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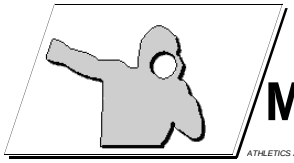
UKA UNITED KINGDOM ATHLETICS



Men 's Shot Put

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START LIST

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McCain
It's all good.

European Championships Qualifying Standard: 20.30 (B) 19.90

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	**23.12**	**Randy BARNES**	USA	23	20 May 1990
NR	**21.92**	**Carl MYERSCOUGH**	GBR	23	14 Jun 2003
SR	**21.55**	**Carl MYERSCOUGH**	GBR	23	27 Jul 2003
ACR	**22.45**	**Christian CANTWELL**	USA	25	11 Jun 2006

26 June 2010 14:46

START	COMPETITOR	AGE	PERSONAL BEST	2010 BEST
1	**Leslie RICHARDS** C OF YORK	25	17.21	17.20
2	**Scott RIDER** BIRCHFIELD H	32	18.97	18.34
3	**Carl FLETCHER** WOODFORD G ESSEX L	26	18.70	18.70
4	**Ben ROBERTS** BIRCHFIELD H	30	15.78	15.78
5	**Jamie WILLIAMSON** C SHEFFIELD	22	17.77	17.35
6	**Carl MYERSCOUGH** BLACKPOOL & FYLDE	30	21.92	19.99
7	**Sam WESTLAKE CANN** SHAFTESBURY B	26	17.71	17.00
8	**Craig STURROCK** GATESHEAD H	25	16.17	16.02
9	**Ryan SPENCER JONES** BIRCHFIELD H	23	17.98	17.98

Issued Saturday, 26 June 2010 at 13:50

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