









WEEK	DATE	EVENT	LOCATION
53	02-Jan		
	03-Jan	Pilot Open Meeting	Lee Valley
1	09-Jan	County Cross Country Championships	Various
		4J Studios Scottish Indoor Open	Glasgow
	10-17-Jan	European Masters Athletics Indoor Championships POSTPONED	Braga, Portugal
2	16-Jan	League Race 4 Cross Country	
		UK Cross Challenge NI International Cross Country incorporating WA International, Celtic Challenge, Home Countries International - CANCELLED	DunDonald N.I.
	22-Jan	Simmons Cup Boys	Lee Valley
3	23-Jan	Welsh Senior Indoor Fixture (include Junior Age Group)	Cardiff
		County Schools Cross Country Championships	TBC
	23-24-Jan	4J Studios Scottish Indoor Open	Glasgow
	24-Jan	British Masters Indoor Pentathlon Championships	Lee Valley
		British Masters South of England Indoor Championships	Lee Valley
	29-Jan	Simmons Cup Girls	Lee Valley
		Indoor Open Meeting, Shot & Pole Vault	Ulster University Jordanstown
4	30-Jan	Area Cross Country Championships	Various
		Inter District Cross Country Champs	Edinburgh
		BMC Gold Standard Meeting	Lee Valley
		Indoor Open Meeting, Sprints & Hurdles	Ulster University Jordanstown
	30-31-Jan	Welsh Junior Fixture U13, U17 & U20	Cardiff
		4J Studios Scottish Indoor Open	Glasgow
	31-Jan	BeFit Open	Lee Valley
		Indoor Open Meeting, Long Jump, Triple Jump & High Jump	Ulster University Jordanstown
5	06-Feb	BUCS Cross Country Championships	
		County Schools Cross Country Championships (reserved date)	
	6-7-Feb	Welsh Junior Fixture U13, U17 & U20	Cardiff
		4J Studios Scottish Indoor Open	Glasgow
		SEAA U20/Senior Indoor Championships	Lee Valley
		England Athletics Open Meeting	Sheffield
	07-Feb	Area Indoor Championships (U13 & U15)	Sheffield
	09-10-Feb	SEAA U13/U15/U17 Championships	Lee Valley
	10-Feb	Welsh Schools Cross Country Championships	
	10-13-Feb	World Para Athletics Grand Prix Fazza International Championships	Dubai
6	13-Feb	League Race 5 Cross Country	











WEEK	DATE	EVENT	LOCATION
	13-14-Feb	4J Studios Scottish Indoor Open	Glasgow
		Müller Indoor Grand Prix - World Indoor Tour - CANCELLED	TBC
		Essex & Eastern Indoor Championships	Lee Valley
	14-Feb	British Masters 10m Road Championships	Lytchett Minster
	17-Feb	Middle Distance Open	Lee Valley
	19-21-Feb	BUCS Indoor Championships - CANCELLED	Sheffield
7	20-21-Feb	British Athletics Indoor Championships	Glasgow
	20-Feb	UK CAU Cross Country Championships, World Cross Country Trials, *UK Cross Challenge CANCELLED (*The UK Cross Challenge organis- ers are still seeking to arrange an alternative Cross Country event, dependent on Government guidelines)	Prestwold Hall, Loughborough
	20-21-Feb	NI & Ulster Indoor Age Group Championships - CANCELLED	Athlone Institute of Technology
8	27-Feb	Oxford v Cambridge	Lee Valley
	27-28-Feb	England Athletics Open Meeting	Sheffield
	28-Feb	Belfast City Half Marathon (postponed from 2020)	
		Southern Counties Vets Championships	Lee Valley
		British Winter Throws	Loughborough
	05-07-Mar	European Indoor Championships	Torun, Poland
9	06-Mar	ECCA National Cross Country Championships	Parliament Hill
		Welsh Schools Cross Country Championships	
		Scottish National Cross Country Championships	Falkirk
	06-07-Mar	British Masters Indoor Championships	Lee Valley
10	13-Mar	ESAA Cross Country Championships	Kent
		BeFit Open	Lee Valley
	13-14-Mar	England Athletics Open Meeting and CE's	Sheffield
	14-Mar	England Masters Indoor Inter-Area Challenge	Lee Valley
	13-Mar	League Race 6 Cross Country	
	19-21-Mar	World Indoor Championships	Nanjing, China
11	20-Mar	World Cross Country Championships POSTPONED TO 19 Feb 2022	Mount Panarama, Australia
		SIAB Cross Country Championships	Falkirk
		British Masters National Cross Country Championships	Tonbridge
	20-21-Mar	Tri Counties	Lee Valley
	24-28-Mar	European Masters Indoor Athletics Championships	Braga, Portugal
	26-Mar	Olympic Marathon Trial	Royal Botanic Gardens, London
12	27-28-Mar	Area Road Relays	Various
	27-Mar	Scottish Road Relay Championship	Livingston
	28-Mar	Young Athletes Road Races	Edinburgh











WEEK	DATE	EVENT	LOCATION
	02-04-Apr	EASTER WEEKEND	
13	03-Apr		
	05-Apr	EASTER MONDAY	
14	10-Apr	ERRA Road Relays	Sutton Park
		Surrey Disability Open	Kingston
		Outdoor Open	Lee Valley
	10-11-Apr	WPA Approved Para Event	TBC
	11-Apr	Kieran Maxwell Open	
	16-18-Apr	World Para Athletics Grand Prix Italian Open Championships	TBC
15	17-Apr		
	18-Apr	British Masters 10k Road Championships	Falkirk
	22-Apr	Event Specific Series (HCAF's)	
16	24-Apr	UKYDL Lower (1)	
17	01-May	National Young Athletes BMC PB Classic	Millfield
	1-2-May	World Athletics Relays	Chorzow
	1-3-May	BUCS	Bedford
	02-May	Belfast City Marathon	
		UKYDL Upper (1)	
	03-May	BANK HOLIDAY MONDAY	
	05-07-May	World Para Athletics Grand Prix Handisport Open	Paris
18	08-May	BMC Grand Prix 1	
	08-09-May	NI Combined Events Championships	
		County Championships/District Championships	Various
	12-May	Event Specific Series (HCAF's)	
	14-16-May	World Para Athletics Grand Prix	Notwill, Switzerland
19	15-May	UKYDL Lower (2)	
	16-May	National League Round 1	
20	22-May	Metro Blind Games	TBC
	23-May	Loughborough International	Loughborough
		All Area Leagues	Various
	26-May	Belfast International	
	28-30-May	European Masters Mountain Running Championships	Val Tramontina, Italy
21	29-May	BMC Grand Prix 2	Sport City
	29-30 May	England Senior & U20 Combined Events	Bedford
	29-30-31 May	Event specific: JavFest, Sprints & Hurdles	
	30-May	UKYDL Upper (2)	
		Vitality Westminster Mile	London
	31-May	BANK HOLIDAY MONDAY	
		BIGish	Bedford











WEEK	DATE	EVENT	LOCATION
	01-05-Jun	WPA European Championships	Poland
22	05-Jun	UKYDL Lower (3)	
		National Young Athletes BMC PB Classic	Milton Keynes
		European 10,000 Cup	London
		Scottish Schools Combined Events Championships	
		Welsh Junior Championships (Option 1)	
	06-Jun	National League Round 2	
23	12-Jun	County Schools Championships	Various
		Area Senior/U20 Championships	
		Welsh Junior Championships (Option 2)	
		Scottish Schools Championships	
		NI U18, U20 and Senior Championships	
		BMC Grand Prix 3	Watford
24	19-Jun	Inter Counties Schools Championships	Various
		NI U13 - U17 Championships	
	19-20-Jun	European Team Championships	Chorzow
		EA U20/U23 Championships	Bedford
	20-Jun	All Area Leagues	Various
		British Masters 5k Road Championships	Horwich
25	26-27-Jun	Müller British Championships & Olympic Trials	Manchester
		ESAA CE Regional	
	27-Jun	UKYDL Upper (3)	
		British Masters 30k Trail Championships	Gravesend
26	03-Jul	Northern Inter Counties	
		LEAP	Loughborough
		ESAA Cup Final	Bedford
	03-04-Jul	National League Round 3	
	03-10-Jul	World Masters Track & Field Championships	Tampere, Finland
	08-Jul	Event Specific Series (HCAF's)	
	08-11-July	European Athletics U23 Championships	Bergen
	09-10-Jul	English Schools Championships	Manchester
27	10-Jul		
	10-11-Jul	Scottish CE Championships	
		Welsh Senior Championships	
	11-Jul	All Area Leagues	Various
	13-Jul	Müller Anniversary Games, DL	London
	15-18-Jul	European U2O's Championships	Tallin
28	17-Jul	SIAB International	Derby
		UKYDL Lower Area Finals/4	











WEEK	DATE	EVENT	LOCATION
	17-18-Jul	England CAU Championships	Bedford
	18-Jul	British Masters Half Marathon Championships	Redhill
	22-Jul	Welsh International	
29	24-Jul	Youth Cup WMRA	
		BMC Grand Prix 4	TBC Loughborough
	25-Jul	UKYDL Upper Area Finals	
	30 Jul-8 Aug	Olympic Games	Tokyo, Japan
30	31-Jul		
	01-Aug	Northern League	
		Welsh Inter Regional Championships	
31	07-Aug	WPA World Para Junior Championships	
		National League Round 4	
	07-08-Aug	EA Age Group U17/U15 Championships	
32	14-Aug	Northern League Regional Final	
		BMC Grand Prix 5	TBC Eltham
	14-15-Aug	Scottish U17/Senior Championships	
	15-Aug	All Area Leagues (excluding Northern League)	Various
	17-22-Aug	World U20 Championships	Nairobi, Kenya
	18-Aug	Manchester International	
	18-29-Aug	World University Games	Chengdu, China
33	21-Aug		
	21-22-Aug	Area U15/U17 Championships	
		Event Specific Series (HCAF's) FINAL	
	24 Aug-5 Sep	Paralympic Games	Tokyo, Japan
	26-29-Aug	European U18 Championships	Rieti
34	28-29-Aug	EA Age Group U17/U15 CE	
		Paris DL	
		Scottish U13/U15/U20 Championships	
	30-Aug	AUGUST BANK HOLIDAY MONDAY	
	02-05-Sep	UK School Games	Loughborough
	03-05-Sep	World Masters Mountain Running Championships	Telfes Austria
35	04-05-Sep	UKYDL National Final	
		Throws Fest	Moulton College
	09-Sep	Welsh Road Relay Championships	
36	11-Sep	Scottish Relay Championships	
	12-Sep	Great North Run	Gateshead
37	18-Sep		
	18-19-Sep	ESAA Combined Events	
	19-Sep	NI Half Marathon	Various









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WEEK	DATE	EVENT	LOCATION
38	25-26-Sep	Area Road Relay Championships	
39	02-0ct		
	03-0ct	London Marathon/Mini Marathon	London
		Cardiff University Cardiff Half Marathon	
40	09-0ct	League Race 1 Cross Country	
		ERRA National Road Relays	Sutton Park
		Scottish District Cross Country Relay Champs	Various
41	16-0ct	Area Cross Country Relays	
		League Race 1 Cross Country	
		UK Cross Challenge	Cardiff
	17-0ct	British Masters Marathon Championships	York
42	23-0ct	English Area Cross Country Relays	Various
		Scottish National Cross Country Relay Champs	Cumbernauld
43	30-0ct	OFFICIALS CONFERENCE WEEKEND	TBC
44	06-Nov	ECCA Cross Country Relays.	Mansfield
		ESAA Indoor CE International	Glasgow
		Scottish Short Course Cross Country Champs	Lanark
45	13-Nov	League Race 2 Cross Country	Liverpool
		ESAA Cross Country Schools Cup Regional	
		British and Irish Masters Cross Country International	Dublin, Ireland
46	20-Nov	London Cross Country Championships	Parliament Hill
		Welsh Inter Regional Cross Country Championships	
47	27-Nov	UK Cross Challenge & European Trials	Liverpool
48	04-Dec	League Race 3 Cross Country	
		ESAA Cross Country Schools Cup Final	Various
		SEAA Masters & Inter Counties Championships	
		Scottish District Cross Country Champs	Various
49	11-Dec		
	12-Dec	European Cross Country Championships	Dublin, Ireland
50	18-Dec		
51	25-Dec		

 KEY:
 Index Shaded green identifies combined events competitions

 Italics/bold
 ITALICS/ BOLD IDENTIFIES EVENTS YET TO BE CONFIRMED

FOR FURTHER FIXTURES INFORMATION OR QUERIES, EMAIL: domesticcompetition@uka.org.uk