



# Women's 400 Metres

Aviva British Grand Prix  
Gateshead International Stadium  
Monday 31 August 2009



## START LIST



	MARK	COMPETITOR	NAT	AGE	Record Date
<b>WR</b>	<b>47.60</b>	<b>Marita KOCH</b>	GER	28	6 Oct 1985
<b>NR</b>	<b>49.43</b>	<b>Kathy COOK</b>	GBR	24	6 Aug 1984
<b>SR</b>	<b>49.96</b>	<b>Cathy FREEMAN</b>	AUS	23	30 Jun 1996
<b>ACR</b>	<b>49.05</b>	<b>Sanya RICHARDS</b>	USA	21	28 Jul 2006

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START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
1	<b>Deedee TROTTER</b> UNITED STATES	26	<b>49.64</b>	52.00
2	<b>Shana COX</b> UNITED STATES	24	<b>50.84</b>	51.44
3	<b>Debbie DUNN</b> UNITED STATES	31	<b>49.95</b>	49.95
4	<b>Christine OHURUOGU</b> GREAT BRITAIN & N.I.	25	<b>49.61</b>	50.21
5	<b>Aliann POMPEY</b> GUYANA	31	<b>50.71</b>	50.71
6	<b>Shareese WOODS</b> UNITED STATES	24	<b>51.05</b>	51.05
7	<b>Victoria BARR</b> GREAT BRITAIN & N.I.	27	<b>52.44</b>	52.73
8	<b>Donna FRASER</b> GREAT BRITAIN & N.I.	36	<b>49.79</b>	53.17

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