

UKA RULES for COMPETITION 2022 - 2024

Supplementary Guidance Notes

Since the 2022 – 2024 UKA Rule Book went to print, the following amendments have been introduced and/or clarifications determined. A copy of the rule book and a summary of changes made to the 2022 edition can be found at <https://www.uka.org.uk/competitions/rules/>

Added or amended in this update

Rule	Comment
CR18.5 and Unsporting or Improper Behaviour and TR7 S1(2) Misconduct	Spitting (or similar) in warm up, call room, competition or any other public area may be regarded as acting in an unsporting or improper manner and treated as a conduct offence and will be dealt with by a warning or disqualification (yellow card and / or red card offence). The Event Referee will determine whether a yellow or red card is shown. This determination may apply a red card where spitting directly towards an individual or persistent spitting but yellow for less serious offences. Athletes should be aware that different interpretations may apply from event to event. Warnings or disqualifications under this rule cannot be appealed as the Referee's decision is final (Rule TR8 S1(2)(iii)).
TR3 S2 Age Groups Differentiation between 'race' and 'event'	Where a condition is set in Rules that limits the number of races allowed in one day – eg U13s may only run one race between 600m and 1 mile – then it is not possible to run a heat and final of the same event – eg 800m – on the same day.
TR3 S2(1)(iii) &(v) and S2(2)(ii) & (iv) Races and Distances Allowed for U13s and U15s when a Walk is Included	Application of the Rules setting out the conditions limiting the number of races and maximum distances allowed for Young Athletes when a walking race is included and the references to the total distance covered (when combined with other events) must also take into account the provisions of Rules TR3 S1(v) and S2(2)(iv), which will take precedence in all cases. The maximum distances for Track Walking races quoted in TR3 S2(8) will continue to apply but athletes competing in Track Walks may not compete in any other Track events of 600 metres or greater on the same day.
TR3 S2(2)(iii) & (iv) U15 Track Maximum Distance	The maximum distance allowed for U15 athletes, in all competitions except Steeplechase, is 3,000m. This applies to all competitions whether within the U15 age group, competing up as U17 or in any Mixed / Graded race. Competition Providers may set limitations on entry, such as time qualification standards.
TR3 S2(3)(iii) & (iv) U17 Track Maximum Distance	The maximum distance allowed for U17 athletes, in all competitions, is 5,000m. This applies to all competitions whether within the U17 age group, competing up as U20 or in any Mixed / Graded race. Competition Providers may set limitations on entry, such as time qualification standards.
TR4.4.3 NOTE Failure to compete with effort	Referees should apply this condition at all competitions where safeguarding issues may arise. In the case of Track & Field League competition, the situation foreseen in Rule TR 4.4.3 will only apply where, in a specific event in that competition, Rule G2 S4(7) – Health & Safety – is considered to apply and will not apply in respect of that athlete in any subsequent event in which the athlete participates in that competition unless, once again, Rule G2 S4(7) is considered to apply to that athlete.

<p>TR4.5 Reporting for an Event where there is no Call Room</p>	<p>Consideration is being given to adding a UKA Supplementary Note to aid Officials when athletes do not report to the event as required. Until such a note is introduced Competition Providers may choose to apply the following condition to their events:</p> <p>At competitions where a call room is not operated, it is the athlete's responsibility to arrive in the vicinity of their event at least five minutes before the scheduled time of their event, and remain within earshot of the Technical Officials managing that particular event. If an athlete fails to respond when their race is called by the responsible Technical Official, and thus misses the opportunity to compete, he/she shall be shown in the results as 'Did Not Start'.</p>
<p>TR5.2 - 5.6 Shoes</p>	<p>Detailed guidance on the acceptable construction of shoes and the latest update can be found at https://www.worldathletics.org/about-iaaf/documents/book-of-rules and the Manuals and Guidelines section at https://www.worldathletics.org/about-iaaf/documents/technical-information.</p> <p>The World Athletics Shoe Rule introduced in July 2020, reference TR5.2 – 5.6, does apply to competitions in the UK and athletes who wear shoes listed by World Athletics as not compliant with the Rules will be liable to disqualification and any records set will not be ratified.</p> <p>Where a Call Room is operated it is the responsibility of the Call Room Manager to apply appropriate checks on equipment. At other events the Referee will resolve any issues.</p> <p>In case of doubt the list of shoes that are approved and not approved can be found at the above links and a FAQ paper is located at UKA-World-Athletics-Shoe-Rule-FAQs-June-2021.pdf. The absence of a shoe from the World Athletics list does not mean that it's compliant or non-compliant and still needs to meet the required specifications. It is the athlete's duty to ensure their shoes are compliant.</p>
<p>T55 S7 Wheelchairs and Buggies</p>	<p>This rule has been amended to allow participation in road races held on roads open to traffic and it applies to self-propelled and pushed wheelchairs, buggies and Frame Runners. Competition Providers must conduct appropriate risk assessments to determine that such participation is safe for all concerned and, based on risk assessments, may decide not to allow such entries.</p>