



British Masters Athletics Federation

33rd Open Road Relay Championships

Saturday 23rd April 2022

Sutton Park Town Gate, Park Road, Sutton Coldfield, Birmingham B74 2Y

📍 M6 Jct 5 North, Jct 6 South

🚆 Rail: Sutton Coldfield, West Midlands Rail, 20 mins from Birmingham New Street

Entry into the following events is available:

TEAM MANAGER ENTRY ONLY

<https://www.nice-work.org.uk/races/BMAF-Relays/2022>

*Entries close **Sunday 17th April 2022***

Men 35+ (6 Stages - £75 per team)
Men 45+ (4 Stages - £50 per team)
Men 55+ (3 Stages - £37.50 per team)
Men 65+ (3 Stages - £37.50 per team)
Men 75+ (3 Stages - £37.50 per team)
Women 35+ (4 Stages - £50 per team)
Women 45+ (3 Stages - £37.50 per team)
Women 55+ (3 Stages - £37.50 per team)
Women 65+ (3 Stages - £37.50 per team)

Up to 18 athletes can be entered for 6-Stage; 12 for 4-Stage; 9 for 3-Stage

Down-ageing to make up a team is permitted

Athletes' names can be entered in several teams, **but can only run once**

Declare team members on the day and pick up race packs with all items required

All athletes must be First Claim members of club entered

Entries from "B" teams welcome but are not eligible for medals

Event Timetable

Race 1 – 10:30: Women's 4-Stage – W35
Race 2 – 10:35: Women's 3-Stage – W45+
Men's 3-Stage – M75+
Race 3 – 12:25: Men's 3-Stage – M55
Men's 3-Stage – M65
Race 4 – 14:00: Men's 6-Stage – M35
Race 5 – 14:05: Men's 4-Stage – M45

Course: Undulating fast, (approx. 5k loop using the 12-Stage short leg, a single lap per relay leg, parkland

Awards: Medals to first three teams in each age category.

: First three individuals in each age category.

For further information regarding joining the Area Club who hosts competitions in your region of the UK, refer to the BMAF website.