



## Men's 400 Metres

## Heats

## RESULTS



26 June 2010

Heat 4

4

Start	TIME 14:08	TEMPERATURE 21 °C	HUMIDITY 49 %
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European Championships Qualifying Standard:	45.55	(B) 45.95
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	MARK	COMPETITOR	NAT	AGE	Record Date
WR	43.18	Michael JOHNSON	USA	31	26 Aug 1999
NR	44.36	Iwan THOMAS	GBR	23	13 Jul 1997
SR	44.36	Iwan THOMAS	GBR	23	13 Jul 1997
ACR	43.98	Michael JOHNSON	USA	24	10 Jul 1992

First 1 of each heat (Q) plus 4 fastest times (q) qualified
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POS	COMPETITOR	AGE	LANE	MARK	REACTION TIME	
1	<b>Andrew STEELE</b> TRAFFORD	25	5	<b>46.26 Q</b>	0.258	<b>SB</b>
2	<b>Chris CLARKE</b> MARSHALL MILTON KEYNES	20	6	<b>46.42</b>	0.178	
3	<b>Nick LEAVEY</b> WOODFORD G ESSEX L	23	8	<b>46.60</b>	0.220	<b>PB</b>
4	<b>Louis PERSENT</b> COLCHESTER H	19	3	<b>46.62</b>	0.208	<b>PB</b>
5	<b>Somto ERUCHIE</b> BIRCHFIELD H	24	7	<b>46.62</b>	0.230	<b>PB</b>
6	<b>Dan PUTNAM</b> BLACKHEATH & BROMLEY	18	4	<b>47.91</b>	0.232	
7	<b>Mark BROWN</b> NEWHAM E B	33	2	<b>48.45</b>	0.234	

## GREAT BRITAIN &amp; N.I. TOP ALL-TIME

MARK	COMPETITOR	DATE
44.36	Iwan THOMAS	1997
44.37	Roger BLACK	1996
44.37	Mark RICHARDSON	1998
44.47	David GRINDLEY	1992
44.50	Derek REDMOND	1987
44.56	Timothy BENJAMIN	2005
44.57	Jamie BAULCH	1996
44.60	Martyn ROONEY	2008
44.66	Du'aïne LADEJO	1996
44.68	Solomon WARISO	1998

## GREAT BRITAIN &amp; N.I. TOP 2010

MARK	COMPETITOR	DATE
44.99	Martyn ROONEY	12 Jun
45.14	Michael BINGHAM	15 May
45.45	Conrad WILLIAMS	12 Jun
45.89	Robert TOBIN	26 Jun
46.17	Graham HEDMAN	26 Jun
46.23	Richard BUCK	12 Jun
46.26	Andrew STEELE	26 Jun
46.31	Chris CLARKE	6 May
46.38	David GREENE	12 Jun
46.44	Kris ROBERTSON	12 Jun

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