



Men's 3000 Metres

Aviva British Grand Prix
Gateshead International Stadium
Monday 31 August 2009



START LIST



	MARK	COMPETITOR	NAT	AGE	Record Date
WR	7:20.67	Daniel KOMEN	KEN	20	1 Sep 1996
NR	7:32.79	David MOORCROFT	GBR	29	17 Jul 1982
SR	7:31.94	Kenenisa BEKELE	ETH	26	31 Aug 2008
ACR	7:29.69	Haile GEBRESELASSIE	ETH	26	7 Aug 1999

31 August 2009 16:25	START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
	1	Mike KIGEN KENYA	23	7:35.87	7:48.84
	2	Mark DRAPER GREAT BRITAIN & N.I.	25	7:57.74	7:57.74
	3	Chris SOLINSKY UNITED STATES	24	7:32.52	7:32.52
	4	Chris THOMPSON GREAT BRITAIN & N.I.	28	7:50.95	7:50.95
	5	Abraham CHEBIL KENYA	29	7:33.42	7:47.67
	6	Mo FARAH GREAT BRITAIN & N.I.	26	7:38.15	7:39.02
	7	Nick MCCORMICK GREAT BRITAIN & N.I.	27	7:51.17	8:03.45
	8	Moses KIPSIRO UGANDA	22	7:30.95	7:30.95
	9	Sammy MUTAHI KENYA	20	7:33.02	7:33.02
	10	Silas KIPRUTO KENYA		7:32.52	7:32.52
	11	Moumin GEELE SOMALIA	23	8:00.56	
	12	Mark KIPTOO KENYA	33	7:32.97	7:32.97
	13	David KRUMMENACKER UNITED STATES	34		
	14	Bernard LAGAT UNITED STATES	34	7:33.15	7:33.15



LAGAT MOVED TO OUTSIDE LANE

Issued Monday, 31 August 2009 at 09:58



Forms part of NewcastleGateshead's world-class programme of festivals and events, developed by culture®