The Independent Case Management Group found the following charges proven:

Made inappropriate sexual references and gestures, including:

- i) Repeatedly putting two fingers to your mouth and poking your tongue through your lips so as to mimic female genitalia and oral sex:
- ii) In the presence and hearing of other athletes commenting to A5 that if she did not continue training, she could "suck my ****";
- iii) When A2 asked you what training was going to entail, you responded "sucking my ****";
- iv) Frequently referring to your penis as your "spicy Italian sausage"

Failed to respect the athletes' right to a private life by making intrusive enquiry and derogatory comments about their personal lives, including:

- v) Making inappropriate comments about their relationships and boyfriends;
- vi) Asking A3 if she had ever had sex while doing weights, and "Does your boyfriend ever come and stick one in you?";
- vii) Telling A2 that she would "never get married", and "never have kids."

Engaged in sexually physical behaviour, namely inappropriate and unwanted touching of athletes to whom you owed a duty of care, including:

- viii) Mimicking sexual activity ('Dry Humping') each of A2, A3, and A9 from behind;
- ix) Touching A3's breasts;
- x) Commenting on and touching A1's breasts.

Engaged in inappropriate and sometimes aggressive behaviour, bullying and emotional abuse, including:

xi) Instructing A2 to sit in a corner with a cone on her head as a Dunce's cap.

Various other charges were not proven.