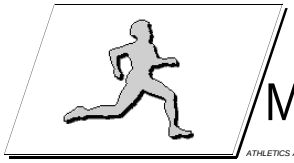

Aviva London Grand Prix
Crystal Palace - London
Friday 24 and Saturday 25 July 2009

Men 's Emsley Carr Mile

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	MARK	COMPETITOR	NAT	AGE	Record Date
WR	3:50.82	Johan FOURIE	RSA	-14	11 Mar 1987
WR	3:43.13	Hicham EL GUERROUJ	MAR	24	7 Jul 1999
NR	3:46.32	Steve CRAM	GBR	24	27 Jul 1985
SR	3:45.96	Hicham EL GUERROUJ	MAR	25	5 Aug 2000
ACR	3:45.96	Hicham EL GUERROUJ	MAR	25	5 Aug 2000

25 July 2009 17:06

START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
1	**Jeremy ROFF** AUSTRALIA	24	4:01.42	
2	**Leonel MANZANO** UNITED STATES	24	3:55.29	3:55.29
3	**Lopez LOMONG** UNITED STATES	24	3:53.47	3:53.47
4	**Nathan BRANNEN** CANADA	26	3:52.63	3:52.63
5	**Tom LANCASHIRE** GREAT BRITAIN & N.I.	24	3:55.69	
6	**Bernard LAGAT** UNITED STATES	34	3:47.28	
7	**Ryan GREGSON** AUSTRALIA	19	3:59.67	3:59.67
8	**Colin MCCOURT** GREAT BRITAIN & N.I.	24	4:48.10	
9	**James BREWER** GREAT BRITAIN & N.I.	21		
10	**Johan CRONJE** SOUTH AFRICA	27	3:58.81	
11	**Collis BIRMINGHAM** AUSTRALIA	25	3:54.36	3:54.36
12	**Ricky STEVENSON** GREAT BRITAIN & N.I.	20	4:00.33	
13	**David KRUMMENACKER** UNITED STATES	34	3:54.23	
14	**Rob MYERS** UNITED STATES	28		

Issued Friday, 24 July 2009 at 12:46