Aviva World Trials & UK Championships
Alexander Stadium
From Friday 10 July to Sunday 12 July 2009

AVIVA
the team behind UKA UNITED KINGDOM ATHLETICS

Women 's 400 Metres

ETIC ATHLETIC

B Final RESULTS

ATHLETIC ATHLETI

McCain It's all good.

11 July 2009

	TIME	TEMPERATURE	HUMIDITY
Start	14:52	15 °C	94 %

IAAF World Championships Qualifying Standard: 51.50 (B) 52.30

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	**47.60**	**Marita KOCH**	GER	28	6 Oct 1985
NR	**49.43**	**Kathy COOK**	GBR	24	6 Aug 1984
SR	**50.62**	**Katharine MERRY**	GBR	24	25 Jul 1999
ACR	**49.05**	**Sanya RICHARDS**	USA	21	28 Jul 2006

POS	COMPETITOR	AGE	LANE	MARK	REACTION TIME	
1	**Dawn HUNT** WSE HOUNSLOW	27	5	**54.57**	0.586	SB
2	**Joanne RYAN** LOUGHTON	22	8	**54.91**	0.255	
3	**Henrietta KODILINYE SIMS** NEWHAM E B	22	4	**54.96**	0.187	
4	**Laura LANGOWSKI** COVENTRY GODIVA	24	6	**55.09**	0.235	SB
5	**Carmen GEDLING** LIVERPOOL H	19	3	**55.39**	0.189	
6	**Emma WILLIAMS** COVENTRY GODIVA	21	2	**55.82**	0.181	
7	**Vicki GARRAD** TRAFFORD	21	7	**56.00**	0.261	

GREAT BRITAIN & N.I. TOP ALL-TIME

MARK	COMPETITOR	DATE
49.43	Kathy COOK	1984
49.59	Katharine MERRY	2001
49.61	Christine OHURUOGU	2007
49.65	Nicola SANDERS	2007
49.79	Donna FRASER	2000
50.40	Phylis SMITH	1992
50.63	Michelle SCUTT	1982
50.71	Allison CURBISHLEY	1998
50.75	Joslyn HOYTE-SMITH	1982
50.82	Lee MCCONNELL	2002

GREAT BRITAIN & N.I. TOP 2009

MARK	COMPETITOR	DATE
51.14	Christine OHURUOGU	11 Jun
51.52	Lee MCCONNELL	1 Jun
51.89	Nicola SANDERS	1 Jun
52.34	Marilyn OKORO	28 Jun
52.67	Vicky BARR	5 Jun
52.83	Donna FRASER	15 Feb
52.98	Perri SHAKES DRAYTON	21 Jun
53.45	Kim WALL	27 Jun
53.52	Kelly MASSEY	23 Jun
53.56	Jenny MEADOWS	7 Jul

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