

WK	MONTH	DAY	DATES	Priority Level	COMPETITION PROVIDER	EVENT NAME	COUNTRY	CITY	VENUE
1	Jan	Sat	8th	7	Scottish Athletics	Scottish National Indoor Open	Scotland	Glasgow	Emirates Arena
1	Jan	Sat	8th	3	England Athletics	England Athletics County Cross Country Championships	England	Various	Various
1	Jan	Sat/Sun	8th/9th	3	England Athletics	England Athletics Senior Combined Events Indoor Championships	England	Sheffield	EIS
2	Jan	Sat/Sun	15/16th	6	Northern Athletics	Northern Athletics Sen/U20/U17 Indoor Championships	England	Sheffield	EIS
2	Jan	Sat	15th	4	Scottish Athletics	Inter District Championships	Scotland	Irvine	TBC
2	Jan	Sat	15th	6	Various	XC League Race 4		Various	Various
2	Jan	Sat/Sun	15th/16th	6	South of England AA	SEAA Age Group Indoor Championships	England	TBC	TBC
2	Jan	Sun	16th						
2	Jan	Fri	21st	7	Bryggen Sports	Manchester Indoor Tour	England	Manchester	Sportcity Regional Arena
3	Jan	Sat	22nd	3	Scottish Athletics	Scottish Athletics Senior / U17 Indoor Championships	Scotland	Glasgow	Emirates Arena
3	Jan	Sat	22nd	6	County Schools	County Schools Cross Country Championships	England	Various	Various
3	Jan	Sat	22nd	2	Athletics Northern Ireland	British Athletics Cross Challenge including World Athletics International, Home Countries International and Celtic Challenge	Northern Ireland	Belfast	Billy Neill Centre of Excellence Dundonald
3	Jan	Fri	28th	2	World Athletics Continental Tour Gold	Karlsruhe	Germany	Karlsruhe	Europahalle
4	Jan	Sat	29th	2	World Athletics Continental Tour Gold	Millrose Games - New York	USA	New York	Armory Track
4	Jan	Sat	29th	3	Scottish Athletics	Scottish Athletics Indoor Relay Championships	Scotland	Glasgow	Emirates Arena
4	Jan	Sat	29th	6	Area Athletics Associations	Area Cross Country Championships	England	Various	Various
4	Jan	Sat/Sun	29th/30th	3	Scottish Athletics	Scottish Athletics Combined Events Indoor Championships	Scotland	Glasgow	Emirates Arena

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4	Jan	Sat/Sun	29th/30th	3	Welsh Athletics	Welsh Senior & U15 Indoor Championships	Wales	Cardiff	NIAC
4	Jan	Sun	30th	3	Scottish Athletics	Scottish Athletics Indoor 3000m Championships	Scotland	Glasgow	Emirates Arena
5	Feb	Sat/Sun	5/6th	6	South of England AA	SEAA U20/Sen Indoor Championships	England	TBC	TBC
5	Feb	Sat	5th	2	European Athletics / Scottish Athletics	DNA Dynamic New Athletics (ENG, SCO, WAL, IRE, ESP, TUR)	Scotland	Glasgow	Emirates Arena
5	Feb	Sat	5th	5	BUCS	BUCS Cross Country Championships	England	Brunel	Hillingdon Sport and Leisure Complex
5	Feb	Sat/Sun	5th/6th	3	Welsh Athletics	Welsh U13, U17 & U20 Indoor Championships	Wales	Cardiff	NIAC
5	Feb	Sun	6th	1	European Athletics	EAA Club Cross Country Cup	Portugal	Oeiras	
5	Feb	Sun	6th	6	Northern Athletics	Northern Athletics U13/U15 Indoor Championships	England	Sheffield	EIS
5	Feb	Thur-Sun	10th-13th	1	World Athletics	World Mountain & Trail Running Championships	Thailand	Chiang Mai	Mountains
6	Feb	Sat/Sun	12th/13th	3	England Athletics	England Athletics Junior Indoor Championships (U15/U17/U20)	England	Sheffield	EIS
6	Feb	Sun	13th	6	Scottish Athletics	Scottish Athletics Indoor Masters Championships	Scotland	Glasgow	Emirates Arena
6	Feb	Wed	16th	2	World Athletics Continental Tour Gold	Meeting Hauts-de-France Pas-de-Calais	France	Liévin	Arena Stade Couvert
7	Feb	Sat	19th	2	UK Athletics	Müller Indoor Grand Prix	UK	Birmingham	Utilita Arena
7	Feb	Sat	19th	5	BUCS	BUCS Indoor Championships	England	Sheffield	EIS
7	Feb	Sat	19th	6	Various	XC League Race 5	England	Various	Various
7	Feb	Sat/Sun	19th/20th	3	Scottish Athletics	Scottish Athletics U13/U15/U20 Championships	Scotland	Glasgow	Emirates Arena
7	Feb	Sun	20th						
7	Feb	Fri-Sun	25th-27th	2	UK Athletics	UK Athletics Indoor Championships	UK	Birmingham	Utilita Arena
8	Mar	Thur-Sun	1st-6th	1	World Athletics	World Race Walking Team Championships	Oman	Muscat	Roads
8	Feb	Sat	26th	3	Welsh Athletics	Welsh Athletics Cross Country Championships	Wales	Llanelli	Pembrey Country Park
8	Feb	Sat	26th	3	Scottish Athletics	Scottish Athletics Cross Country Championships	Scotland	Falkirk	Callendar Park

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8	Feb	Sat	26th	3	ECCA	English National Cross Country Championships	England	London	Parliament Hill Hampstead
8	Feb	Sun	27th	4	Loughborough University	UK Winter Long Throws Championship	England	Loughborough	Paula Radcliffe Athletics Track
8	Mar	Tue	2nd	2	World Athletics Continental Tour Gold	Villa de Madrid	Spain	Madrid	Gallur
9	Mar	Sat	5th	6	Welsh Schools Association	Welsh Schools National Championships	Wales	Brecon	
9	Mar	Sat/Sun	5th/6th	3	Athletics Northern Ireland	NI & Ulster Indoor Age Group Champs	Northern Ireland	Athlone	Athlone Institution of Technology
9	Mar	Sat/Sun	5th/6th	5	BMAF	BMAF Indoor Track & Field Championships	UK	Lee Valley	
10	Mar	Sat	12th	2	UK Athletics / CAU	British Athletics Cross Challenge Final & CAU Cross Country Championships	UK	Loughborough	Prestwood Hall
10	Mar	Sat/Sun	12th/13th	2	European Athletics	European Throwing Cup	Portugal	Leira	
10	Mar	Sat/Sun	12th/13th	3	England Athletics	England Athletics U15/U17 Combined Events Indoor Championships	England	Sheffield	EIS
10	Mar	Fri-Sun	18th-20th	1	World Athletics	World Indoor Championships	Serbia	Belgrade	
11	Mar	Sat	19th	6	ESAA	ESAA Cross Country Championships	England	Tonbridge	Hop Farm Family Park
11	Mar	Sat	19th	6	Various	XC League Race 6	England	Various	Various
12	Mar	Sat	26th	6	SIAB	SIAB Schools International	TBC	TBC	TBC
12	Mar	Sat	26th	6	Area Athletics Associations	Area Road Relay Championships	England	Various	Various
12	Mar	Sun	27th						
12	Mar	Sat	27th	7	Run4Wales	27th Cardiff Half Marathon	Wales	Cardiff	Roads
13	Apr	Sat	2nd						
13	Apr	Sun	3rd						
14	Apr	Sun	10th						
14	Apr	Sat	9th	6	ERRA	ERRA Road Relays 12 & 6 Stage	England	Sutton Coldfield	Sutton Park
15	Apr	Sat	16th						

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15	Apr	Sun	17 th						
16	Apr	Sat	23 rd						
16	Apr	Sun	24 th	5	Youth Development League	YDL UAG 1	END/SCO/WAL	Various	Various
16	Apr	Wed/Thu	27 th /28 th	7	UK Emergency Services Games Ltd	Gratitude Games	England	Manchester	Manchester Regional Arena, Etihad Campus
17	Apr	Sat	30 th	6	North of England Athletics League	NL Fixture 1*	England	Various	Various
17	Apr/May	Sat-Mon	30 th -2 nd	5	BUCS	BUCS Track & Field Championships	England	Bedford	Bedford International Athletic Stadium
18	May	Sat	7 th	2	World Athletics Continental Tour Gold	Kip Keino Classic, Nairobi	Kenya	Nairobi	Moi International Sports Centre
18	May	Sat	7 th	5	National Athletics League	NAL 1	UK	Manchester, Cardiff, Kingsmeadow, Chelmsford Milton Keynes	
18	May	Sun	8 th	2	World Athletics Continental Tour Gold	Seiko Golden Grand Prix, Tokyo	Japan	Tokyo	
18	May	Sun	8 th	5	Youth Development League	YDL LAG 1	ENG/SCO/WAL	Various	Various
19	May	Sat	14 th	2	Highgate Harriers/Ben Pochee & UKA	Night of the 10,000m PBs incorporating UK Athletics 10,000m Championships	England	London	Parliament Hill Hampstead
19	May	Sat	14 th	5	BMC	BMC Grand Prix 1	England	Birmingham	Birmingham Uni
19	May	Sat/Sun	14 th /15 th	6	Scottish Athletics	Scottish Athletics District Championships	Scotland	Kilmarnock / Grangemouth / Inverness	
19	May	Sat/Sun	14 th /15 th	6	County Athletics Associations	County Championships	England	Various	Various
19	May	Tue	17 th	2	World Athletics Continental Tour Gold	2022 Continental Tour Meeting, Nanjing	China	Nanjing	Olympic Stadium, Nanjing

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20	May	Sat	21st	5	Youth Development League	YDL LAG 2	ENG/SCO/WAL	Various	Various
20	May	Sun	22nd	4	Loughborough University	Loughborough International	England	Loughborough	Paula Radcliffe Stadium, University of Loughborough
20	May	Sun	22nd	6	Midland Athletics League	MAL Fixture 1*	England	Various	Various
20	May	Sun	22nd	6	Southern Athletics League	SAL Fixture 1*	England	Various	Various
21	May	Sat	28th	2	European Athletics	European 10,000m Cup	France	Pace	
21	May	Sat	28th	4	Athletics Northern Ireland	Belfast International	Northern Ireland	Belfast	Mary Peters Track
21	May	Sat	28th	5	BMC	BMC Grand Prix 2	England	Manchester	Manchester Regional Arena, Etihad Campus
21	May	Sat/Sun	28th/29th	3	England Athletics	England Athletics Combined Events (Commonwealth Games 2022 Test Event)	England	Birmingham	Alexander Stadium
21	May	Sun	29th	5	Youth Development League	YDL UAG 2	ENG/SCO/WAL	Various	Various
21	May	Tue	31st	2	World Athletics Continental Tour Gold	61st Ostrava Golden Spike, Ostrava	Czech Republic	Ostrava	Mestský Stadion
21	Jun	Fri	3rd	2	World Athletics Continental Tour Gold	Irena Szewinska Memorial / Bydgoszcz Cup, Bydgoszcz - Continental Tour Gold	Poland	Bydgoszcz	Zdzislaw Krzyszkowiak Stadium
21	Jun	Fri	3rd	7	Bryggen Sports	Manchester World Continental Tour Silver	England	Manchester	Manchester Regional Arena, Etihad Campus
21	Jun	Thur	2nd	4	Bedford International Games	BIGish	England	Bedford	Bedford International Stadium
22	Jun	Sat	4th	5	National Athletics League	NAL 2	UK	Derby, Eton, Bedford, Manchester, Portsmouth	

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22	Jun	Fri/Sat	10th/11th	6	SSAA	SSAA Championships	Scotland	TBC	TBC
22	Jun	Sat	4th	6	SSAA	SSAA Combined Events Championships	Scotland	TBC	TBC
22	Jun	Sun	5th	6	Midland Athletics League	MAL Fixture 2*	England	Various	Various
22	Jun	Mon	6th	2	World Athletics Continental Tour Gold	FBK Games - (Hengelo - Continental Tour Gold)	Netherlands	Hengelo	Blankers-Koen Stadion
22	Jun	Fri-Sun	10-12th	5	BMAF	BMAF Outdoor Track & Field Championships	UK	TBC	TBC
23	Jun	Sat/Sun	11/12th	6	County Schools / County Athletics Association	County Schools Championships / County Athletics Championships	England	Various	Various
23	Jun	Sat/Sun	11/12th	6	County Schools Association	County Schools Championships	England	Various	Various
23	Jun	Sat	11th	5	BMC	BMC Grand Prix 3	England	Watford	Woodhouse Stadium
23	Jun	Sat/Sun	11th/12th	3	Welsh Athletics	Welsh Athletics Championships	Wales	TBC	TBC
23	Jun	Sat/Sun	11th/12th	3	Athletics Northern Ireland	NI & Ulster Age Group Champs	Northern Ireland	Antrim	Antrim Forum
23	Jun	Sun	12th	6	North of England Athletics League	NL Fixture 2*	England	Various	Various
23	Jun	Sun	12th	6	Southern Athletics League	SAL Fixture 2*	England	Various	Various
23	Jun	Tue	14th	2	World Athletics Continental Tour Gold	Paavo Nurmi Games - Turku	Finland	Turku	Paavo Nurmi Stadium
23	Jun	Fri/Sat	17th/18th	3	Athletics Northern Ireland	NI & Ulster Senior Champs	Northern Ireland	Belfast	Mary Peters Track
24	Jun	Sat/Sun	18/19th	6	Area Associations	Area Senior / U20 Championships	England	Various	Various
24	Jun	Sat/Sun	18/19th	6	County Schools Association	Inter County Schools	England	Various	Various
24	Jun	Sat/Sun	18th/19th	3	England Athletics	England Athletics U17-15 Combined Events Championships	England	TBC	TBC

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24	Jun	Sat/Sun	18th/19th	6	Area Athletics Associations	England Area Senior Championships	England	Various	Various
24	Jun	Fri-Sun	24th-26th	2	UK Athletics	UK Athletics Championships	UK	Manchester	Manchester Regional Arena, Etihad Campus
25	Jul	Fri-Sun	1st-3rd	1	European Athletics	European Athletics Off Road Racong Championships	Spain	El Paso	
25	Jun	Sat/Sun	25th/26th	6	Regional Schools	Regional Schools Combined Events	England	Various	Various
25	Jun	Sun	26th	5	Youth Development League	YDL UAG 3	ENG/SCO/WAL	Various	Various
26	Jul	Sat	2nd	5	National Athletics League	NAL 3	UK	Chelmsford, Stonex, Bournemouth, Bedford, Yeovil	
26	Jul	Sat	2nd	6	WSAA	WSAA Championships	Wales	TBC	TBC
26	Jul	Sat	2nd	6	English Schools AA	ESAA Cup Final	England	TBC	TBC
26	Jul	Sun	3rd	5	Youth Development League	YDL LAG 3	ENG/SCO/WAL	Various	Various
26	Jul	Mon-Thu	4th-7th	1	European Athletics	European U18 Championships	Israel	Jerusalem	Jerusalem Stadium
26	Jul	Fri/Sat	8th/9th	6	English Schools AA	ESAA Championships	England	Manchester	Sportcity
27	Jul	Sun	10th	6	North of England Athletics League	NL Fixture 3*	England	Various	Various
27	Jul	Wed	13th	4	Welsh Athletics	Welsh Athletics Grand Prix	Wales	TBC	TBC
27	Jul	Fri-Mon	15th-25th	1	World Athletics	World Athletics Championships	USA	Eugene, OR	Hayward Field
27	Jul	Sat/Sun	9th/10th	3	Scottish Athletics	Scottish Athletics Combined Events Championships	Scotland	Dundee	Caird Park
28	Jul	Sat	16th	6	Southern Athletics League	SAL Fixture 3*	England	Various	Various
28	Jul	Sat/Sun	16th/17th	3	England Athletics	England Athletics U20 & U23 Championships (World Junior Trials)	England	Bedford	Bedford International Athletic Stadium
28	Jul	Sun	17th	6	Midland Athletics League	MAL Fixture 3*	England	Various	Various
29	Jul	Sat/Sun	23/24th	6	South of England AA	SEAA Combined Events Championships**	England	TBC	TBC
29	Jul	Sat	23rd	5	BMC	BMC Grand Prix 4	England	Trafford	Longford Park Stadium

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29	Jul	Sat	23rd	6	SIAB	SIAB Schools International	TBC	TBC	TBC
29	Jul	Sat/Sun	23rd/24th	6	Area Athletics Associations	England Area U15/U17 Championships	England	TBC	TBC
29	Jul	Sun - Sat	24th-30th	1	EYOF	European Youth Olympic Festival	Slovakia	Banksa Bystrica	
30	Jul	Sat	30th	1	Commonwealth Games	Commonwealth Games Marathon	England	Birmingham	Roads
30	Jul	Sat	30th	5	Youth Development League	YDL LAG Regional Final	England	Various	Various
30	Jul	Sat/Sun	30th/31st	3	England Athletics	England Athletics Senior Championships (plus CG Open Meet)	England	TBC	TBC
30	Jul	Sun	31st	4	Welsh Athletics	Welsh Athletics U20 International	Wales	TBC	TBC
30	Aug	Tue-Sun	2nd-7th	1	Commonwealth Games	Commonwealth Games Track & Field	England	Birmingham	Alexander Stadium
30	Aug	Tue-Sun	2nd-7th	1	World Athletics	World U20 Championships	Columbia	Cali	Pascual Guerrero Olympic Stadium
31	Aug	Sat	6th	6	North of England Athletics League	NL Fixture 4*	England	Various	Various
31	Aug	Sun	7th	5	Youth Development League	YDL UAG Regional Final	ENG/SCO/WAL	Various	Various
31	Aug	Mon	8th	2	World Athletics Continental Tour Gold	Gyulai István Memorial - Hungarian Athletics Grand Prix Székesfehérvár	Hungary	Székesfehérvár	Bregyó Athletic Center
32	Aug	Sat	13th	6	Southern Athletics League	SAL Fixture 4*	England	Various	Various
32	Aug	Sat	13th	6	Midland Athletics League	MAL Fixture 4*	England	Various	Various
32	Aug	Sat/Sun	13th/14th	3	Welsh Athletics	Welsh Athletics Junior Championships	Wales	TBC	TBC
32	Aug	Sat/Sun	13th/14th	3	Scottish Athletics	Scottish Athletics Senior/U17 Championships	Scotland	Aberdeen	Aberdeen Sports Village
32	Aug	Sat/Sun	13th/14th	6	Area Associations	Area U15/U17 Championships	England	Various	Various
32	Aug	Mon-Sun	15th-21st	1	European Athletics	European Athletics Championships	Germany	Munich	Olympiastadion

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32	Aug	Wed	17th	4	England Athletics	Manchester International	England	Manchester	Manchester Regional Arena, Etihad Campus
33	Aug	Sat/Sun	20th/21st	3	Scottish Athletics	Scottish Athletics U13/U15/U20 Championships	Scotland	Grangemouth	Grangemouth Athletic Stadium
33	Aug	Sat/Sun	20th/21st	5	National Athletics League	NAL 4	UK	Bedford /Yate	Bedford International Stadium/ Yate
33	Aug/Sept	Fri- Sun	26th-4th	1	World Para Athletics	World Para Athletics Championships	Japan	Kobe	Universiade Memorial Stadium
34	Aug	Sat	27th	5	BMC	BMC Grand Prix 5	England	Loughborough	Paula Radcliffe Athletics Track
34	Aug	Sat/Sun	27th/28th	3	England Athletics	England Athletics U15 & U17 Championships	England	TBC	TBC
34	Aug	Sun	28th	2	UK Athletics / Wanda DL	Muller Grand Prix Birmingham	UK	Birmingham	Alexander Stadium
34	Aug	Sun	28th	6	North of England Athletics League	NL Fixture 5*	England	Various	Various
35	Sept	Sat	3rd	5	Youth Development League	YDL LAG Finals	England	Various	Various
35	Sept	Sat/Sun	3rd/4th	3	Northern Ireland Athletics	NI & Ulster Combined Events	Northern Ireland	Belfast	Mary Peters Track
35	Sept	Sun	4th	2	World Athletics Continental Tour Gold	Kamila Skolimowska Memorial, Chorzów	Poland	Chorzów	Stadion Śląski
35	Sept	Sun	4th	6	Youth Development League	YDL UAG Finals	ENG/SCO/WAL	Various	Various
36	Sept	Sat	10th	6	Southern Athletics League	SAL Fixture 5	England	Various	Various
36	Sept	Sat/Sun	10th/11th	5	Youth Sport Trust	School Games National Finals	UK	TBC	TBC
36	Sept	Sat/Sun	10th/11th	6	ESAA	English Schools Combined Events and Walks Championships	England	TBC	TBC
36	Sept	Sat/Sun	10th/11th	6	South of England AA	SEAA Intercounties (Date TBC)	England	TBC	TBC
37	Sept	Sat/Sun	17th/18th	6	English Schools AA	ESAA Combined Events Championships and Walks Final	England	TBC	TBC
38	Sept	Sat	24th	6	Area Athletics Associations	Area Road Relays Senior & Junior	England	Various	Various

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38	Sept	Sun	25th						
39	Oct	Sat	1st						
39	Oct	Sun	2nd	3	London Marathon Events	London Marathon	England	London	Roads
40	Oct	Sat	8th	6	ERRA	ERRA Senior & Junior Road Relays	England	Sutton Coldfield	Sutton Park
40	Oct	Sun	9th						
41	Oct	Sat	15th	6	Various	Cross Country League Race 1	England	Various	Various
41	Oct	Sun	16th						
42	Oct	Sat	22nd	3	Scottish Athletics	Scottish Athletics National Cross Country Relays	Scotland	Perth	Scone Palace
42	Oct	Sat	22nd	6	Area Athletics Associations	England Area Cross Country Relays	England	Various	Various
42	Oct	Sun	23rd	2	UK Athletics	UK Athletics 35km Race Walking Championships	England	Leeds	Roads
43	Oct	Sat	29th						
43	Oct	Sun	30th						
44	Nov	Sat	5th	6	ECCA	ECCA Cross Country Relays	England	Mansfield	Berry Hill Mansfield
44	Nov	Sun	6th	3	Scottish Athletics	Scottish Athletics National Short Course Cross Country Championships	Scotland	Lanark	Equestrian Centre
45	Nov	Sat	12th	6	Various	Cross Country League Race 2	England	Various	Various
45	Nov	Sun	13th	1	World Athletics	World Half Marathon	China	Yangzhou	Roads
46	Nov	Sat	19th						
46	Nov	Sun	20th						
47	Nov	Sat	26th	2	UK Athletics	European Cross Country Trials	England	Liverpool	Sefton Park
47	Nov	Sun	27th						
48	Dec	Sat	3rd	6	Various	Cross Country League Race 3	England	Various	Various
48	Dec	Sun	4th						
49	Dec	Sat	10th						
49	Dec	Sun	11th	1	European Athletics	European Cross Country Championships	Italy	Torino	La Mandria Park

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50	Dec	Sat	17th	6	Various	County Cross Country Championships (alternative date)	England	Various	Various
50	Dec	Sun	18th						
51	Dec	Sat	24th						
51	Dec	Sun	25th						
52	Dec	Sat	31st						
52	Jan	Sun	1st						