

# WADA 2022 PROHIBITED LIST: MAJOR CHANGES

Comes into effect from 1 January 2022

## S3. BETA-2 AGONISTS

Permitted doses of inhaled salbutamol have been modified to 600 micrograms over any 8-hour period. The total permitted daily dose (1,600 micrograms over 24-hours) remains unchanged.

## S9. GLUCOCORTICOIDS

Local injections have been added as prohibited routes of administration in-competition.

For clarification:

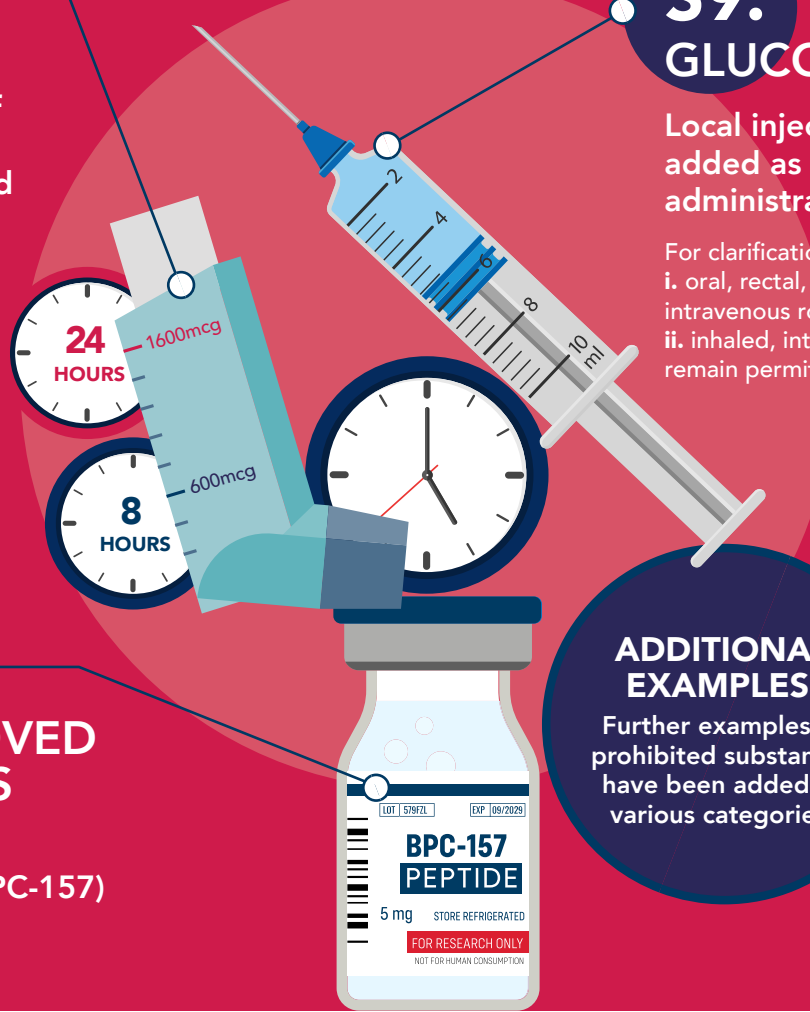
- i. oral, rectal, intramuscular and intravenous routes remain prohibited;
- ii. inhaled, intranasal, and dermal routes remain permitted.

## S0. NON-APPROVED SUBSTANCES

Body Protecting Compound 157 (BPC-157) has been added.

### ADDITIONAL EXAMPLES:

Further examples of prohibited substances have been added to various categories.



### FURTHER INFORMATION

The full list of changes can be found on the [WADA website](#). For further information on how to comply with the new glucocorticoid regulations, please refer to [UKAD's Glucocorticoid TUE Policy](#).

