



the team behind  
UKA UNITED KINGDOM ATHLETICS

# Men's 3000 Metres Steeplechase

## Final

## RESULTS



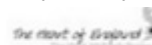
It's all good.

12 July 2009

Start      TIME      TEMPERATURE      HUMIDITY  
16:13      21 °C      53 %

IAAF World Championships Qualifying Standard:		8:23.00	(B) 8:33.05	
MARK	COMPETITOR	NAT	AGE	Record Date
WR	7:53.63 Saif Saeed SHAHEEN	QAT	21	3 Sep 2004
NR	8:07.96 Mark ROWLAND	GBR	25	30 Sep 1988
SR	8:22.22 Philip BARKUTWO	KEN	23	4 Aug 1990
ACR	8:08.11 Patrick SANG	KEN	31	7 Jul 1995

POS	COMPETITOR	AGE	LANE	MARK	
1	<b>Luke GUNN</b> DERBY	24	2	8:46.87	<b>SB</b>
2	<b>Bruce RAESIDE</b> NOTTS A C	27	11	8:51.05	
3	<b>Samater FARAH</b> NEWHAM E B	23	7	8:57.09	
4	<b>James WILKINSON</b> LEEDS CITY	18	3	8:58.76	<b>PB</b>
5	<b>Conor MCNULTY</b> KILBARCHAN A A C	20	6	9:04.85	
6	<b>Shaun COLLINS</b> ENFIELD & HARINGEY H	19	4	9:06.60	<b>PB</b>
7	<b>Matthew CAREY</b> HARROW A C	22	8	9:06.61	
8	<b>Tom WADE</b> ALDRSHOT, FARNHAM & DISTRICT	20	5	9:13.43	
9	<b>Glen WATTS</b> SHAFTESBURY B	22	10	9:14.05	<b>SB</b>
10	<b>Matthew GRAHAM</b> KIRKINTILLOCH	18	9	9:18.32	
11	<b>David WESTBURY</b> DERBY	20	1	9:31.13	



# 3000 Metres Steeplechase Men - Final RESULTS



POS	COMPETITOR	AGE	LANE	MARK
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## INTERMEDIATE TIMES

1000	191 Luke GUNN	3:01.04
2000	191 Luke GUNN	5:55.90

## GREAT BRITAIN & N.I. TOP ALL-TIME

MARK	COMPETITOR	DATE
8:07.96	Mark ROWLAND	1988
8:12.11	Colin REITZ	1986
8:12.58	Tom HANLON	1991
8:15.16	Greame FELL	1983
8:18.32	Eddie WEDDERBURN	1988
8:18.91	Roger HACKNEY	1988
8:18.95	Dennis COATES	1976
8:20.83	Paul DAVIES-HALE	1984
8:22.48	John DAVIES	1974
8:22.82	John BICOURT	1976

## GREAT BRITAIN & N.I. TOP 2009

MARK	COMPETITOR	DATE
8:35.49	Stephen LISGO	12 Jun
8:46.87	Luke GUNN	12 Jul
8:49.60	Bruce RAESIDE	13 Jun
8:56.75	Samater FARAH	13 Jun
8:58.76	James WILKINSON	12 Jul
8:59.77	Matthew CAREY	4 Jul
9:03.04	Conor MCNULTY	30 May
9:04.25	Stuart STOKES	4 Jul
9:06.60	Shaun COLLINS	12 Jul
9:06.81	Tom WADE	4 May

