



Men's Shot Put

Aviva European Trials and UK Championships
Alexander Stadium
From Friday 25 June to Sunday 27 June 2010



RESULTS

26 June 2010

ATHLETICS ATHLETICS

	TIME	TEMPERATURE	HUMIDITY
Start	14:47	21 °C	49 %
End	15:32	21 °C	49 %

European Championships Qualifying Standard:		20.30	(B) 19.90	
MARK	COMPETITOR	NAT	AGE	Record Date
WR	23.12 Randy BARNES	USA	23	20 May 1990
NR	21.92 Carl MYERSCOUGH	GBR	23	14 Jun 2003
SR	21.55 Carl MYERSCOUGH	GBR	23	27 Jul 2003
ACR	22.45 Christian CANTWELL	USA	25	11 Jun 2006

POS	START	COMPETITOR	AGE	MARK	
1	6	Carl MYERSCOUGH BLACKPOOL & FYLDE	30	19.77	
2	2	Scott RIDER BIRCHFIELD H	32	18.44	SB
3	1	Leslie RICHARDS C OF YORK	25	17.21	PB
4	3	Carl FLETCHER WOODFORD G ESSEX L	26	16.77	
5	9	Ryan SPENCER JONES BIRCHFIELD H	23	16.66	
6	7	Sam WESTLAKE CANN SHAFTESBURY B	26	16.54	
7	5	Jamie WILLIAMSON C SHEFFIELD	22	16.52	
8	8	Craig STURROCK GATESHEAD H	25	15.62	
9	4	Ben ROBERTS BIRCHFIELD H	30	14.16	

Issued Saturday, 26 June 2010 at 15:35

Shot Put Men RESULTS



SERIES		1	2	3	4	5	6
1	Leslie RICHARDS YORK	13.97	17.21	16.66	16.89	16.20	X
2	Scott RIDER BIRCHFIELD	17.71	18.14	18.28	18.44	18.35	18.24
3	Carl FLETCHER WOODFORD G	X	16.09	16.37	16.77	16.68	16.36
4	Ben ROBERTS BIRCHFIELD	X	X	14.16			
5	Jamie WILLIAMSON SHEFFIELD	14.78	X	16.52	X	16.07	16.14
6	Carl MYERSCOUGH BLACKPOOL	18.98	X	X	18.93	19.77	X
7	Sam WESTLAKE CANN SHAFT'BURY	X	16.12	X	16.27	16.54	16.50
8	Craig STURROCK GATESHEAD	15.08	X	15.62	15.13	X	X
9	Ryan SPENCER JONES BIRCHFIELD	14.83	16.01	X	15.83	16.66	X

GREAT BRITAIN & N.I. TOP ALL-TIME

MARK	COMPETITOR	DATE
21.92	Carl MYERSCOUGH	2003
21.68	Geoff CAPES	1980
20.88	Mark EDWARDS	2008
20.45	Shaun PICKERING	1997
20.43	Mike WINCH	1974
20.40	Mark PROCTOR	1999
20.33	Paul EDWARDS	1991
19.56	Arthur ROWE	1961
19.49	Matt SIMSON	1994
19.43	Bill TANCRED	1974

GREAT BRITAIN & N.I. TOP 2010

MARK	COMPETITOR	DATE
19.99	Carl MYERSCOUGH	12 May
18.70	Carl FLETCHER	14 May
18.44	Scott RIDER	26 Jun
17.98	Ryan SPENCER JONES	23 May
17.62	Curtis GRIFFITH PARKER	30 May
17.35	Jamie WILLIAMSON	27 Feb
17.21	Leslie RICHARDS	26 Jun
17.04	Emeka UDECHUKU	23 May
17.00	Sam WESTLAKE CANN	13 Jun
16.20	Scot THOMPSON	23 May