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Men 's 3000 Metres

LETICS ATHLETICS

RESULTS

ATHLETICS ATHLETICS

30 January 2010

TIME
Start 14:35

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	**7:24.90**	**Daniel KOMEN**	KEN	21	6 Feb 1998
NR	**7:34.47**	**Mo FARAH**	GBR	25	21 Feb 2009
SR	**7:40.99**	**Mo FARAH**	GBR	25	31 Jan 2009

POS	*BIB*	*COMPETITOR*	*AGE*	*LANE*	*MARK*	*POINTS*	
1	COM	**Sammy MUTAHI** KENYA	20	3	8:06.85	5	PB
2	GBR	**Michael SKINNER** GREAT BRITAIN & N.I.	30	1	8:07.85	4	SB
3	GER	**Arthur LENZ** GERMANY	21	5	8:08.98	3	PB
4	USA	**Stephen PIFER** UNITED STATES	25	2	8:12.27	2	SB
5	SWE	**Eric SENORSKI** SWEDEN	20	4	8:20.78	1	PB

INTERMEDIATE TIMES

1000m	73	**Eric SENORSKI**	2:48.47
2000m	58	**Sammy MUTAHI**	5:28.19

WORLD TOP ALL-TIME

MARK	COMPETITOR	COUNTRY	DATE
7:24.90	Daniel KOMEN	KEN	6 Feb 98
7:26.15	Haile GEBRSELASSIE	ETH	25 Jan 98
7:30.77	Kenenisa BEKELE	ETH	31 Jan 04
7:31.09	Tariku BEKELE	ETH	2 Feb 08
7:32.43	Bernard LAGAT	KEN	17 Feb 07
7:32.69	Markos GENETI	ETH	17 Feb 07
7:32.80	Paul K KOECH	KEN	18 Feb 09
7:32.98	Alberto GARCIA	ESP	22 Feb 03
7:33.07	Eliud KIPCHOGE	KEN	29 Jan 06
7:33.09	Augustine CHOGE	KEN	17 Feb 07

WORLD TOP 2010

MARK	COMPETITOR	COUNTRY	DATE
7:51.36	Scot OVERALL	GBR	1 Jan
7:52.45	Jordan HORN	USA	1 Jan
7:54.88	Alistair CRAGG	IRL	1 Jan
7:55.25	Andrew BAYER	USA	1 Jan
7:55.86	Ian BURRELL	USA	1 Jan
7:57.44	Andrew POORE	USA	1 Jan

TEAM STANDINGS after 5 events

1	**UNITED STATES**	**19**
2	**GERMANY**	**18**
3	**COMMONWEALTH SELECT**	**17**
4	**GREAT BRITAIN & N.I.**	**14**
5	**SWEDEN**	**7**

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