



Women 's 400 Metres

B Final

START LIST

World Indoor Championships Qualifying Standard: 53.25

| | MARK | COMPETITOR | NAT | AGE | Record Date |
|------------|--------------|------------------------------|-----|-----|-------------|
| WR | 49.59 | Jarmila KRATOCHVILOVÁ | CZE | 31 | 7 Mar 1982 |
| NR | 50.02 | Nicola SANDERS | GBR | 24 | 3 Mar 2007 |
| SR | 50.60 | Nicola SANDERS | GBR | 24 | 11 Feb 2007 |
| ACR | 50.02 | Nicola SANDERS | GBR | 24 | 3 Mar 2007 |

| 13 February 2010 18:30 | | | | |
|------------------------|---|-----|---------------|-----------|
| START | COMPETITOR | AGE | PERSONAL BEST | 2010 BEST |
| 1 | Lucy JAMES BEDFORD C | 17 | 56.35 | 57.64 |
| 2 | Savannah ECHEL THOMPSON PHOENIX | 18 | 56.77 | 57.71 |
| 3 | Emma WILLIAMS COVENTRY GODIVA | 22 | 56.11 | 57.13 |
| 4 | Emma PULLEN SHREWSBURY | 20 | 55.93 | 55.93 |
| 5 | Jo PATTERSON BALLYMENA & ANTRIM | 21 | 55.88 | 55.88 |
| 6 | Laura LANGOWSKI COVENTRY GODIVA | 25 | 54.29 | 55.59 |

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