTS A C	27	8:49.60	8:49.60

Issued Sunday, 12 July 2009 at 15:18