



Women's 400 Metres



1st Round

START LIST



IAAF World Championships Qualifying Standard:		51.50	(B) 52.30	
MARK	COMPETITOR	NAT	AGE	Record Date
WR	47.60 Marita KOCH	GER	28	6 Oct 1985
NR	49.43 Kathy COOK	GBR	24	6 Aug 1984
SR	50.62 Katharine MERRY	GBR	24	25 Jul 1999
ACR	49.05 Sanya RICHARDS	USA	21	28 Jul 2006

First 1 of each heat (Q) plus 4 fastest times (q) qualified

Heat 1

START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
2	Emma PULLEN SHREWSBURY	19	55.27	55.27
3	Rebecca WILLIAMS NEWPORT H	20	56.41	56.41
4	Katie FLOWER SCUNTHORPE	21	54.28	55.74
5	Vickie HEWETT WOKING A C	18	56.35	56.35
6	Christine OHURUOGU NEWHAM E B	25	49.61	51.14
7	Vicki GARRAD TRAFFORD	21	55.00	55.00
8	Dawn HUNT WSE HOUNSLOW	27	53.34	54.58

Heat 2

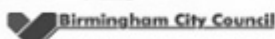
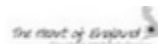
START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
3	Kim WALL BASILDON A C	26	52.20	53.45
4	Joanne RYAN LOUGHTON	22	54.90	54.90
5	Katie SKELDING WOODFORD G ESSEX L	27	56.49	56.49
6	Shelayna OSKAN WSE HOUNSLOW	19	54.3	54.86
7	Kelly MASSEY SALE H MANCHESTER	24	53.11	53.52
8	Emma WILLIAMS COVENTRY GODIVA	21	55.3	55.33



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Heat 3

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START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
2	Harriet PRYKE MANX H	19	56.46	56.46
3	Vicky BARR RUGBY & NORTHAMPTON	27	52.44	52.67
4	Nadine OKYERE BIRCHFIELD H	22	54.30	54.30
5	Nina ANDERSON SHAFTESBURY B	37	56.02	58.01
6	Maria THOMAS DUNDEE HAWKHILL H	21	55.27	55.27
7	Rachel LEWINGTON TEAM SOUTHAMPTON	24	56.50	56.50
8	Henrietta KODILINYE SIMS NEWHAM E B	22	53.24	53.88

Heat 4

4

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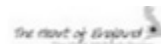
START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
2	Helen REYNOLDS CRAWLEY A C	31	55.60	56.00
3	Perri SHAKES DRAYTON VICTORIA PK & TOWER HAM	20	52.98	52.98
4	Donna FRASER CROYDON H	36	49.79	53.17
5	Carmen GEDLING LIVERPOOL H	19	54.88	55.37
6	Laura LANGOWSKI COVENTRY GODIVA	24	54.85	55.29
7	Ruth BRERETON WOODFORD G ESSEX L	28	56.75	56.75
8	Becky SYROCKI BLACKHEATH & BROMLEY	21	55.80	55.80



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