



Women 's 400 Metres

Heats

START LIST



European Championships Qualifying Standard:		51.50	(B) 52.30
WR	47.60	Marita KOCH	GER 28 6 Oct 1985
NR	49.43	Kathy COOK	GBR 24 6 Aug 1984
SR	50.62	Katharine MERRY	GBR 24 25 Jul 1999
ACR	49.05	Sanya RICHARDS	USA 21 28 Jul 2006

First 1 of each heat (Q) plus 4 fastest times (q) qualified

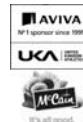
Heat 1	4	25 June 2010	18:40	START	COMPETITOR	AGE	PERSONAL BEST	2010 BEST
				2	Melinda COOKSEY BIRCHFIELD H	26	54.90	55.10
				3	Lee MCCONNELL SHAFESBURY B	31	50.82	51.63
				4	Laura MADDOX TEAM BATH	20	53.81	53.81
				5	Denise GAYLE ENFIELD & HARINGEY H	30	54.57	55.29
				6	Emma WILLIAMS COVENTRY GODIVA	22	55.3	55.40
				7	Kelly MASSEY SALE H MANCHESTER	25	53.11	53.60
				8	Katie FLOWER SCUNTHORPE	22	54.28	

Heat 2	4	25 June 2010	18:48	START	COMPETITOR	AGE	PERSONAL BEST	2010 BEST
				2	Victoria BARR RUGBY & NORTHAMPTON	28	52.44	53.36
				3	Joanne RYAN LOUGHTON	23	54.01	54.01
				4	Lesley OWUSU WSE HOUNSLOW	31	52.27	55.83
				5	Vicky GARRAD TRAFFORD	22	55.00	56.09
				6	Savannah ECHEL THOMPSON PHOENIX	18	55.43	55.70
				7	Laura WAKE HERTS PHOENIX	19	54.07	54.73

The next 8 fastest will qualify for the B Final

Issued Friday, 25 June 2010 at 18:13

400 Metres Women - Heats START LIST



Heat 3

4

25 June 2010 18:56

START	COMPETITOR	AGE	PERSONAL BEST	2010 BEST
2	Claire BURGOYNE SHREWSBURY	23	54.98	56.20
3	Kim WALL BASILDON A C	27	52.20	53.00
4	Sarah ADAMS LEICESTER CORITANIANS	22	53.94	53.94
5	Frederica FOSTER SOUTH LONDON H	17	55.46	55.46
6	Shelayna OSKAN WSE HOUNSLOW	20	54.3	54.36
7	Faye HARDING SALE H MANCHESTER	24	52.99	54.51

Heat 4

4

25 June 2010 19:04

START	COMPETITOR	AGE	PERSONAL BEST	2010 BEST
2	Laura LANGOWSKI COVENTRY GODIVA	25	54.62	54.62
3	Gemma NICOL SHAFTESBURY B	23	53.46	54.66
4	Nicola SANDERS WSE HOUNSLOW	28	49.65	53.95
5	Harriet PRYKE MANX H	20	55.76	55.76
6	Nadine OKYERE BIRCHFIELD H	23	53.38	53.38
7	Emma PULLEN SHREWSBURY	20	54.61	54.61

The next 8 fastest will qualify for the B Final

2

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