

**Men's 3000 Metres Steeplechase****Final****START LIST**

It's all good.

European Championships Qualifying Standard: 8:23.00 (B) 8:33.50

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	7:53.63	Saif Saaeed SHAHEEN	QAT	21	3 Sep 2004
NR	8:07.96	Mark ROWLAND	GBR	25	30 Sep 1988
SR	8:22.22	Philip BARKUTWO	KEN	23	4 Aug 1990
ACR	8:08.11	Patrick SANG	KEN	31	7 Jul 1995

27 June 2010 17:10

START	COMPETITOR	AGE	PERSONAL BEST	2010 BEST
1	Alex PILCHER DERBY	25	9:09.80	
2	James WILKINSON LEEDS CITY	19	8:51.54	8:53.72
3	Luke GUNN DERBY	25	8:28.48	8:35.05
4	Ashley HARRELL C NORWICH	21	9:08.10	9:22.47
5	Tom WADE ALDERSHOT, FARNHAM & DISTRICT	21	9:06.81	9:07.19
6	Chris DISCOMBE CARDIFF A A C	30	9:09.83	9:09.83
7	Sean HALL GATESHEAD H	22	9:08.10	9:08.10
8	Glen WATTS SHAFESBURY B	23	8:52.15	8:52.15
9	David WESTBURY DERBY	21	9:08.20	9:11.50
10	Matthew GRAHAM KIRKINTILLOCH	19	8:51.48	8:51.48
11	Ben NAGY ENFIELD & HARINGEY H	20	9:09.28	9:09.28
12	Stephen LISGO MANSFIELD H	23	8:35.49	8:46.35
13	Samater FARAH NEWHAM E B	24	8:50.93	8:54.10
14	Joe WADE ALDERSHOT, FARNHAM & DISTRICT	21	9:05.45	9:05.45
15	Samuel BRADLEY TONBRIDGE A C	20	9:09.29	9:09.29
16	James BAILEY SALE H MANCHESTER	27	8:47.86	9:01.30
17	Mark BUCKINGHAM HOLMFIRTH	25	8:38.34	

Issued Sunday, 27 June 2010 at 16:00