



Men's 400 Metres



1st Round

START LIST



IAAF World Championships Qualifying Standard:		45.55	(B) 45.95
WR	43.18 Michael JOHNSON	USA	31 26 Aug 1999
NR	44.36 Iwan THOMAS	GBR	23 13 Jul 1997
SR	44.36 Iwan THOMAS	GBR	23 13 Jul 1997
ACR	43.98 Michael JOHNSON	USA	24 10 Jul 1992

First 3 of each heat (Q) plus 4 fastest times (q) qualified

Heat 1

START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
2	David HUGHES TRAFFORD	25	47.70	47.70
3	Robert TOBIN BASINGSTOKE M H	25	45.01	45.15
4	Tom DRUCE CHANNEL ISLANDS	22	46.74	46.74
5	Luke LENNON FORD BIRCHFIELD H	20	47.11	47.11
6	Craig STEWART KILBARCHAN A A C	23	48.41	48.41
7	Patrick NORTH SWINDON H	19	48.45	48.45
8	Phil TAYLOR LIVERPOOL P S	24	47.71	48.38

Heat 2

START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
2	Luke SMALLWOOD MEDWAY & MAIDSTONE	20	48.07	48.07
3	Louis SELLERS BASINGSTOKE M H	21	47.39	48.90
4	Aaron MCCAMMON KENT A C	22	48.52	48.52
5	Shane CHRISTIE THAMES VALLEY H	23	48.50	48.50
6	Richard STRACHAN TRAFFORD	22	45.74	45.74
7	Glyn HAWKES HASLEMERE BORDER AC	20	48.16	48.16
8	Graham HEDMAN WOODFORD G ESSEX L	30	45.84	46.12



Mensah added, Elias withdrawn

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Heat 3

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START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
2	Shem NELSON BIRCHFIELD H	22	48.45	49.40
3	Conrad WILLIAMS KENT A C	27	45.63	45.63
4	Aaron TRIM ENFIELD & HARINGEY H	19	47.14	47.14
5	Mark BERRIDGE BASINGSTOKE M H	25	47.13	48.18
6	Lawrence MENSAH HERNE HILL H	24	48.21	48.21
7	James HUNTER LIVERPOOL H	19	47.43	47.43
8	Stephen JOHNSON WSE HOUNSLOW	21	47.74	47.74

Heat 4

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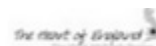
START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
2	Nick LEAVEY WOODFORD G ESSEX L	22	47.12	47.41
3	Jonathan BROWNE KENT A C	26	47.43	47.43
4	Darren GREEN LUTON UNITED	26	48.50	48.70
5	Michael BINGHAM UNATTACHED	23	45.05	45.05
6	Dwayne LEWIS BIRCHFIELD H	22	47.52	47.64
7	Donald MACLEOD STORNOWAY	22	48.37	48.37
8	Set OSHO BELGRAVE H	22	46.70	46.70



Mensah added, Elias withdrawn

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