



Men's 10,000 Metres

Final

Aviva World Trials & UK Championships
Alexander Stadium
From Friday 10 July to Sunday 12 July 2009



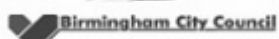
RESULTS

10 July 2009

Start TIME TEMPERATURE HUMIDITY
21:55 15 °C 82 %

IAAF World Championships Qualifying Standard: 27:47.00 (B) 28:12.00					
	MARK	COMPETITOR	NAT	AGE	Record Date
WR	26:17.53	Kenenisa BEKELE	ETH	23	26 Aug 2005
NR	27:18.14	Jon BROWN	GBR	27	28 Aug 1998
ACR	27:20.38	Aloys NIZIGAMA	BUR		7 Jul 1995

POS	COMPETITOR	AGE	LANE	MARK	REACTION TIME
1	Andy VERNON ALDERSHOT, FARNHAM & DISTRICT	23	12	28:43.41	SB
2	Philip NICHOLLS TIPTON H	25	5	29:22.17	SB
3	Ian HUDSPITH MORPETH H	38	14	29:27.18	SB
4	Adam BOWDEN HARROW A C	26	3	29:31.01	SB
5	Keith GERRARD NEWHAM E B	23	15	29:31.84	PB
6	Andi JONES SALFORD H	30	11	29:37.23	PB
7	Anthony FORD BLACKPOOL & FYLDE	26	8	29:43.68	SB
8	Tom PAYN WINCHESTER & DISTRICT	29	2	29:46.20	SB
9	Matthew JANES BEDFORD C	26	4	29:48.81	PB
10	Martin WILLIAMS TIPTON H	31	1	29:50.89	SB
11	Ben MOREAU ALDERSHOT, FARNHAM & DISTRICT	27	9	29:52.41	SB
12	Kevin SKINNER NEWHAM E B	29	6	30:07.72	PB
13	Marcin FUDALEJ	32	10	30:30.53	SB
14	Russell DESSAIX CHIN	30	13	31:38.45	SB
	Phil WICKS BELGRAVE H	25	7	DNF	



10,000 Metres Men - Final RESULTS



POS	COMPETITOR	AGE	LANE	MARK
INTERMEDIATE TIMES				
1000	157 Anthony FORD			2:55.54
2000	416 Andy VERNON			5:43.56
3000	416 Andy VERNON			8:33.21
4000	416 Andy VERNON			11:24.89
5000	416 Andy VERNON			14:17.83
6000	416 Andy VERNON			17:11.72
7000	416 Andy VERNON			20:06.86
8000	416 Andy VERNON			23:00.92
9000	416 Andy VERNON			25:55.38

GREAT BRITAIN & N.I. TOP ALL-TIME

MARK	COMPETITOR	DATE
27:18.14	Jon BROWN	1998
27:23.06	Eamonn MARTIN	1988
27:30.3	Brendan FOSTER	1978
27:30.80	Dave BEDFORD	1973
27:31.19	Nick ROSE	1983
27:34.58	Julian GOATER	1982
27:36.27	David BLACK	1978
27:39.14	Steve JONES	1983
27:39.76	Mick MCLEOD	1979
27:40.03	Richard NERURKAR	1993

GREAT BRITAIN & N.I. TOP 2009

MARK	COMPETITOR	DATE
27:57.23	Andrew LEMONCELLO	24 Apr
28:43.41	Andy VERNON	10 Jul
28:46.27	John BEATTIE	2 May
28:50.93	Matthew ASHTON	2 May
28:55.60	Eddie ERNEST JONES	2 May
29:10.66	Phil WICKS	6 Jun
29:22.17	Philip NICHOLLS	10 Jul
29:27.18	Ian HUDSPITH	10 Jul
29:30.03	Andrew BAKER	2 May
29:31.01	Adam BOWDEN	10 Jul

