



# Women's 10,000 Metres

## Final

## RESULTS



26 June 2010

Start      TIME      TEMPERATURE      HUMIDITY  
 17:44      21 °C      49 %

European Championships Qualifying Standard: 31:45.00 (B) 32:20.00

MARK	COMPETITOR	NAT	AGE	Record Date
WR	29:31.78 Junxia WANG	CHN	20	8 Sep 1993
NR	30:01.09 Paula RADCLIFFE	GBR	28	6 Aug 2002
SR	29:59.20 Meseret DEFAR	ETH	25	11 Jul 2009
ACR	29:59.20 Meseret DEFAR	ETH	25	11 Jul 2009

POS	COMPETITOR	AGE	LANE	MARK	
1	<b>Joanne PAVEY</b> EXETER H	36	5	31:51.91	<b>SB</b>
2	<b>Lara TAMSETT</b> AUSTRALIA	21	8	33:10.72	<b>SB</b>
3	<b>Claire HALLISSEY</b> BRISTOL & WEST	27	2	33:24.15	<b>SB</b>
4	<b>Sonia SAMUELS</b> SALE H MANCHESTER	31	9	33:34.97	
5	<b>Michelle ROSS COPE</b> C STOKE	38	1	33:36.71	<b>SB</b>
6	<b>Jo WILKINSON</b> BEDFORD C	37	10	34:25.19	<b>SB</b>
7	<b>Charlotte PURDUE</b> ALDRSHOT, FARNHAM & DISTRICT	19	6	35:19.28	<b>SB</b>
8	<b>Rachel GIBBS</b> BEDFORD C	24	11	36:43.66	<b>SB</b>
	<b>Alyson DIXON</b> CHESTER-LE-STREET	31	3	DNF	
	<b>Caryl JONES</b> CAMARTHEN	23	7	DNF	
	<b>Gemma STEEL</b> CHARWOOD A C	24	4	DNF	

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POS	COMPETITOR	AGE	LANE	MARK
<b>INTERMEDIATE TIMES</b>				
1000	703 Joanne PAVEY			3:09.00
2000	703 Joanne PAVEY			6:19.63
3000	703 Joanne PAVEY			9:31.55
4000	703 Joanne PAVEY			12:43.30
5000	703 Joanne PAVEY			15:56.37
6000	703 Joanne PAVEY			19:09.06
7000	703 Joanne PAVEY			22:20.25
8000	703 Joanne PAVEY			25:33.34
9000	703 Joanne PAVEY			28:44.20

## GREAT BRITAIN & N.I. TOP ALL-TIME

MARK	COMPETITOR	DATE
30:01.09	Paula RADCLIFFE	2002
30:57.07	Liz MCCOLGAN	1991
31:07.88	Jill HUNTER	1991
31:12.30	Joanne PAVEY	2008
31:36.90	Kathy BUTLER	2004
31:45.14	Hayley YELLING	2004
31:49.40	Mara YAMAUCHI	2006
31:53.36	Wendy SLY	1988
31:55.30	Angela TOOBY	1987
31:56.97	Yvonne MURRAY	1994

## GREAT BRITAIN & N.I. TOP 2010

MARK	COMPETITOR	DATE
31:51.91	Joanne PAVEY	26 Jun
32:23.44	Freya MURRAY	5 Jun
32:49.07	Hayley YELLING	5 Jun
33:08.89	Sonia SAMUELS	5 Jun
33:24.15	Claire HALLISSEY	26 Jun
33:29.94	Andrea WOODVINE	5 Jun
33:32.83	Felicity MILTON	15 Apr
33:32.83	Nicky ARCHER	26 May
33:36.71	Michelle ROSS COPE	26 Jun
34:17.71	Debbie WALTERS	2 May