



Women's 5000 Metres

Final

RESULTS



27 June 2010

Start TIME TEMPERATURE HUMIDITY
17:57 25 °C 44 %

European Championships Qualifying Standard:		15:10.00	(B) 15:25.00	
MARK	COMPETITOR	NAT	AGE	Record Date
WR	14:11.15 Tirunesh DIBABA	ETH	22	6 Jun 2008
NR	14:29.11 Paula RADCLIFFE	GBR	30	21 Jun 2004
SR	15:12.55 Joanne PAVEY	GBR	34	13 Jul 2008
ACR	14:31.42 Paula RADCLIFFE	GBR	28	28 Jul 2002

POS	COMPETITOR	AGE	LANE	MARK	
1	Freya MURRAY CHESTER-LE-STREET	26	15	15:48.75	
2	Laura KENNEY ROYAL SUTTON C	24	2	15:54.57	SB
3	Justina HESLOP CLAPHAM CHASERS	31	1	16:23.24	
4	Lauren DEADMAN HAVERING & M	26	17	16:27.78	
5	Kate AVERY SHILDON R & A C	18	9	16:30.31	SB
6	Natalie GRAY MEDWAY & MAIDSTONE	22	11	16:32.40	
7	Lily PARTRIDGE ALDRSHOT, FARNHAM & DISTRICT	19	13	16:33.49	
8	Hollie ROWLAND C NORWICH	21	6	16:34.58	PB
9	Emma PALLANT ALDRSHOT, FARNHAM & DISTRICT	21	16	16:37.30	
10	Hannah WHITMORE CHARWOOD A C	26	3	16:37.94	
11	Sarah WALDRON SHAFTESBURY B	22	18	16:41.28	
12	Alexa JOEL HAVERING & M	27	5	16:43.72	
13	Elsbeth CURRAN KILBARCHAN A A C	20	7	16:44.38	
14	Kate GOODHEAD BRISTOL & WEST	25	4	17:04.38	
15	Kirsty MILNER TRAFFORD	21	12	17:06.84	
16	Cathy ANSELL TELFORD A C	23	10	17:07.61	
17	Bryony PROCTOR BLACKHEATH & BROMLEY	22	19	17:12.19	
18	Sophie COLEMAN PHOENIX	19	8	17:30.64	PB

5000 Metres Women - Final RESULTS



POS	COMPETITOR	AGE	LANE	MARK
	Natasha DOEL	21	14	DNS
	ALDERSHOT, FARNHAM & DISTRICT			

INTERMEDIATE TIMES

1000	665	Freya MURRAY	3:04.25
2000	665	Freya MURRAY	6:09.63
3000	665	Freya MURRAY	9:19.32
4000	665	Freya MURRAY	12:35.51

GREAT BRITAIN & N.I. TOP ALL-TIME

MARK	COMPETITOR	DATE
14:29.11	Paula RADCLIFFE	2004
14:39.96	Joanne PAVEY	2006
14:48.07	Zola BUDD	1985
14:56.94	Yvonne MURRAY	1995
14:59.56	Liz MCCOLGAN	1995
15:00.37	Alison WYETH	1995
15:05.51	Kathy BUTLER	2004
15:09.98	Jill HUNTER	1992
15:13.22	Angela TOOBY	1997
15:14.08	Natalie HARVEY	2004

GREAT BRITAIN & N.I. TOP 2010

MARK	COMPETITOR	DATE
15:28.99	Stephanie TWELL	12 Jun
15:32.27	Emily PIDGEON	12 Jun
15:39.76	Barbara PARKER	1 May
15:45.84	Freya MURRAY	12 Jun
15:49.74	Justina HESLOP	12 Jun
15:54.57	Laura KENNEY	27 Jun
15:55.18	Emma PALLANT	29 May
15:56.72	Sonia SAMUELS	12 Jun
15:56.87	Emelia GORECKA	29 May
15:57.32	Ruth SENIOR	26 May