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	MARK	COMPETITOR	NAT	AGE	Record Date
WR	**7:24.90**	**Daniel KOMEN**	KEN	21	6 Feb 1998
NR	**7:34.47**	**Mo FARAH**	GBR	25	21 Feb 2009
SR	**7:40.99**	**Mo FARAH**	GBR	25	31 Jan 2009

30 January 2010 14:37

START	BIB	COMPETITOR	AGE	PERSONAL BEST	2010 BEST
1	GBR	**Michael SKINNER** GREAT BRITAIN & N.I.	30	8:06.25	
2	USA	**Stephen PIFER** UNITED STATES	25	7:54.59	
3	COM	**Sammy MUTAHI** KENYA	20		
4	SWE	**Eric SENORSKI** SWEDEN	20		
5	GER	**Arthur LENZ** GERMANY	21	8:13.90	8:13.90

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