

12 NOVEMBER 2022
10.30AM START TEARDROP
LAKES MILTON KEYNES

12.11.22



The Parks Trust
MILTON KEYNES



BRITISH
ATHLETICS

BRITISH ATHLETICS
CROSS CHALLENGE

WELCOME

Welcome to Milton Keynes for the second fixture in the British Athletics Cross Challenge series incorporating Home Countries International and the Chiltern League

Milton Keynes has been a mainstay fixture in the series for several years, and we are proud to continue this partnership for the 2022/23 series.

On behalf of UK Athletics, I extend our thanks to the Officials, volunteers and all our key stakeholders who have made this event possible, while ensuring it runs in a safe and secure manner. Thanks too to all those who have come out to cheer on the runners. Having our loyal supporters back and I'm sure new faces here too, really does help to create the great atmosphere that we all know and love.

The five-event series started in style in Cardiff last month, and will head to Liverpool later in November, so this is a key fixture for our senior and U20 athletes as we build towards the European Athletics Cross Country Championships in February.

The series then heads off to Scotland in January, before the Final in Loughborough on 11 March 2023, with Milton Keynes contributing to an exciting few months for the prestigious series.

Cross country running is such an important part of the Autumn / Winter season for athletes of all abilities and age-groups, so we are delighted to offer these high-quality competition opportunities for all athletes who enter, including our juniors competing across the age-groups, some of whom are making their first steps in the sport.

UK Athletics is proud to be associated with all that the Cross Challenge Series represents. Whatever level of aspiration the athletes have, their very presence here is evidence of a level of ambition that we want to celebrate.

We hope you enjoy your day in Milton Keynes. Good luck to everyone involved.

Jack Buckner
UKA CEO

OFFICIALS

OFFICIALS

Meeting Manager:	Richard Inchley
Referee:	Graham Heeley
Rope Controllers	Paul Felton, John How, Kevin Lamb
Line Judge:	Malcolm Charlish, Julian Starkey
Starters:	Roy Campbell, James Charles
Start Team:	Malcolm French, Martin Howard, Nigel Bush
Chief Finish Co-ordinator:	Joe Mower
Judges / Recorders:	Paul Avery, Brenda Avery, Mike Shrive, Julie Davison, David Brown, Sarah How, Peter Crawshaw, John Sear
Chief Timekeeper:	Nick Folwell
Timekeepers / Recorders:	Lorraine Vidler, Bob Gutteridge, David Phillips, Sharon Herbert, John Vickers, Rick Townsend
Athlete Registration	Jim Lawrence, Members Leighton Buzzard AC
Clerk of Course:	Jackson Ryan
Course Marshalls:	Members of Leighton Buzzard AC
Announcer:	Adrian Christmas
Results:	FR Systems
Chiltern League Results	Mick Bromilow
Doctor:	Dr Neil Fisher
First Aid:	Acute Ambulance Medical Services
Presentation:	Cliff Robinson, Ian Byett, Paul Brooks
UKA Competition and Events	Matthew Downes
Events Senior Coordinator	

ACKNOWLEDGEMENTS

British Athletics and the Chiltern Cross Country League wish to express their sincere appreciation and thanks to all those who contributed in so many ways to make the staging of this event possible.

In particular:

- Leighton Buzzard Athletic Club • Marshall Milton Keynes AC • Milton Keynes Parks Trust
- Acute Ambulance and Medical Services • First 4 Numbers • SAS PA Hire • Start Fitness

For results and final event report, please go to
www.britishathletics.org.uk

NOTE

All races will be held under UKA rules (age as at 01.09.2022) except for the two Cross Challenge U20 Races and the two Senior Races which will be held under IAAF rules. Races 1 and 2 are for athletes under 11 years of age on the day of the race.

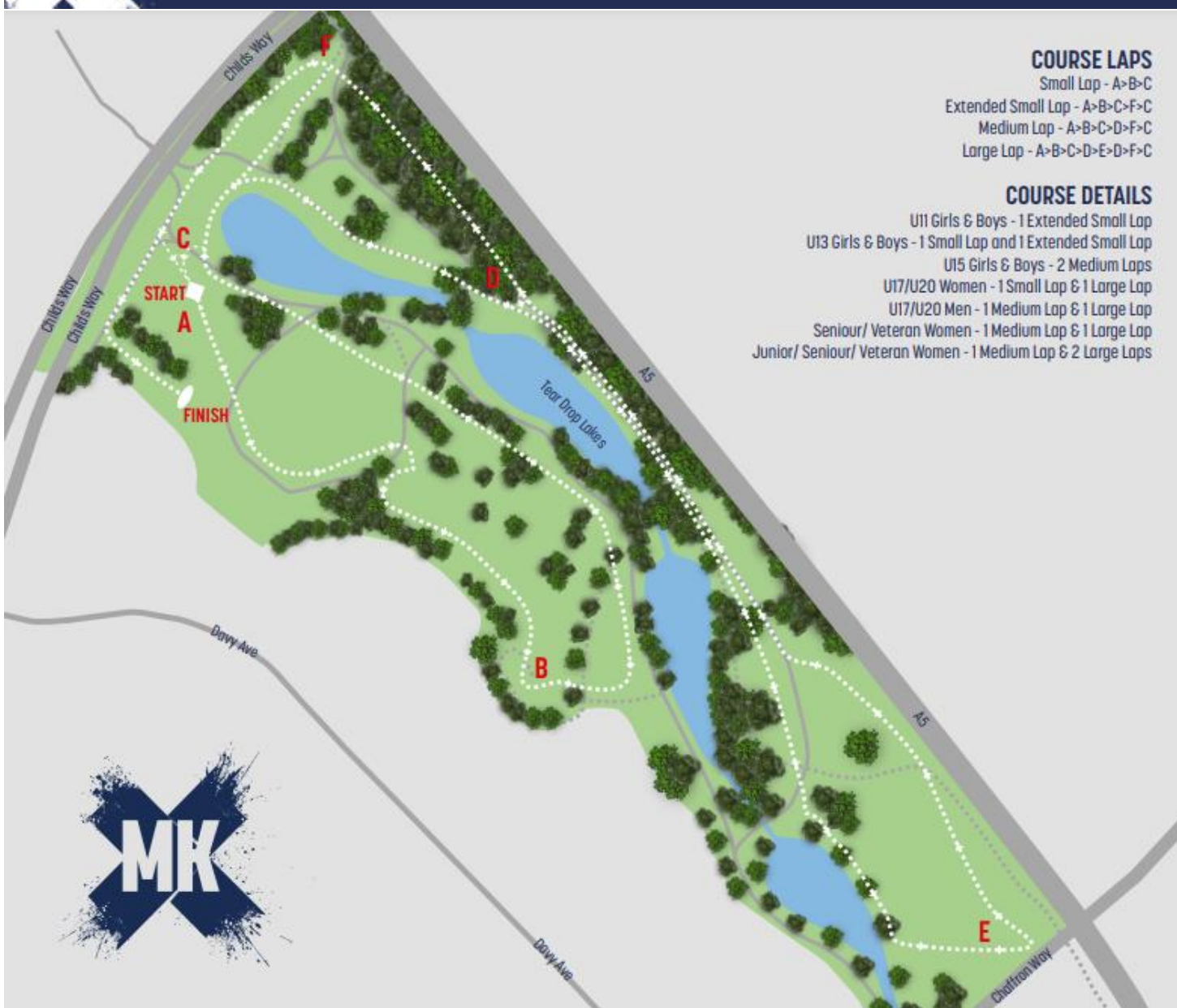
TIMETABLE

timetable

Event No	Time	Race	Laps	Detail	Distance
1	10:30	U11 Girls	1 Small Extended Loop	A,B,C,F,C, Finish	1,850m
2	10:45	U11 Boys	1 Small Extended loop	A,B,C,F,C, Finish	1,850m
3	11:00	U13 Girls	1 Small + 1 Small Extended loop	A,B,C, A,B,C,F,C Finish	3,100m
4	11:15	U13 Boys	1 Small + 1 Small Extended loop	A,B,C, A,B,C,F,C Finish	3,100m
5	11:30	U15 Girls	2 Medium	A,B,C,D,F,C A,B,C,D,F,C, Finish	4,400m
6	11:55	U15 Boys	2 Medium	A,B,C,D,F,C A,B,C,D,F,C, Finish	4,400m
7	12:15	U17 Women, Under 20 Women and Home International	1 Small + 1 Large	A,B,C, A,B,C,D,E,D,F,C, Finish	5,000m
8	12:40	U17 Men	1 Med + 1 Large	A,B,C,D,F,C, A,B,C,D,E,D,F,C, Finish	5,900m
9	13:10	Senior Women & Home International, Chiltern League Senior Women & Veterans	1 Small + 1 Med + 1 Large	A,B,C A,B,C,D,F,C A,B,C,D,E,D,F,C, Finish	7,200m
10	14:10	U20 Men & Home Countries International	Small + 1 Med + 1 Large	A,B,C A,B,C,D,F,C A,B,C,D,E,D,F,C, Finish	7,200m
11	14:40	Senior Men & Home International. Chiltern League Senior Men, Veterans & Junior Men	1 Med + 2 Large	A,B,C,D,F,C, A,B,C,D,E,D,F,C, A,B,C,D,E,D,F,C, Finish	9,500m



COURSE DETAILS



COURSE LAPS

- Small Lap - A>B>C
- Extended Small Lap - A>B>C>F>C
- Medium Lap - A>B>C>D>F>C
- Large Lap - A>B>C>D>E>D>F>C

COURSE DETAILS

- U11 Girls & Boys - 1 Extended Small Lap
- U13 Girls & Boys - 1 Small Lap and 1 Extended Small Lap
- U15 Girls & Boys - 2 Medium Laps
- U17/U20 Women - 1 Small Lap & 1 Large Lap
- U17/U20 Men - 1 Medium Lap & 1 Large Lap
- Senior/ Veteran Women - 1 Medium Lap & 1 Large Lap
- Junior/ Senior/ Veteran Women - 1 Medium Lap & 2 Large Laps

RACE ENTRIES

#muddybrilliant

Race 1	Under 11 Girls	// 1.850km	10.30AM
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4001	Daisy	Ashmoore	Wreake and Soar Valley AC
4002	Georgina	Bedford	Windsor Slough Eton & Hounslow AC
4003	Emma	Casasus Vie	Windsor Slough Eton & Hounslow AC
4004	Betty	Kellerman	Windsor Slough Eton & Hounslow AC
4005	Katie	Muir	Windsor Slough Eton & Hounslow AC
4006	Willow	Smith	Springburn Harriers

Race 2	// 1,85KM	11.45AM
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4007	Ted	Bainbridge	Windsor Slough Eton & Hounslow AC
4008	Barney	Hilliar	Windsor Slough Eton & Hounslow AC
4009	Dexter	Shephard	Unattached
4010	Joshua	Smith	Windsor Slough Eton & Hounslow AC
4011	Joshua	Spavins	Huntingdonshire
4012	Harrison	Stachowiak	Windsor Slough Eton & Hounslow AC
4013	Jenson	Wedon	Great Yarmouth & District Athletic Club

Race 3	Under 13 Girls //3.1KM	11.00AM
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4020	Imogen	Bennetts	Northampton AC
4021	Bryony	Boyce	Cardiff AAC
4022	Penelope	Boyle	Leven Valley AC
4023	Maisie	Cooper	North Norfolk Harriers AC
4024	Zara	Davey	Windsor Slough Eton & Hounslow AC
4025	Kara	Gorman	Chiltern Harriers AC
4026	Cecilia	Huepfl	Abingdon AC
4027	Ellouise	James	Windsor Slough Eton & Hounslow AC
4028	Lily	Kennedy	St Albans Striders
4029	Esme	Lydon	Huntingdonshire AC
4030	Zlata	Osipova	Windsor Slough Eton & Hounslow AC
4031	Luan	Power	Wreake and Soar Valley Athletics Club
4032	Nihaal	Rasheed	Windsor Slough Eton & Hounslow AC
4033	Alice	Thompson-Read	North Norfolk Harriers AC
4034	Georgia	Tongue	St. Albans Striders
4035	Eva	Townshend	North Norfolk Harriers AC
4036	Cerys	Wright	Team East Lothian

Race 4	Under 13 Boys	// 3.1KM	11.15AM
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4040	Adam	Foster	North Devon AC
4041	Louie	Hemmings	Peterborough AC

4042	George	Hilliar	Windsor Slough Eton & Hounslow AC
4043	Noah	Homer	Wreake & Sour Valley AC
4044	Rhuairdh	Laing	Victoria Park City of Glasgow AC
4045	Ethan	Locke	Huntingdonshire AC
4046	Sam	Long	Radley AC
4047	Fin	Lumber - Fry	Eastbourne Rovers
4048	Axel	Norlin	Windsor Slough Eton & Hounslow AC
4049	Dylan	O'Riordan	Olney Runners AC
4050	Jacque	Smith	Marshall Milton Keynes AC
4051	Euan	Totays	Windsor Slough Eton & Hounslow AC
4052	Harry	Welch	Windsor Slough Eton & Hounslow AC
4053	Noah	Williamson	North East Project
4054	Harvey	Wood	Marshall Milton Keynes AC

Race
5 **Under 15 Girls // 4.4KM**
11.30AM

4060	Ruby	Ashmore	Wreake and Soar Valley Athletics Club
4091	Sophie	Bannister	Darlington Harriers & AC
4061	Freya	Campbell	Giffnock North AAC
4062	Sophia	Chapman	Marshall Milton Keynes AC
4063	Holly	Cross	Liverpool Harriers & AC
4064	Daisy	Davies	Wells City Harriers
4065	Lucy	Donaghey	Wreake and Soar Valley Athletics Club
4066	Eloise	Edridge	North Norfolk Harriers AC
4067	Abigail	Farley	Windsor Slough Eton & Hounslow AC
4068	Eleanor	Foster	North Devon AC
4069	Magdalena	Gancheva	Kettering Town Harriers
4070	Millie	Gold	Cardiff AAC
4071	Libby	Hale	Swansea Harriers AC
4072	Evie	Hemmings	Peterborough AC
4073	Maya	Jobbins	Aldershot Farnham & District AC
4074	Estelle	Lowe	North Somerset
4075	Felicity	Lowe	North Somerset
4076	Stephanie	Massie	Windsor Slough Eton & Hounslow AC
4077	Mackenzie	McCourt	Maldwyn Harriers
4078	Olivia	McGhee	Rugby & Northampton AC
4079	Isla	McGowan	Banbury Harriers
4092	Jessica	Morris	Leicester Coritanian AC
4080	Kiera	Nee	Birchfield Harriers
4081	Ana	Passos	Windsor Slough Eton & Hounslow AC
4082	Freda	Pearce	Eastbourne Rovers AC
4083	Raya	Petrova	Eastbourne Rovers AC
4084	Millie	Pierce	Swansea Harriers AC
4085	Daisy	Rowe	Exeter Harriers
4086	Imogen	Saunders	Wreake and Soar Valley Athletics Club

4087	Skye	Smith	Springburn Harriers
4088	Bethany	Trow	Shrewsbury AC
4089	Imogen	Wharton	Warrington AC
4090	Sophia	Wrightam	Wreake and Soar Valley Athletics Club

Race 6	15 Boys	Under		// 4.4KM	11.55AM
4091	Oliver	Albone	Huntingdonshire AC		
4092	Samuel	Aspey	Blackburn Harriers & AC		
4093	Andrew	Baird	Ross County Athletic Club		
4094	Oliver	Bedford	Windsor Slough Eton & Hounslow AC		
4095	Adam	Bentham	Shrewsbury Athletics Club		
4096	Edward	Bowstead	Cambridge & Coleridge AC		
4097	Samuel	Boyce	Cardiff AAC		
4098	Guy	Branston	Windsor Slough Eton & Hounslow AC		
4099	Ollie	Calvert	Morpeth Harriers & AC		
4100	Matthew	Clark	Preston Harriers		
4101	George	Craggs	Hartlepool Burn Road Harriers & AC		
4102	Oliver	Cresswell	Birchfield Harriers		
4103	Oliver	Gill	Blackburn Harriers & AC		
4104	Evan	Grime	Salford Harriers		
4105	Aaron	Hawley Higgins	Knowsley Harriers		
4106	Conor	McBrien	Cambridge & Coleridge AC		
4107	Will	McNally	Leven Valley AC		
4108	Thibault	Mingret Acevedo	Windsor Slough Eton & Hounslow AC		
4109	Kyle	Molloy	Cambridge & Coleridge AC		
4110	Jake	Parker	Rotherham Harriers & AC		
4111	Finlay	Roderick	Independent Intelligent Fitness		
4112	Leo	Rothwell	Cambridge & Coleridge AC		
4113	Sam	Thud	Windsor Slough Eton & Hounslow AC		
4114	Sarim	Toqeer	Windsor Slough Eton & Hounslow AC		
4115	Cameron	Wedon	Great Yarmouth and District Athletics Club		
4116	John	Williamson	Leven Valley AC		
4117	George	Wilson	Cleethorpes & District AC		
4118	James	Wotherspoon	Harmeny AC		
4119	Ben	Young	Windsor Slough Eton & Hounslow AC		

Race 7	Women	U17	// 5 KM	12.15PM
4120	Rosie	Ashmore	Wreake and Soar Valley Athletics Club	
4121	Beca	Bown	Menai Track & Field	

4122	Hannah	Bowyer	Blackhill Bounders
4123	Lyla	Bryan	Wreake and Soar Valley Athletics Club
4124	Rachel	Clutterbuck	Windsor Slough Eton & Hounslow AC
4125	Lyla	Danobrega	Bedford & County AC
4126	Ella	Davey	Windsor Slough Eton & Hounslow AC
4127	Sophie	Dunbobbin	Charnwood AC
4128	Holly	Haldane	Reading AC
4129	Lilia	Harris	Rotherham Harriers & AC
4130	Caitlyn	Heggie	Ross County Athletics Club
4131	Bethan	Homer	Wreake and Soar Valley Athletics Club
4132	Sophie	Jacobs	St. Albans AC
4133	Anna	Jolliffe	Bicester ac
4134	Esme	Jonas	North Norfolk Harriers AC
4135	Neve	Jones	Cardiff AAC
4136	Yasmin	Kashdan	Crawley AC
4137	Ellie	Loosley	Cambridge & Coleridge AC
4138	Caitlin	Mccloy	Rotherham Harriers & AC
4139	Millie	Murphy	Windsor Slough Eton & Hounslow AC
4140	Sophie	Nicholls	Wells City Harriers
4141	Abigail	Reid	Woodford Green AC with Essex Ladies
4142	Josie	Robertson	Newbury AC
4143	Freya	Ruffels	Windsor Slough Eton & Hounslow AC
4144	Olivia	Sellars	Blackpool Wyre & Fylde AC
4145	Molly	Shorey	City of Plymouth AC
4146	Tuscany	Wright	Giffnock North AAC
4147	Isabella	Wrightam	Wreake and Soar Valley Athletics Club
4148	Katie	Youp	Southampton AC

Race			
7	Under 20		
	Women	// 5 KM	12.15PM
4150	India	Barwell	Lincoln Wellington AC
4151	Keira	Brady-Jones	Wirral AC
4152	Evie	Brooks	Lincoln Wellington AC
4153	Louisa	Brown	Garscube Harriers
4154	Grace	Buchanan	City of Norwich AC
4155	Ellen	Donald	Highgate Harriers
4156	Christina	Durbin	St. Albans Striders
4157	Lottie	Hemmings	Peterborough AC
4158	Sam	Hodgson	Windsor Slough Eton & Hounslow
4159	Amy	Killick	Leighton Buzzard AC
4160	Lara	Mannes	Blackheath & Bromley Harriers AC
4161	Anna	Mason	Border Harriers & AC

4162	Lucy	Procter	Invicta East Kent
4163	Isabel	Richardson	Holmfirth Harriers AC
4164	Jessica	Spilsbury	Trafford AC
4165	Freya	Stapleton	Shaftesbury Barnet Harriers
4166	Abigail	Stratton	Blackburn Harriers & AC
4167	Beatrice	Wood	City of Salisbury A & RC
4168	Alice	Wright	Brighton Phoenix
4169	Valencia	Wright	Giffnock North AAC

Home Countries International

4170	Alice	Bates	England
4171	Kiya	Dee	England
4172	Libby	Huxley	England
4173	Sophie	Nicholls	England
4174	Abigail	Davies	Wales
4175	Gwenno	Goode	Wales
4176	Moli	Lyons	Wales
4177	Beth	Rawlinson	Wales
4178	Marianne	Doherty	Northern Ireland
4179	Anna	Gardiner	Northern Ireland
4180	Amy	Greene	Northern Ireland
4181	Olivia	Bailey	Midlands Counties
4182	Sian	Duval	Midlands Counties
4183	Louise	Hackett	Midlands Counties
4184	Isabelle	Wrightam	Midlands Counties
4185	India	Barwell	Northern Athletics
4186	Betty	Bergstrand	Northern Athletics
4187	Elena	Inch	Northern Athletics
4188	Emilia	Platt	Northern Athletics
4189	Megan	Harris	South of England
4190	Olivia	Martin	South of England
4191	Hattie	Reynolds	South of England
4192	Jemima	Ridley	South of England

Under 17			
Race 8	Men	// 5.9KM	12.40PM
4200	Alex	Adams	Stratford-upon-Avon AC
4201	Jasper	Adamson	Absolute Tri
4202	Patrick	Atkinson	Southampton AC
4203	Connor	Bell	Central AC
4204	Mackenzie	Bloxham	Wreake and Soar Valley Athletics Club
4205	Tim	Bongaerts	City of Norwich Athletics Club

4206	Finley	Bruce	Carmarthen & District Harriers AC
4207	Alden	Collier	Chiltern Harriers AC
4208	Liam	Davison	City of Norwich Athletics Club
4209	Ben	Dewar	Windsor Slough Eton & Hounslow AC
4210	Jimmy	Geller	Woodford Green AC with Essex Ladies
4211	Fletcher	Hart	Swindon Harriers
4212	Aedan	Lydon	Huntingdonshire AC
4213	Archie	Marshall	Watford Harriers AC
4214	Quinn	Miell-Ingram	Radley AC
4215	Callum	Morgan	Maldwyn Harriers
4216	Sohan	Nath	Windsor Slough Eton & Hounslow AC
4217	Conrad	Norman	South London Harriers
4218	Luke	Parker	Rotherham Harriers & AC
4219	Dominic	Pauley	Huntingdonshire AC
4220	Fintan	Pearce	Eastbourne Rovers AC
4221	Benjamin	Peck	St. Edmunds Pacers
4222	Thomas	Redmond	Chiltern Harriers AC
4223	Craig	Shennan	Giffnock North AAC
4224	Harry	Smith	City of Norwich Athletics Club
4225	Iwan	Thomas	Carmarthen & District Harriers AC
4226	George	Thomas	Windsor Slough Eton & Hounslow AC
4227	Jacob	Trangmar	St Edmunds Pacers
4228	Daniel	van Aardt	Wreake and Soar Valley Athletics Club
4229	Noa	Vaughan	Eryri Harriers
4230	Miles	Waterworth	Brighton Phoenix
4231	Callum	Welch	Windsor Slough Eton & Hounslow AC
4232	Tom	Whetton	Western Tempo
4233	Nathan	Wright	Woodford Green AC with Essex Ladies

Senior Women			
Race 9	//	7.2KM	13.10PM
4240	Imogen	Amos	Tonbridge AC
4241	Dominique	Corradi	Sutton & District AC
4242	Melissa	Courtney-Bryant	Poole AC
4243	Holly	Dixon	Cambridge Harriers
4244	Charlotte	Firth	Windsor Slough Eton & Hounslow AC
4245	Izzy	Fry	Newbury AC
4246	Josie Wren	Golder	Corstorphine / Best
4247	Annabel	Gummow	Herts Phoenix AC

4248	Claire	Hammett	Thames Hare & Hounds
4249	Maia	Hardman	Brighton Phoenix
4250	Cari	Hughes	Cardiff AAC
4251	Saskia	Huxham	Hallamshire Harriers Sheffield AC
4252	Olivia	Kelly	Coventry Godiva Harriers
4253	Mhairi	Maclennan	Inverness Harriers AAC
4254	Georgia	Malir	Leeds City AC
4255	Amy-Eloise	Markovc	Wakefield District Harriers & AC
4256	Olivia	Mason	Border Harriers & AC
4257	Nesta	McCluskey	Maldwyn Harriers
4258	Elizabeth	McNally	Leven Valley AC
4259	Wendy	Morant	Birchfield Harriers
4260	Mary	Mulhare	Portalaoise
4261	Elle	Twentyman	Taunton AC
4262	Hannah	Viner	Highgate Harriers
4263	Eloise	Walker	Edinburgh AC
4264	Ellie	Wallace	North Somerset
4265	Imogen	Wood	Cardiff Metropolitan University

Home Countries International

4270	Jessica	Gibbon	England
4271	Alexandra	Millard	England
4272	Sophie	Tarver	England
4273	Jennifer	Walsh	England
4274	Donna	Morris	Wales
4275	Lauren	Cooper	Wales
4276	Alaw	Beynon-Thomas	Wales
4277	Sioned	Howells	Wales
4278	Grace	Carson	Northern Ireland
4279	Hannah	Gilliland	Northern Ireland
4280	Rebekah	Osborne	Northern Ireland
4281	Lindsey	Colman	Eastern Counties
4282	Katie	King	Eastern Counties
4283	Rebecca	Murray	Eastern Counties
4284	Lauren	Nichols	Eastern Counties
4285	Anne	Kenchington	Midlands Counties
4286	Hannah	Robinson	Midlands Counties
4287	Ellie	Wallace	Midlands Counties
4288	Sara	Willhoit	Midlands Counties
4289	Rochelle	Harrison	Northern Athletics
4290	Kate	Moulds	Northern Athletics
4291	Mya	Taylor	Northern Athletics
4292	Mollie	Williams	Northern Athletics
4293	Niamh	Bridson Hubbard	South of England
4294	Charlotte	Dannatt	South of England
4295	Nancy	Scott	South of England
4296	Hannah	Viner	South of England

Race	Under 20		
10	Men	//	7.20KM 14.10PM
4300	Rhys	Ashton	Loughborough Students AC
4301	Adam	Barber	Harborough AC
4302	Josh	Blevins	Gateshead Harriers & AC
4303	Ethan	Brady-Jones	Wirral AC
4304	Lucas	Cairns	Inverness Harriers AAC
4305	Corey	Campbell	Team East Lothian
4306	Oliver	Conway	Radley AC
4307	George	Couttie	Harrogate Harriers & AC
4308	Benjamin	Cumberland	Radley AC
4309	Josh	Cumberland	Radley AC
4310	Jacob	Deacon	Chorley Athletic and Triathlon Club
4311	Joel	Doye	Woodford Green AC with Essex Ladies
4312	Dominic	Evans	Rugby & Northampton AC
4313	William	Goddard	Windsor Slough Eton & Hounslow AC
4314	Lewis	Hannigan	Kilbarchan AAC
4315	Charlie	Harding	Eden Runners
4316	Tyler	Hawley	Wolverhampton & Bilston AC
4317	Edward	Hobbs	Ilkley Harriers AC
4318	Ben	Hughes	Cardiff AAC
4319	Henry	Jonas	City of Norwich AC
4320	Lucas	Mansell	Kettering Town Harriers
4321	Harrison	Mayne	Bromsgrove & Redditch AC
4322	Liam	Morgan	Western Athletics / Colchester & Tendring
4323	Satvik	Nath	Windsor Slough Eton & Hounslow AC
4324	Charlie	Neece	Wreake and Soar Valley Athletics Club
4325	Harley	Norman	South London Harriers
4326	Archie	Parkinson	Corby AC
4327	OJ	Parmenter	Cambridge & Coleridge AC
4328	James	Peck	St. Edmunds Pacers
4329	Osain	Perrin	Menai T&F AC
4330	David	Race	Gateshead Harriers & AC
4331	Matthew	Ramsden	Blackburn Harriers & AC
4332	Joseph	Reeve	Richmond & Zetland Harriers
4333	Luke	Richardson	Bromsgrove & Redditch AC
4334	Freddie	Roden	Abbey Runners Leeds
4335	Tommy	Shaw	City of York AC
4336	Thomas	Smales	Barton & District AC
4337	Angus	Smith	Inverness Harriers AAC
4338	Alexander	Sproston	Crawley AC
4339	James	Stephen	Eastbourne Rovers AC
4340	Jake	Wilson	Vale Royal
4341	Joshua	Wragg	Rotherham Harriers & AC

4342 Sam Yates Nuneaton Harriers AC

Home Countries International

4343 Edward Bird England
4344 Ben Brown England
4345 Daniel Maydew England
4346 Louis Small England
4347 Finley Hines Wales
4348 Oliver James Wales
4349 Deri McCluskey Wales
4350 Lloyd Sheppard-Brown Wales
4351 Luke Kelly Northern Ireland
4352 Matthew Lavery Northern Ireland
4353 Kyle Thompson Northern Ireland
4354 Oisin Toye Northern Ireland
4355 Tom Bentley Midlands Counties
4356 Luke Davies Midlands Counties
4357 Solomon Okrafo-Smart Midlands Counties
4358 Finlay Ward Midlands Counties
4359 Jenson Connell Northern Athletics
4360 Sam Gilson Northern Athletics
4361 Patrick Griffith Northern Athletics
4362 James Knockton Northern Athletics
4363 Luke Birdseye South of England
4364 Samuel Hodgson South of England
4365 Rowan Miell-Ingram South of England
4366 Jack Small South of England

Race 11	Senior Men	9.5KM
	//	14.40PM
4370 Benjamin	Alcock	Bedford & County AC
4371 Eric	Apperley	Croft Ambrey RC
4372 David	Ball	Rugby & Northampton AC
4373 Michael	Bartram	Cambridge & Coleridge AC
4374 George	Beardmore	Worcester AC
4375 Oscar	Bell	Herts Phoenix AC
4376 Steven	Bowyer	Blackhill Bounders
4377 Steven	Bowyer	Blackhill Bounders
4378 Charlie	Brisley	Newham & Essex Beagles AC
4379 William	Broom	Highgate Harriers
4380 William	Christofi	Bristol & West AC
4381 Darren	Corneille	Blackheath & Bromley Harriers AC
4382 Thomas	Crockett	Wycombe Phoenix Harriers & AC
4383 Phillip	Crout	Shaftesbury Barnet Harriers
4384 Gary	Crush	City of Norwich AC
4385 Max	Davis	Bristol & West AC

4386	Joshua	Dickinson	Leeds City AC
4387	Luke	Duffy	Mansfield Harriers & AC
4388	James	Edgerton	Cambridge & Coleridge AC
4389	Alex	Ediker	Chesterfield & District AC
4390	Jonathan	Escalante-Phillips	Cambridge & Coleridge AC
4391	Jordi	Evans Rodriguez	Windsor Slough Eton & Hounslow AC
4392	Thomas	Gostelow	Charnwood AC
4393	Lee	Gratton	Midland Counties AA
4394	Abdirahman	Hamud	Hillingdon AC
4395	Tim	Harrison	Cambridge & Coleridge AC
4396	Ross	Harrison	Liverpool Pembroke & Sefton Harriers AC
4397	Daniel	Haworth	Matlock AC
4398	Sam	Hodkinson	Blackburn Harriers
4399	Sam	Hodkinson	Blackburn Harriers
4400	Matthew	Howard	North Somerset
4401	Dom	James	Western Tempo
4402	Flynn	Jennings	Bideford AAC
4403	Joshua	Lay	Rugby & Northampton AC
4404	Paul	Loosley	Cambridge & Coleridge AC
4405	Nathan	Mapperley	Cambridge & Coleridge AC
4406	Joseph	Massingham	Rotherham Harriers & AC
4407	Alexander	McCartney	Newquay & Par AC
4408	David	McNally	Leven Valley AC
4409	Jack	Millar	Bristol & West AC
4410	Simon	Millett	Windsor Slough Eton & Hounslow AC
4411	David	Mullarkey	Leeds City AC
4412	Taylor	Newell	Thurrock Harriers AC
4413	Max	Nicolle	Vale of Aylesbury AC
4414	Joseph	Niven	Liverpool Pembroke & Sefton Harriers AC
4415	James	Orrell	Huntingdonshire AC
4416	Jurjen	Polderman	Netherlands
4417	Steven	Rothwell	Cambridge & Coleridge AC
4418	Arthur	Roux	Unattcahed
4419	Jordan	Rowe	Thames Valley Harriers
4420	Rhys	Simmonds	Cardiff AAC
4421	Ross	Skelton	HY Runners
4422	Locan	Smith	City of Norwich AC
4423	Skip	Snelson	Banbury Harriers AC
4424	Caleb	Stephenson	Loughborough Students AC
4425	Matthew	Stonier	Invicta East Kent AC
4426	William	Tighe	Chesterfield Harriers
4427	Alex	Tovey	Windsor Slough Eton & Hounslow AC
4428	Alexander	Tridgell	Oxford University Cross Country Club
4429	Luke	Vine	Tipton Harriers

4430	Christian	Wharton-Howett	Ripley RC
4431	Leon	Wheeler	Oxford University Cross Country Club
4432	Jack	Wilkinson	Oxford University Cross Country Club

Home Countries International

4440	Alex	George	England
4441	Mahamed	Mahamed	England
4442	Zak	Mahamed	England
4443	Hugo	Milner	England
4444	Adam	Bull	Wales
4445	Ciaron	Lewis	Wales
4446	Phil	Matthews	Wales
4447	Tom	Wood	Wales
4448	Craig	McMeechan	Northern Ireland
4449	Andrew	Milligan	Northern Ireland
4450	Eskander	Turki	Northern Ireland
4451	Finn	McNally	Northern Ireland
4452	Shane	Boxhall	Eastern Counties
4453	James	McCrea	Eastern Counties
4454	Taite	Wallis	Eastern Counties
4455	Ronny	Wilson	Eastern Counties
4456	Jack	Gray	Midlands Counties
4457	Ally	Kinlock	Midlands Counties
4458	Kadar	Omar	Midlands Counties
4459	Sam	Moakes	Midlands Counties
4460	Dan	Bebbington	Northern Athletics
4461	Callum	Elson	Northern Athletics
4462	Finnian	Hutchinson	Northern Athletics
4463	Angus	McMillan	Northern Athletics
4464	Harry	Brodie	South of England
4465	Jacob	Cann	South of England
4466	Jeremy	Dempsey	South of England
4467	James	Kingston	South of England



**BRITISH ATHLETICS
CROSS CHALLENGE**

2022/23



CDF

SATURDAY 15TH OCTOBER 2022 AT LLANDAFF FIELDS, CARDIFF

Incorporating the Gwent Cross Country League

Men.....Masters / Senior / U20 / U17 / U15 / U13 / U11
Women.....Masters / Senior / U20 / U17 / U15 / U13 / U11



MK

SATURDAY 12TH NOVEMBER 2022 AT TEAR DROPS LAKE, MILTON

Incorporating the Chiltern Cross Country League

Men.....Senior / U20 / U17 / U15 / U13 / U11
Women.....Senior / U20 / U17 / U15 / U13 / U11



LIV

SATURDAY 26TH NOVEMBER 2022 AT SEFTON PARK, LIVERPOOL

Incorporating European Cross Country Championship Trials, in conjunction with the Mid Lancashire Cross Country League and the Liverpool and District Cross Country League

Men.....Senior / U20 / U17 / U15 / U13 / U11
Women.....Senior / U20 / U17 / U15 / U13 / U11



SCO

SATURDAY 14TH JANUARY 2023 AT SCONE PALACE, PERTH

Incorporating the Scottish Inter District Cross Country Championships

Men.....Senior / U20 / U17 / U15 / U13 / U11
Women.....Senior / U20 / U17 / U15 / U13 / U11



LOU

11TH MARCH 2023 AT PRESTWOLD HALL, LOUGHBOROUGH

British Athletics Cross Challenge Final and CAU Inter Counties Cross Country Championships

Men.....Senior / U20 / U17 / U15 / U13 / U11
Women.....Senior / U20 / U17 / U15 / U13 / U11

#muddybrilliant