Joined Birchfield Harriers, at 11 years old, competed, team managed, officiated and coached from 24.

I have and continue to be active as spectator, coach, volunteer, participant and employee. Life Vice President and former Club Chair.

Currently a UKA Coach (Level 3 - Performance & Development) working with emerging elite junior & U23 athletes, in most cases working with them from young athlete club age upwards

Incredibly proud to be a founding member of the *Athletics Pride Network* under the British Athletics umbrella. A conversation that became a network for the LGBTQ+ community in the sport and one which is activating support, educating communities and raising our profile to challenge barriers.

I have worked both within and around the sport and hold a deep respect for the work done by volunteers far and wide. This role should promote good practice and contribute effectively to the process of developing club strategy that enhances lives and offers talent a platform upon which to grow and prosper.

In my professional work I have an extensive, practical understanding of strategic planning linked to NGB policy, that I hope would be of benefit to the Council in working with the sport.

A creative and innovative thinker, based on significant experience of Athlete Pathway, engaging, inspiring, educating and involving of audiences of all ages and backgrounds.

A person of strong integrity, motivated, focused and passionate - I would bring this and more to the role with a measured attention to detail and sense of duty.