



the team behind  
UKA UNITED KINGDOM ATHLETICS

# Women's 400 Metres Hurdles

## 1st Round

## RESULTS



10 July 2009

Heat 3

3

Start TIME 20:21 TEMPERATURE 15 °C HUMIDITY 82 %

IAAF World Championships Qualifying Standard: 55.50 (B) 56.55

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	52.34	Yuliya PECHONKINA	RUS	25	8 Aug 2003
NR	52.74	Sally GUNNELL	GBR	27	19 Aug 1993
SR	54.62	Sally GUNNELL	GBR	27	25 Jun 1994
ACR	53.69	Sandra FARMER PATRICK	USA	31	10 Sep 1993

First 2 of each heat (Q) plus 2 fastest times (q) qualified

POS	COMPETITOR	AGE	LANE	MARK	REACTION TIME
1	<b>Nusrat CEESAY</b> WOODFORD G ESSEX L	28	5	<b>58.85 Q</b>	0.332
2	<b>Caryl GRANVILLE</b> CARMARTHEN H	19	4	<b>1:00.66 Q</b>	0.346
3	<b>Sarah ADAMS</b> LEICESTER CORITANIANS	21	7	<b>1:00.75</b>	0.216
4	<b>Holly BELCH</b> SALE H MANCHESTER	19	3	<b>1:03.01</b>	0.254
5	<b>Sophie SKINNER</b> EXETER H	19	6	<b>1:03.52</b>	0.285

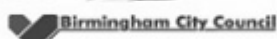
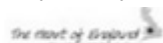
### GREAT BRITAIN & N.I. TOP ALL-TIME

MARK	COMPETITOR	DATE
52.74	Sally GUNNELL	1993
54.02	Tasha DANVERS	2003
54.63	Gowry RETCHAKAN	1992
55.22	Keri MADDOX	2000
55.24	Sinead DUDGEON	1999
55.25	Lee MCCONNELL	2006
55.32	Nicola SANDERS	2006
55.34	Perri SHAKES DRAYTON	2009
55.36	Eilidh CHILD	2009
55.70	Emma DUCK	2006

### GREAT BRITAIN & N.I. TOP 2009

MARK	COMPETITOR	DATE
55.19	Tasha DANVERS	30 May
55.34	Perri SHAKES DRAYTON	28 Jun
55.36	Eilidh CHILD	28 Jun
57.51	Justine KINNEY	6 Jun
57.65	Meghan BEESLEY	18 Apr
57.71	Hannah DOUGLAS	4 Jul
57.96	Sarah ADAMS	13 Jun
58.03	Nusrat CEESAY	17 Apr
58.28	Sian SCOTT	13 Jun
58.72	Lauren BOUCHARD	14 Jun

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