





UKA RULES for COMPETITION 2020 - 2022

Supplementary Guidance Notes

Since the 2020 – 2022 UKA Rule Book went to print, the following amendments have been introduced and/or clarifications determined. For ease of reference the current rule number is given, followed by the reference that applied in 2018 – 2020. These notes should be read in conjunction with the Summary of Changes to the Rule Book which describe the way that the Book has been restructured and are available at https://www.uka.org.uk/competitions/rules/

Added or amended in this update

Rule	Comment
CR18.5 Unsporting	New UKA Supplementary Note:
or Improper	"Spitting (or similar) in warm up, call room, field of play or any other
Behaviour (125.5)	public area may be treated as a conduct offence and will be dealt with by
	a warning or disqualification (yellow card and / or red card offence)."
TR5.2 - 5.6, 5.12,	Detailed guidance on the acceptable construction of shoes. An extract is
5.13	available at https://www.uka.org.uk/competitions/rules/ or it is included
Shoes (143.2 - 6)	in the World Athletics Technical Rules at pages 5 – 9
	(https://www.worldathletics.org/about-iaaf/documents/book-of-rules)
	The World Athletics Shoe Rule introduced in July 2020, reference TR5.2 –
	5.6, 5.12 and 5.13, does apply to competitions in the UK and athletes who
	wear shoes listed by World Athletics as not compliant with the Rules will
	be liable to disqualification and any records set will not be ratified.
	Where a Call Room is operated it is the responsibility of the Call Room
	Manager to apply appropriate checks on equipment. At other events the
	Referee will resolve any issues.
	In case of doubt the list of shoes that are approved and not approved can
	be found at the above links and a FAQ paper is located at <u>UKA-World-</u>
	Athletics-Shoe-Rule-FAQs-April-2021.pdf.
TR5 S1(5) Note	Club website addresses – we have introduced a condition whereby web
(143)	addresses are not permitted on club vests but this is to be applied for
	future designs. The restriction should not apply to vests in existence
	before April 2020 but future changes must adhere to the rule.
<mark>TR5 S2(1)</mark>	Athlete Bibs – For the avoidance of doubt a Competition Provider may
<mark>(143)</mark>	insist that all athletes must wear two bibs – one on the breast and one on
	the back – except where specifically exempted for jumping events in Rule
	TR5.7. This will apply to Track and Throws events.















TR16.8 False Starts Combined Events (162)	Incorrect reference in WA Rule – should read TR 39.8.3
TR16 S1 False Starts	The condition allowed in the first paragraph of TR16 S1 shall apply to any
– Graded Events	Graded event; that is "any athlete deemed responsible for a false start
<mark>(162)</mark>	shall be warned. An athlete deemed responsible for two false starts shall
	be disqualified".
T19 S2 (165)	The judging and timing or RaceRunning events shall be conducted in the
	same manner as applied to Wheelchair Races and defined in Rules 19.3 and
	20.3 of the World Para Athletics Rules and Regulations.
TR22.3 (168.3)	The spacings / tabs have slipped and should read as here:
Hurdle Heights	Distance Men U20 Men U18 Men Women/U20 U18 Women
	110m/100m 1.067m 0.991m 0.914m 0.838m 0.762m
	400m 0.914m 0.914m 0.838m 0.762m 0.762m
TR23.5 & TR23 S1(1)	The planned introduction of a new Steeplechase hurdle height for U17
(169)	Men is delayed until 1 st April 2022
TR25 (180)	A mistake in the Header on page 198 – TRIALS and not TRAILS
TR27.10 S1 (182)	Reinstate the UKA Supplement: For competitions held under UKA Rules
	High Jump landing areas may measure 5m long x 3m wide x 0.6m high.
	High Jump beds of the pre 2020 specification are acceptable.
TR29.5 & 30.1.1	The 2020 – 2022 Rule Book indicates that a change of rule will apply with
(184.3 & 185.1)	effect from 1 st November 2020. World Athletics have indicated that this
	change is not now to be applied until 1st November 2021 and that will also
	apply to competitions held under UKA Rules. The 2018 – 2020 Rules will
	continue in force until the change scheduled for 1st November 2021.
TR32.14.4 (Note)	World Athletics has amended the currently applying note:
(187)	Note: It will not be considered a failure if the discus or any part of the
	hammer strikes the near side of the cage (right for a right-handed
	thrower) after the release of the implement, then lands within the
	landing sector outside the cage, provided that no other Rule is infringed.
	From November 2021 the following will apply:
	Note: (i) It shall be considered a failure if the discus or the head of the
	hammer strikes the far side of the cage (left side for a right-handed
	thrower when facing the landing sector or the right side for a left-handed
	thrower when facing the landing sector) after the release of the
	implement.
	Note (ii): It will not be considered a failure if the discus or any part of the
	hammer strikes the near side of the cage (right side for a right-handed
	thrower when facing the landing sector or the left side for a lefthanded















	thrower when facing the landing sector) after the release of the implement, then lands within the landing sector outside the limits of the cage, provided that no other Rule is infringed, including Rule 32.10 of the Technical Rules.
TR39 S1(7) (200)	A new UKA Supplement was introduced to remove the requirement to
Manual Timing at	adjust manual times before applying Combined Events scoring tables.
Combined Events	There may be confusion caused by inclusion in the rule book under the
	heading for Younger Athletes. The intention is that this condition applies
	to all manually timed Combined Events competitions, in all age groups.

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