

## British Athletics Cardiff Cross Challenge - Results

### Under 11 Girls

Pos	First Name	Last Name	Team Name	Time
1	Ellie	Birchall	Wells City Harriers	5:04
2	Grace	Morgan	Cardiff Archers	5:25
3	Tabitha	Curtis		5:31
4	Mollie	Charlton	Pembrokeshire Harriers	5:56
5	Alaina	Jones		6:06
6	Eva	Martin	Cardiff Athletics	6:07
6	Lois	Worlock	Aberdare Valley AAC	6:07
8	Hannah	Hartley-Green	Swansea Harriers Athletics Club	6:09
9	Megan	Evans	Carmarthen & District Harriers	6:11
10	Chloe	Steele	Chepstow Harriers	6:27
11	Seren	Bowen	Carmarthen & District Harriers	6:53
12	Isla	Mcintosh		7:06

### Under 11 Boys

Pos	First Name	Last Name	Team Name	Time
1	Luke	Woodhouse	Neath Harriers	5:07
2	Gethin	Richardson		5:09
3	Idris	Cartwright	Cardiff Athletics	5:24
4	Ben	Starkie		5:28
5	Finn	Macpherson	Chippenham Harriers	5:33
6	Rhys	Gibbon	Neath Harriers	5:42
7	Ellis	Mathews	Carmarthen & District Harriers	5:49
8	Benjamin	Boyce	Cardiff Athletics	6:01
9	Joseph	Mullett		6:04

### Under 13 Girls

Pos	First Name	Last Name	Team Name	Time
1	Libby	Hale	Swansea Harriers Athletics Club	9:06
2	Sophie	Wood	City Of Salisbury AC & RC	9:12
3	Estelle	Lowe	Westbury Harriers	9:22
4	Olivia	Morgan	Cardiff Archers	9:24
5	Luan	Power	Wreake & Soar Valley	9:31
5	Madison	Hughes	Maldwyn Harriers	9:31
7	Chloe	Hartley-Green	Swansea Harriers Athletics Club	9:37
8	Bryony	Boyce	Cardiff Athletics	9:42
9	Millie	Pierce	Swansea Harriers Athletics Club	9:48
10	Sophie	Maxwell	Team Bath Athletic Club	9:53
11	Ophelia	Jenkins	Pembrokeshire Harriers	10:04
12	Amelia	Williams	Carmarthen & District Harriers	10:09
13	Eleanor	Sheffield	Stroud & District AC	10:11
14	Eva	Parry	Rhymney Valley AC	10:15
15	Skye	Bruce	Pembrokeshire Harriers	10:17
16	Millie	Cossins	Stroud & District AC	10:26
17	Sophia	Wrightam	Wreake & Soar Valley	10:27
18	Megan	Pewtner	Rhymney Valley AC	10:36
19	Rose	Price	Pembrokeshire Harriers	10:39
20	Keira	Bruce	Pembrokeshire Harriers	10:55
21	Beatrice	Morgan	Carmarthen & District Harriers	10:59
22	Esme	Lynock	Carmarthen & District Harriers	11:10
23	Megan	Chantrell	Aberdare Valley AAC	11:13
24	Lily-May	Hendy	Blaenau Gwent Athletics	11:18
25	Nia	Lewis	Pembrokeshire Harriers	11:29
26	Tiana	Odugbesan	Cardiff Archers	11:56
26	Isabelle	Lewis	Aberdare Valley AAC	11:56
28	Cadi	Bryan	Pembrokeshire Harriers	12:07
29	Charlotte	Bell	Stroud & District AC	12:10

30	Megan	Mullett		15:25
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**U13 Boys**

Pos	First Name	Last Name	Team Name	Time
1	Will	Birchall	Wells City Harriers	8:38
2	William	Coles	Carmarthen & District Harriers	9:06
3	Kody	Gilbody	Wreake & Soar Valley	9:16
4	Daniel	Pemble	Westbury Harriers	9:28
5	Solomon	Silverstone	Pembrokeshire Harriers	9:52
6	Theo	Harris	Cwmbran Harriers	10:00
7	Tom	Gilbert	Rhymney Valley AC	10:03
8	Ben	Morgan	Pembrokeshire Harriers	10:28
9	Euan	Jenkins	Neath Harriers	10:59

**Under 15 Girls**

Pos	First Name	Last Name	Team Name	Time
1	Zoe	Gilbody	Wreake & Soar Valley	10:30
2	Freya	Woodhead	Bideford AAC	10:37
3	Beca Haf	Bown	Menai Track and Field	10:49
4	Isla	Bryson	Exeter Harriers	10:58
5	Millie	Gold	Cardiff Athletics	11:04
6	Mali	Macduff	Cardiff Archers	11:11
7	Laura	Chance	Westbury Harriers	11:14
8	Molly	Shorey	City Of Plymouth AC	11:16
9	Cara	Scott	Menai Track and Field	11:28
10	Kirsten	Fraser	Bracknell AC	11:36
11	Mackenzie	McCourt	Maldwyn Harriers	11:39
12	Anna-Rose	Merchant	Cardiff Athletics	11:40
13	Ava	Davies	Swansea Harriers Athletics Club	11:41
14	Scarlett	Williams	Wolverhampton & Bilston	11:54
15	Nia	Thomas	Neath Harriers	12:07
16	Macy	Noad	Wells City Harriers	12:18
17	Sophie	Hartley-Green	Swansea Harriers Athletics Club	12:25
18	Morgan	Erin	Carmarthen & District Harriers	12:26
19	Isabelle	Jones	Maldwyn Harriers	12:36
20	Erin	Carney	Vale Royal AC	12:39
21	Felicity	Lowe	Westbury Harriers	12:46
22	Charlotte	Evans	Stroud & District AC	12:50
23	Lily	Walters	Pembrokeshire Harriers	13:01
24	Bella	Monk	Stroud & District AC	13:11
25	Isabelle	Merriman	Stroud & District AC	13:24
26	Freya	Taylor	Newport Harriers	15:09
26	Freya	Taylor	Newport Harriers	15:09

**U15 Boys**

Pos	First Name	Last Name	Team Name	Time
1	Robert	Price	Vale Royal AC	9:34.00
2	Harry	Maxwell	Team Bath Athletic Club	9:40.00
3	Alden	Collier	Chiltern Harriers AC	9:44.00
4	Iwan	Thomas	Carmarthen & District Harriers	9:48.00
5	Henry	Sheffield	Stroud & District AC	10:01.00
6	Ewan	Taylor	Cambridge & Coleridge AC	10:08.00
7	Akira	Bees	Westbury Harriers	10:10.00
8	Kobe	Beltran	Cardiff Athletics	10:13.00
9	Joshua	Maxwell	Team Bath Athletic Club	10:14.00
10	Finley	Bruce	Carmarthen & District Harriers	10:21.00
11	Kerby	Beltran	Cardiff Athletics	10:24.00
12	Finlay	Cullen	Maldwyn Harriers	10:26.00
12	Ethan	Hamer	Cardiff Archers	10:26.00
14	Ifan	Bowen	Carmarthen & District Harriers	10:33.00
15	Rhys	Caygill	Pembrokeshire Harriers	10:39.00

16	Iwan	Froley	Cardiff Athletics	10:40.00
17	Henry	Birchall	Wells City Harriers	10:44.00
18	Aaron	Warburton	Oswestry Olympians Athletics and Triat	10:55.00
19	Joshua	Barnett	Carmarthen & District Harriers	10:56.00
20	William	Harries	Pembrokeshire Harriers	11:07.00
21	Samuel	Boyce	Cardiff Athletics	11:14.00
22	Kian	Dee	Highworth RC	11:29.00
23	Alfie	Sargeant	Barry & Vale Harriers	11:41.00
24	Joseph	Allan	Rhymney Valley AC	11:58.00
25	Jack	Morgan	Pembrokeshire Harriers	12:23.00
26	Leo	Rothwell	Cambridge & Coleridge AC	12:53.00
27	Aron Hedd	Jones	Carmarthen & District Harriers	13:11.00
28	Samuel	Jones	Barry & Vale Harriers	14:12.00

### U17 Women

Pos	First Name	Last Name	Team Name	Time
1	Louisa	Brown	Garscube Harriers	14:43
2	Jess	Bailey	Leven Valley AC	14:53
3	Sophie	Nicholls	City Of Salisbury AC & RC	15:21
4	Nicole	McGovern	Shaftesbury Barnet Harriers	15:35
5	Kiya	Dee	Highworth RC	15:36
6	Ellie	Loosley	Cambridge & Coleridge AC	15:43
7	Valencia	Wright	Giffnock North AC	15:58
8	Scarlett	Livingstone	Exeter Harriers	16:04
9	Lara	Mannes	Blackheath & Bromley Harriers AC	16:18
10	Sarah	Bourne	Derby Athletic Club	16:30
11	Anna	Cairns	Inverness Harriers AAC	16:36
11	Elsie	Robinson	Kettering Town Harriers	16:36
13	Freya	Buglass	Avon Valley Runners	16:42
14	Rosie	Challender	Notts AC	16:49
15	Bethan	Hardman	Cardiff Archers	16:53
16	Maddison	Griffiths	Maldwyn Harriers	16:56
17	Isabella	Wrightam	Wreake & Soar Valley	17:11
18	Mai	Davies	Swansea Harriers Athletics Club	17:12
19	Isabel	Mansley	Cambridge & Coleridge AC	17:23
20	Lily	Williams	Newport Harriers	17:52
21	Yasmin	Hadid	Cardiff Athletics	18:07
22	Freya	Hughes-Rolls	Cardiff Athletics	18:20
23	Ella	Davies	Swansea Harriers Athletics Club	18:24
24	Caitlyn	Bloor	Maldwyn Harriers	18:25
25	Lowri	Prosser	Blaenau Gwent Athletics	18:30
26	Lucy	Acott	Mendip Athletic Club	18:34
27	Ffion	Ouseley	Pembrokeshire Harriers	18:36
28	Erin	Andrews	Cardiff Athletics	18:54
29	Nia	Reddy	Aberdare Valley AAC	19:11
30	Shauna	Reed	Cwmbran Harriers	19:12

### Under 17 Men

Pos	First Name	Last Name	Team Name	Time
1	Benjamin	Peck	Saint Edmund Pacers	16:28
2	Jamie	Keir	Invicta East Kent AC	16:29
3	William	D'Arcy	Radley Athletic Club	16:44
4	Seamus	Robinson	Westbury Harriers	16:47
4	Isaac	Morris	Cambridge & Coleridge AC	16:47
6	Abdirahim	Hamud	Shaftesbury Barnet Harriers	16:48
7	unknown			16:56
8	James	Peck	Saint Edmund Pacers	17:05
9	Isaac	Rothwell	Cambridge & Coleridge AC	17:10
10	Deri	Mccluskey	Maldwyn Harriers	17:12
11	Quinn	Miell-Ingram	Radley Athletic Club	17:16

12	Luke	Davis	Western Tempo	17:25
12	Samuel	Lea	Worcester AC	17:25
14	Henry	Evans	Newport Harriers	17:30
15	Ethan	Brady Jones	Wirral AC	17:33
16	Aled	Tumelty	Swansea Harriers Athletics Club	17:35
17	Aled	Breeze	Maldwyn Harriers	17:36
18	Charlie	Wright	City of York AC	17:39
19	Fletcher	Hart	Swindon Harriers	17:42
20	Alfie	Pipe	Cambridge & Coleridge AC	17:47
21	Alex	Hammond	Avon Valley Runners	18:00
22	Oliver	Humphreys	Newport Harriers	18:18
23	Harry	Smith	Bungay Black Dog RC	18:24
23	Joe	Markey	Team Bath Athletic Club	18:24
25	Thomas	Attwood	Swansea Harriers Athletics Club	18:27
26	Callum	Morgan	Maldwyn Harriers	18:32
27	Cameron	Coburn	Cardiff Archers	18:46
28	Benjamin	Sullivan	Swansea Harriers Athletics Club	18:50
29	Steffan	Davies	Carmarthen & District Harriers	18:52
30	Morgan	Willis	Swansea Harriers Athletics Club	18:56
31	Jack	Choules	Swindon Harriers	19:02
32	Iwan	Wilson	Llanelli AAC	19:16
33	Loui	Camilleri	Cardiff Archers	19:30
34	Joshua	Pritchard	Swansea Harriers Athletics Club	19:59
35	Jack	Bruce	Carmarthen & District Harriers	20:03
36	Elliot	Davies-Hayes	Crewe and Nantwich AC	20:04
37	Jonathan	Price	Sarn Helen	20:22
38	Ethan	Jones	Celtic Tri	20:23
39	Dafydd	Green	Pembrokeshire Harriers	20:59
40	Evan	Harris	Barry & Vale Harriers	21:03
41	Matthews	Jac	Rhymney Valley AC	21:09
42	Oliver	Jones	Deeside AAC	21:11

### Under 20 Women

Pos	First Name	Last Name	Team Name	Time
1	Megan	Keith	Inverness Harriers AAC	14:35
2	Ellen	Weir	Hercules Wimbledon AC	14:54
3	Bea	Wood	City Of Salisbury AC & RC	15:04
4	Kaitlyn	Sheppard	Cheltenham and County Harriers	15:21
5	Katelyn	Ridgway		15:40
6	Eva	Edwards	Carmarthen & District Harriers	15:50
7	Georgia	Palmer	Cheltenham and County Harriers	15:53
8	Tilly	Anema		16:01
9	Mia	Waldmann	Reading AC	16:02
10	Amy	Killick	Leighton Buzzard Athletic Club	16:03
11	Samia	Jones	Menai Track and Field	16:07
12	Eleanor	Wilson	Hallamshire Harriers Sheffield	16:16
13	Ellen Mary	Kearney	Wirral AC	16:25
14	Faye	O'Hare	Liverpool Harriers & AC	16:38
15	Femke	Rosbergen	City Of Norwich AC	16:44
16	Moli	Lyons	Cardiff Athletics	16:45
16	Alice	Bridger-Morales	North Somerset AC	16:45
18	Bronwen	Stratton- Thomas	Swansea Harriers Athletics Club	17:06
19	Imogen	Tanner	Independent Intelligent Fitness	17:15
20	Jones	Boe-Celyn	Menai Track and Field	17:22
21	Holly	Nixon	Wimborne AC	17:31
22	Holly	Leman-liberal	Torbay AAC	17:34

### Under 20 Men

Pos	First Name	Last Name	Team Name	Time
1	Dean	Casey	Ennis Track AC	18:34

2	Alexander	Melloy	Cambridge & Coleridge AC	18:44
3	Johnny	Livingstone	Exeter Harriers	18:46
4	Louis	Small	Ashford AC	18:54
5	James	Kingston	Tonbridge AC	18:57
6	Rowan	Miell-Ingram	Radley Athletic Club	19:01
7	Ben	Miles	Cardiff Athletics	19:04
8	Dylan	Casey	Ennis Track AC	19:14
9	Jack	Small	Ashford AC	19:20
10	Lewis	Hannigan	Kilbarchan AAC	19:22
11	Dominic	Coy	Ilkley Harriers AC	19:23
12	Wegahta	Zerom	Ashford AC	19:27
13	Abdifatah	Khalif	Hillingdon AC	19:38
14	Lloyd	Sheppard-Brown	Cardiff Athletics	19:42
15	Nathan	Buckeridge	Crawley AC	19:47
16	William	Newcombe	Cambridge & Coleridge AC	19:54
17	Alexander	Thompson	Wharfedale Harriers	19:58
18	Theo	Doran	Aldershot Farnham & District	20:01
19	Toby	Middleton	Horwich R M I Harriers	20:05
20	Adam	Leworthy	North Devon AC	20:23
21	James	Vaughan	Birchfield Harriers	20:28
22	Daniel	Maydew	Wells City Harriers	20:32
23	Liam	Edwards	Carmarthen & District Harriers	20:52
24	Lucas	Cairns	Inverness Harriers AAC	21:31
25	Jack	Gunning	Swindon Harriers	21:49
26	Euros	Evans	Meirionnydd Running Club	21:55
27	Dion	Griffith	Menai Track and Field	22:14
28	Joe	Milton	Avon Valley Runners	22:17
29	Huw	Riley	Cardiff Athletics	22:35
30	Euan	Coney		22:43
31	Griff	Roberts	Menai Track and Field	24:03

### Senior Women

Pos	First Name	Last Name	Team Name	Time
1	Charlotte	Arter	Cardiff Athletics	20:11
2	Jennifer	Nesbitt	Cardiff Athletics	20:15
3	Jess	Gibbon	Reading AC	20:17
4	Hannah	Irwin	Cambridge & Coleridge AC	20:34
5	Izzy	Fry	Newbury AC	20:47
6	Kate	Avery	Shildon Running & AC	20:56
7	Eloise	Walker	Edinburgh Athletic Club	20:58
8	Philippa	Bowden	Aldershot Farnham & District	21:01
9	Cari	Hughes	Cardiff Athletics	21:27
10	Nancy	Scott	Aldershot Farnham & District	21:36
11	Lillian	Hawkins	Southampton Athletic Club	21:41
12	Ellie	Wallace	North Somerset AC	21:48
13	Juliet	Hodder	Wirral AC	21:52
14	Nicola	Devine	Rotherham Harriers and AC	21:58
15	Lauren	Cooper	Parc Bryn Bach Running Club	22:02
16	Grace	Molloy	Linlithgow Athletic Club	22:07
17	Imogen	Wood	Cornwall AC	22:13
18	Floren	Scrafton	Westbury Harriers	22:21
19	Kate	Estlea	Basingstoke & Mid Hants AC	22:28
20	Lauren	Church	Reading AC	22:34
21	Emily	Lowry	Cardiff University Athletics Club	22:51
22	Jasmine	Cooper		22:58
23	Katie	Hughes	Aldershot Farnham & District	22:59
24	Chloe	Dooley	Cardiff Athletics	23:04
25	Emma	Howsham	Reading AC	23:17
26	Kimberley	Newcombe	Stroud & District AC	23:54
27	Ella	Sharrock	City Of Norwich AC	24:08

28	Rebecca	Evans	Cardiff Athletics	24:10
29	Rachel	See	Cheltenham and County Harriers	24:27
30	Belinda	Dow	Cambridge & Coleridge AC	24:37
31	Laurie	Marlow	Reading AC	24:41
32	Faye	Johnson	Pont-Y-Pwl & District Runners	24:46
33	Emma	Etheredge	Guernsey AC	25:02
34	Joanne	Gallagher		25:03
34	Cadie	Hibberd	Stratford Upon Avon AC	25:03
36	Nynke	Kuiper	CDF Runners	25:10
37	Molly	Andrews		25:33
38	Bethan	Evans	Cardiff Athletics	25:58
39	Emma	Price-Stephens	Fairwater Runners Cwmbran	26:38
40	Abigayle	Goodrick-Latham	Pembrokeshire Harriers	26:46
41	Leonie	Roberts	Fairwater Runners Cwmbran	26:47
42	Claire	Protheroe	Llanelli AAC	27:51
43	Gina	Hardman	Bridgend AC	27:55
44	Claire	Jackson	Spirit of Monmouth	28:04
45	Maggie	Collingborn	Aberystwyth AC	28:27
46	Renske	Bouwens	Spirit of Monmouth	28:39
47	Kate	Lynock	Taf Running & Orienteering Team	29:24
48	Rhian	Bruce	Carmarthen & District Harriers	31:55
49	Carrie	Williams	Chepstow Harriers	32:17
50	Sarah	Scire	White Rock Runners	34:00

### Senior Men

Pos	First Name	Last Name	Team Name	Time
1	Hugo	Milner	Derby Athletic Club	27:18
2	Omar	Ahmed	Birchfield Harriers	27:20
3	Jake	Smith	Cardiff Athletics	27:29
4	Zakariya	Mahamed	Southampton Athletic Club	27:55
5	Sam	Charlton	Wallsend Harriers & AC	28:04
6	Jacob	Cann	Newham & Essex Beagles AC	28:38
7	Zak	Seddon	Bracknell AC	28:45
8	Oliver	Barbaresi	Thames Valley Harriers	28:52
9	James	Hunt	Cardiff Athletics	29:00
10	Jack	Millar	Bristol and West AC	29:01
11	Ben	Robinson	Gloucester AC	29:04
12	Joe	Morrow	Milton Keynes Distance Project	29:13
13	Jordan	Rowe	Thames Valley Harriers	29:19
14	Alexander	Miell-Ingram	Radley Athletic Club	29:30
15	Felix	McGrath	Bristol and West AC	29:35
16	James	Dunce	Cambridge & Coleridge AC	29:55
17	Benedict	Westhenry	Bristol and West AC	30:00
18	Daniel	Kashi	Sale Harriers Manchester	30:06
19	Morgan	Davies	Swansea Harriers Athletics Club	30:30
20	Morgan	James	Cardiff Athletics	30:33
21	Freddie	Webb	Team Bath Athletic Club	30:38
22	Dominic	Priest	Leamington Cycling and Athletic Club	30:43
23	Peter	Brookes	Tipton Harriers	30:51
24	Zac	Hudd	Keswick AC	30:59
25	Lenny	Shail		31:01
26	Cameron	Young	Carmarthen & District Harriers	31:12
27	Jamie	Harper	Cheltenham and County Harriers	31:25
27	Matt	Woodward	Swindon Harriers	31:25
29	Tim	Harrison	Cambridge & Coleridge AC	31:48
30	James	Pugsley		31:58
31	Harry	Dyall		32:06
31	Matthew	Verran	Swansea Harriers Athletics Club	32:06
33	Andy	Salmon	Bristol and West AC	32:32
34	Jack	Turner	Swansea Harriers Athletics Club	32:47

35	Adam	Whittaker	White Rock Runners	32:57
36	Andrew	Parmenter	Cambridge & Coleridge AC	33:08
37	Owain	Schiavone	Aberystwyth AC	33:11
38	Andrew	Reynolds	Pontypridd Roadents AC	33:19
39	Michael	Darke	CDF Runners	33:25
40	John	Cove	Colchester Harriers AC	33:29
41	Rob	Nicholls	Spirit of Monmouth	33:40
42	Connor	McGurk	Harwell Harriers	33:54
43	Daniel	Morgan	Swansea Harriers Athletics Club	33:55
44	Joshua	Davies		34:30
45	Tom	Waters	Cardiff Athletics	34:39
46	Daniel	Austin		35:01
47	Isaac	Ayres	Carmarthen & District Harriers	35:41
48	Gavin	Jones	Monross Trailblazers	36:16
49	Aidan	O'Donnell	CDF Runners	36:52
50	Bleddyn	Jones	Parc Bryn Bach Running Club	37:33
51	Ben	Taylor		37:57
52	Richard	Phillips	Taf Running & Orienteering Team	37:59
53	Luke	Evans	Taf Running & Orienteering Team	38:16
54	Chris	Lewis	Port Talbot Harriers	38:49
55	Colin	Wilmott	Griffithstown Harriers	39:00
56	Alan	Cooper		39:08
57	Huw	Davies	Carmarthen & District Harriers	39:13
58	Gareth	Hardman	Bridgend AC	40:59
59	Brian	Dias	Cardiff Athletics	41:15
60	Mike	Harrison		41:24
61	Kevin	Raymond	Ogmore Phoenix Runners	41:43
62	Christian	Rohman		42:17
63	Graham	Mack	Merthyr Running Club	42:42
64	Elio	Lepore	Les Croupiers RC	43:34
65	Chris	Pratt	Ogmore Phoenix Runners	47:53
66	David	Cornish	Port Talbot Harriers	48:21
67	Steven	Rothwell	Cambridge & Coleridge AC	49:08
68	Michael	Goode	Cardiff Athletics	59:56

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16.10.2021