



## World Mountain & Trail Running Championships Innsbruck-Stubai, Austria, 6 – 10 June 2023

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### 1. OVERVIEW

The British Athletics policy for the World Mountain & Trail Running Championships will focus on performances that will challenge for individual and/or team medals.

Team size will be dependent upon budget. Selection will be based on a maximum of 4 athletes per team (for trail).

The championships will be held at **Innsbruck-Stubai, Austria**. Details of the events and courses will be available at <https://innsbruck-stubai2023.com/en/>

Events as follows:

- Long Trail Race, 85.6km, 5554m ascent/5966m descent
- Short Trail Race, 44.6km, 3132m ascent/2719m descent
- Uphill Only Race, 7.4km, 1020m ascent
- Classic Up-and-Down Race, 13.7km, 751m ascent/descent
- Junior (U20) Classic Up-and-Down Race, 6.7km, 374m ascent/descent

Travel arrangements from UK to Austria will be booked and funded by British Athletics. The British Athletics Domestic Assembly Policy will apply for these Championships.

Athletes not based in the UK will be required to cover the cost of their own travel to/from the UK (if travelling direct British Athletics will contribute the equivalent cost of a UK to Austria return flight).

For 2023, selected athletes will be required to make a personal contribution to compete at the World Mountain & Trail Running Championships.

All questions related to the selection policy should be directed to the Chairs of Selectors.

**Anne Buckley** ([annembuckley@yahoo.com](mailto:annembuckley@yahoo.com)) for Short Trail Race, Classic Up-and-Down Race, Uphill Only and Junior Races.

**Adrian Stott** ([taritstott@icloud.com](mailto:taritstott@icloud.com)) for Long Trail Race.

### 2. ELIGIBILITY

To be considered for selection, athletes must satisfy the following:

- Be eligible to compete for GB & NI (i.e. full British passport holder)
- Juniors (U20) are eligible for selection in this age group if they are born in 2004, 2005, 2006 and 2007
- Minimum age for the long and short trail event is 20 years on 31 December 2023
- Be registered as a member with the relevant Home Country Athletics Federation, directly or through a club
- Sign the British Athletics Team Members' Agreement ("TMA") and abide by its terms and conditions. Any athlete failing to do so prior to the first date of competition will



result in their selection being withdrawn. The current version of the TMA can be found online at [www.uka.org.uk/performance/british-athletics-teams-information/](http://www.uka.org.uk/performance/british-athletics-teams-information/)

### 3. QUALIFICATION

#### Long Trail Race

A top ten finish at the World Mountain and Trail Running Championship Long Trail Race on 4 November 2022 will guarantee automatic selection provided the athlete has proven form in 2023.

#### For all other selections the following apply:

- There will be no official trial for the Long Trail Race. Selection will be by "Performance Matrix"
- Athletes must show fitness and form in a race of a similar distance, terrain and elevation to the prospective championship course in Austria between 1 January 2022 and 12 March 2023. For clarity this must be a minimum of 60km with 3,000m elevation
- Athletes submitting long race performances prior to 1 January 2023 should also show evidence of current fitness prior to the selection date of 20 March 2023
- Performances in the Short Trail Races at the World Mountain and Trail Running Championship 2022 will also be taken into consideration if athletes have proven form over longer distances
- Athletes wishing to show fitness early in 2023 over the Long Trail distance were encouraged to compete at the Transgrancanaria 80km Advanced race in The Canaries on Saturday 25th February.
- Athletes must submit a note of interest to the Chair of Selectors before 20 March 2023
- Is deemed worthy of being considered due to their development potential

All athletes wishing to be considered for selection must let the Chair of Selectors Adrian Stott, at [taritstott@icloud.com](mailto:taritstott@icloud.com) know, to confirm their interest and to confirm in advance any potential target races will be suitable.

#### Short Trail Race

- A top ten finish at the World Mountain and Trail Running Championship Short Trail Race on 4 November 2022 will guarantee automatic selection

#### For all other selections the following apply:

**Trial Race 29 April 2023** in conjunction with the Three Peaks Race:  
<https://www.threepeaksrace.org/>

**Please enter the race via the event website before the closing date.** The organiser has reserved places for athletes wishing to compete at the trial event and be considered for selection – if the event fills up please contact Anne Buckley on [annembuckley@yahoo.com](mailto:annembuckley@yahoo.com)



### **Uphill Only Race**

**Trial Race 5 May 2023:** Skiddaw, Keswick. Updated information will be posted here, under the 'World Mountain and Trail Running Championship' tab:

<https://www.uka.org.uk/competition/running/mountain-running/>

### **Classic Up-and-Down Race**

**Trial Race 7 May 2023:** Sedbergh. Updated information will be posted here, under the 'World Mountain and Trail Running Championship' tab:

<https://www.uka.org.uk/competition/running/mountain-running/>

### **Junior (U20) Classic Up-and-Down Race:**

**Trial Race 6 May 2023:** Ambleside. Updated information will be posted here, under the 'World Mountain and Trail Running Championship' tab:

<https://www.uka.org.uk/competition/running/mountain-running/>

Any athlete who is unable to compete at the relevant Trial and wishes to be considered for selection should notify the relevant Chair of Selectors before 6 March 2023 for Long Trail Race, 28 April 2023 for the Short Trail Race and before 4 May for the Classic Up-and-Down and Uphill Only Trials.

Any athlete who has to withdraw from a Trial Race after these dates should inform the respective Chair of Selectors as soon as possible but before the respective trial race.

## **4. SELECTION PROCESS**

**The maximum number of athletes that may be selected for each event is six for the Long and Short Trail Races and four for the Uphill Only Race, the Classic Up-and-Down Race and the Junior Classic Up-and-Down Race. In each race three athletes are required to form a scoring team. For 2023, selection will be based on a maximum of four athletes for the Long and Short Trail Races.**

The team will be selected in four phases and additional places may be considered for previous events at both stages two and three.

- The first round of selections will be in **March 2023 for the Long Trail Race**
- The second round of selections will be in week commencing **30 April 2023 for the Short Trail Race**
- The third round of selections will be in week commencing **8 May 2023 for the Uphill Only Race, the Classic Up-and-Down Race and the Junior Classic Up-and-Down Race**
- The fourth round of selections will be in week commencing **8 May 2023** to fill any remaining places

### **Round one**

Initial selection for the Long Trail Race. If budget allows, up to 4 men and 4 women will be selected in this round, allowing maximum time to prepare for Austria. Athletes must meet the following selection criteria:

- Shown consistency of performances in races of similar distance, profile and terrain
- And
- Have the potential to challenge for an individual medal
- or



- Have the potential to form a medal-winning team
- or
- A top ten finish at the World Mountain and Trail Running Championship Short Trail Race on 4 November 2022 will guarantee automatic selection provided the athlete has previous form in longer races

### Round two

Following the Short Trial Race, at least the first two eligible men and women will be selected subject to them meeting the following selection criteria:

- Shown consistency of performances in races of similar distance, profile and terrain
- and
- Have the potential to challenge for an individual medal
- or
- Have the potential to form a medal-winning team
- or
- A top ten finish at the World Mountain and Trail Running Championship Long Trail Race on 4 November 2022 will guarantee automatic selection

If budget allows, further male and female athletes may be selected at this stage subject to them meeting the following selection criteria:

- Shown consistency of performances in races of similar distance, profile and terrain
- and
- Have the potential to challenge for an individual medal
- or
- Have the potential to form a medal-winning team alongside athletes selected via automatic qualifying places

### Round three

Following the Uphill Only Race, the Classic Up-and-Down Race and the Junior Classic Up-and-Down Race, at least the first two eligible men and women will be selected subject to them meeting the following selection criteria:

- Shown consistency of performances in races of similar distance, profile and terrain
- and
- Have the potential to challenge for an individual medal
- or
- Have the potential to form a medal-winning team

If budget allows, further male and female athletes may be selected at this stage subject to them meeting the following selection criteria:

- Shown consistency of performances in races of similar distance, profile and terrain
- and
- Have the potential to challenge for an individual medal
- or
- Have the potential to form a medal-winning team alongside athletes selected via automatic qualifying places





### Round four

The two selection panels will work together to fill any remaining places across the whole team according to the following criteria:

- Able to positively contribute to teams challenging for medals alongside athletes selected in rounds one to three

The Selection Panel for the Long Trail event is made up of the following:

Voting members

- Adrian Stott (Chair)
- Members of Ultra Running Advisory Group (URAG) and relevant experts
- Off-Track Events Administrator

Non-voting members

- Anne Buckley Mountain Running Advisory Group (MRAG)
- An athlete's representative from the Athletes Commission
- A member of the UKA Endurance Advisory Panel
- UKA Head of Performance Programme

Athletes must keep the chair of selectors Adrian Stott [taritstott@icloud.com](mailto:taritstott@icloud.com) up to date about their availability for these championships and of any relevant performances to be taken into account.

The Selection Panel for the Short Trail event is made up of the following

Voting members

- Anne Buckley (Chair)
- Members of MRAG
- Members of URAG
- Off-Track Events Administrator

Non-voting members

- An athlete's representative from the Athletes Commission
- A member of the UKA Endurance Advisory Panel
- UKA Head of Performance Programme

The Selection Panel for all other events is made up of the following

Voting members

- Anne Buckley (Chair)
- Members of MRAG
- Off-Track Events Administrator

Non-voting members

- An athlete's representative from the Athletes Commission
- Adrian Stott (URAG)
- A member of the UKA Endurance Advisory Panel
- UKA Head of Performance Programme

## 5. CONDITIONS

The Panel reserve the right to deselect athletes who:-



- Become unfit to compete (fitness tests may be requested)
- Do not follow the conditions of selection or who break any rules of UK Athletics

Final selection of all athletes is subject to agreement of the athlete's racing programme with the respective Chair of Selectors between the date of selection and the Championships.

## **6. APPEALS**

There shall be no right of appeal to the selection of the GB&NI Team made by the Panels. The provisions of the UK Athletics Selection and Nomination "Fast" Appeals Procedure do not apply to the GB&NI team selections for the 2023 World Mountain and Trail Running Championships.

## **7. AMENDMENT**

British Athletics reserves the right to amend this Selection Policy at its sole discretion and will make any amended version publicly available (including the date on which any amendment was made) at [www.britishathletics.org.uk](http://www.britishathletics.org.uk).