

Organised on behalf of British Athletics by the Mountain Running
Advisory Group Sub-Committee for domestic fell running championships
under UK Athletics rules and sponsored by Pete Bland Sports

Men's Open Championship

The following races will determine the 2023 Championship:
Short: Meall an t-Suidhe (1 July)

Medium: Mourne Marauder (25 March) Maesgwm Detour (5 August)
Long: Sedbergh Hills (20 August)

Runners must complete at least three races, one at each distance, to be ranked in the championship

	Any queries to Ian Hartman (iar	nh2512@hotmail.com)	
William Cartwright	Matlock Athletic Club	52	52
Alexander Chepelin	Carnethy Hill Racing Club	49	49
Ben Sharrock	Ambleside AC	48	48
Matthew Elkington	Ambleside AC	47	47
Finlay Grant	Dark Peak Fell Runners	46	46
Felix Wilson	Carnethy Hill Racing Club	45	45
Harry Bolton	Keswick AC	44	44
Kieran Cooper	Carnethy Hill Racing Club	43	43
Tom Saville	Dark Peak Fell Runners	42	42
Mark Lamb	Keswick AC	41	41
Steven Hebblethwaite	Keswick AC	40	40
Tom Wood	Eryri Harriers	39	39
Jack Wright	Ambleside AC	38	38
Alistair Thornton	Howgill Harriers	37	37
Eoin Lennon	Carnethy Hill Racing Club	36	36
Sam Stead	Keswick AC	35	35
Oscar Subuh-Symons	Ambleside AC	34	34
Luke Taylor	Highland Hill Runners	33	33
Andy Fallas	Carnethy Hill Racing Club	32	32
Karl Gray	Calder Valley Fell Runners	31	31
Matthew Atkinson	Keswick AC	30	30
Tom Haynes	Eryri Harriers	29	29
Thomas Callan	Westerlands Cross Country Club (Westies)	28	28
Jared Martin	Ballydrain Harriers	27	27
Sam Fisher	Howgill Harriers	26	26
Tim Lamont	Helm Hill Runners	25	25
Tom Simpson	Ambleside AC	24	24
Sam Burnstone	Helm Hill Runners	23	23
Kieran Hodgson	Helm Hill Runners	22	22
Harry Cooling	Howgill Harriers	21	21
Sean Leckey	Ambleside AC	20	20
Nicholas Peat	Helm Hill Runners	19	19
Charlie Lowther	Eden Runners	18	18
Jake Collier	Keswick AC	17	17
Harry Weatherill	Manx Fell Runners	16	16
Jonny Steede	Glens Runners	15	15
Kenny Richmond	Helm Hill Runners	14	14
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Shaun Godsman	Calder Valley Fell Runners	13		13
Joshua Mcatee	Mourne Runners	12		12
Pete Vale	Mercia Fell Runners	11		11
Laurence Baxter	Dark Peak Fell Runners	10		10
Jacob Tonkin	Keswick AC	9		9
John Marrs	Glens Runners	8		8
Thomas Priestley	Ambleside AC	7		7
Andrew Tees	BARF NI	6		6
Alex Whittem	Calder Valley Fell Runners	5		5
Matthew Allen	Black Combe Runners	4		4
Andrew Macdonald	& Fell Running Club	3		3
James Millar	Mourne Runners	2		2
Jack Mckenna	Carnethy Hill Racing Club	1		1
Ben Barker	Keswick AC	0		0
James Logue	Calder Valley Fell Runners	0		0
David Cope	Howgill Harriers	0		0
Gary McEvoy	Newcastle and District AC	0		0
Ethan Butler	Dark Peak Fell Runners	0		0
John McKee	Mourne Runners	0		0
Keith Johnston	Armagh AC	0		0
William Laye	Helm Hill Runners	0		0
Jack Foxall	Dark Peak Fell Runners	0		0
Gregory Munsch	Helm Hill Runners	0		0
Mark McElroy	Newry AC	0		0
Conor Morrow	Association	0		0
Stewart Whitlie	Carnethy Hill Racing Club	0		0
James Baron	Helm Hill Runners	0		0
Charlie Parkinson	Rossendale Harriers & AC	0		0
Simon Mills	Dark Peak Fell Runners	0		0
Lorcan Vallely	Armagh AC	0		0
Ross Spalding	Ochil Hill Runners	0		0
Ciaran Goss	Roadrunners A.C.	0		0
Ronan Davison-Kernan	BARF NI	0		0
Gavin Lloyd	Black Combe Runners	0		0
Nicholas Barber	Helm Hill Runners	0		0
Tim Werrett	Dark Peak Fell Runners	0		0
Conor Duffy	Newcastle and District AC	0		0
David Brigham	Keswick AC	0		0
Ed Gamble	Cheshire Hill Racers	0		0
Neil Brogan	Manx Fell Runners	0		0
Niall Wheeler	Glens Runners	0		0
	Newcastle and District AC	0		0
Michael McGreevy	Helm Hill Runners	0		0
Mark Brightwell	Rossendale Harriers & AC	0		0
Craig Stansfield	BARF NI			
William Imrie	North Down AC	0		0
		 11		0
David McKeague				
Richard Hanna Virgil Barton	Mourne Runners Calder Valley Fell Runners	0		0

	II. J. B. I II. II.	I	ı	
Steve Rhodes	Hyde Park Harriers	0		0
David Griffin	Helm Hill Runners	0		0
Tony Bolton	Northern Fells Running Club	0		0
Alistair Hearn	Helm Hill Runners	0		0
Graham Pilling	Pudsey & Bramley AC	0		0
Dale Mathers	Mourne Runners	0		0
Dylan Lewis Jones	Eryri Harriers	0		0
Dave Parton	Rochdale Harriers & AC	0		0
Dan Taylor	Todmorden Harriers	0		0
Adrian Davis	Lomond Hill Runners & AAC	0		0
Roger Aiken	Dromore AC	0		0
Sam Herron	Mourne Runners	0		0
	Mercia Fell Runners	0		0
Mark Agnew	Helm Hill Runners	0		0
John Bagge	Eryri Harriers	0		0
Owain Hunt Williams				
Peter Tees	Springwell Running Club Cheshire Hill Racers	0		0
Brian Hickey	Newcastle and District AC	0		0
Ryan Mcdonald	_	0		0
Ian Rainey	Association North Down AC	0		0
Mark Weir	NORTH DOWN AC	0		0
David Smyth	NI Masters Athletic Association	0		0
Ally MacDonald	Morpeth Harriers & AC	0		0
Rick McKee	Mourne Runners	0		0
Dominic Mcgreevy	Manx Fell Runners	0		0
Dominic McGreevy	NEWcastle and District AC NEMOUNTAIN KUNNING	0		0
Ivan Millar	Association	0		0
Clive Allen	Helm Hill Runners	0		0
Michael Flynn	Newcastle and District AC	0		0
Duncan Millar	Ballymena Runners	0		0
Edward Box	Ambleside AC	0		0
Andrew Willis	Jog Lisburn Running Club	0		0
Seren Darrell	Helm Hill Runners	0		0
Mark Dugan	Ballydrain Harriers	0		0
Dave Keeling	Cheshire Hill Racers	0		0
Rob Munn-Bookless	North Down AC	0		0
Tim Lowry	Ballymena Runners	0		0
Neil McLure	Carnegie Harriers	0		0
Steve Wathall	Black Combe Runners	0		0
Graham Hill	Ballydrain Harriers	0		0
Noel Carr	Newry AC	0		0
Alan Magee	Jog Lisburn Running Club	0		0
Michael James Welsh	Newry AC	0		0
Gordie Taylor	Highland Hill Runners	0		0
Ronan Mynes	Newry AC	0		0
Tom Mcgaff	Cheshire Hill Racers	0		0
Jon Bale	Cheshire Hill Racers	0		0
Russell Cannon	Helm Hill Runners	0		0
Darren Hamill	UKRunChat Running Club	0		0

Horace de Courcy-Wheeler
Keith G Holmes
Simon Fell
Andrew Mc Gibbon
James McLornan
Andy Watts
James Rafferty
Wilson McAlister
Clarke Campbell
Andrew Mott
Michael Welsh
Stephen McBride
Andrew Butcher
Conor Duffy

Dromore AC	0		0
Dark Peak Fell Runners	0		0
Jog Lisburn Running Club	0		0
BARF NI	0		0
Ballymena Runners	0		0
Cheshire Hill Racers	0		0
Keswick AC	0		0
Jog Moira	0		0
BARF NI	0		0
Westerlands Cross Country Club (Westies)	0		0
Newry AC	0		0
BARF NI	0		0
Keswick AC	0		0
NI Mountain Running Association	0		0



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Men's U23 Championship

The following races will determine the 2023 Championship :
Short: Meall an t-Suidhe (1 July)

Medium: Mourne Marauder (25 March) Maesgwm Detour (5 August)

Long: Sedbergh Hills (20 August)

Runners must complete at least three races, one at each distance, to be ranked in the championship

Ben Sharrock	Ambleside AC	12	12
Finlay Grant	Dark Peak Fell Runners	9	9
Felix Wilson	Carnethy Hill Racing Club	8	8
Kieran Cooper	Carnethy Hill Racing Club	7	7
Tom Wood	Eryri Harriers	6	6
Jared Martin	Ballydrain Harriers	5	5
Nicholas Peat	Helm Hill Runners	4	4
Jake Collier	Keswick AC	3	3
Andrew Macdonald	Sheffield University Orienteering & Fell Running Club	2	2
Charlie Parkinson	Rossendale Harriers & AC	1	1
Ciaran Goss	Roadrunners A.C.	0	0
Michael James Welsh	Newry AC	0	0



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Advisory Group Sub-Committee for domestic fell running championships

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Men's V40 Championship

The following races will determine the 2023 Championship : Short: Meall an t-Suidhe (1 July)

Medium: Mourne Marauder (25 March) Maesgwm Detour (5 August) Long: Sedbergh Hills (20 August)

Runners must complete at least three races, one at each distance, to be ranked in the championship

Steven Hebblethwaite	Keswick AC	42		42
Andy Fallas	Carnethy Hill Racing Club	39		39
Karl Gray	Calder Valley Fell Runners	38		38
Kieran Hodgson	Helm Hill Runners	37		37
Charlie Lowther	Eden Runners	36		36
Jonny Steede	Glens Runners	35		35
Kenny Richmond	Helm Hill Runners	34		34
Shaun Godsman	Calder Valley Fell Runners	33		33
Pete Vale	Mercia Fell Runners	32		32
John Marrs	Glens Runners	31		31
Andrew Tees	BARF NI	30		30
Alex Whittem	Calder Valley Fell Runners	29		29
James Logue	Calder Valley Fell Runners	28		28
Gary McEvoy	Newcastle and District AC	27		27
Jack Foxall	Dark Peak Fell Runners	26		26
Mark McElroy	Newry AC	25		25
Stewart Whitlie	Carnethy Hill Racing Club	24		24
James Baron	Helm Hill Runners	23		23
Simon Mills	Dark Peak Fell Runners	22		22
Lorcan Vallely	Armagh AC	21		21
Tim Werrett	Dark Peak Fell Runners	20		20
Ed Gamble	Cheshire Hill Racers	19		19
Neil Brogan	Manx Fell Runners	18		18
Niall Wheeler	Glens Runners	17		17
Mark Brightwell	Helm Hill Runners	16		16
Craig Stansfield	Rossendale Harriers & AC	15		15
David McKeague	North Down AC	14		14
Virgil Barton	Calder Valley Fell Runners	13		13
Steve Rhodes	Hyde Park Harriers	12		12
David Griffin	Helm Hill Runners	11		11
Tony Bolton	Northern Fells Running Club	10		10
Alistair Hearn	Helm Hill Runners	9		9
Graham Pilling	Pudsey & Bramley AC	8		8
Dale Mathers	Mourne Runners	7		7
Dan Taylor	Todmorden Harriers	6		6
Adrian Davis	Lomond Hill Runners & AAC	5		5
Roger Aiken	Dromore AC	4		4
Sam Herron	Mourne Runners	3		3

	Morein Foll Dunners	_		_
Mark Agnew	Mercia Fell Runners	2		2
John Bagge	Helm Hill Runners	1		1
Brian Hickey	Cheshire Hill Racers	0		0
Ryan Mcdonald	Newcastle and District AC	0		0
Ian Rainey	NI Mountain Running Association	0		0
Mark Weir	North Down AC	0		0
Ally MacDonald	Morpeth Harriers & AC	0		0
Rick McKee	Mourne Runners	0		0
Dominic Mcgreevy	Manx Fell Runners	0		0
Dominic McGreevy	Newcastle and District AC	0		0
Ivan Millar	NI Mountain Running Association	0		0
Clive Allen	Helm Hill Runners	0		0
Michael Flynn	Newcastle and District AC	0		0
, Duncan Millar	Ballymena Runners	0		0
Edward Box	Ambleside AC	0		0
Andrew Willis	Jog Lisburn Running Club	0		0
Mark Dugan	Ballydrain Harriers	0		0
Dave Keeling	Cheshire Hill Racers	0		0
Rob Munn-Bookless	North Down AC	0		0
Tim Lowry	Ballymena Runners	0		0
Neil McLure	Carnegie Harriers	0		0
Steve Wathall	Black Combe Runners	0		0
Graham Hill	Ballydrain Harriers	0		0
Noel Carr	Newry AC	0		0
Alan Magee	Jog Lisburn Running Club	0		0
Gordie Taylor	Highland Hill Runners	0		0
Ronan Mynes	Newry AC	0		0
Tom Mcgaff	Cheshire Hill Racers	0		0
Jon Bale	Cheshire Hill Racers	0		0
Russell Cannon	Helm Hill Runners	0		0
Horace de Courcy-Wheeler	Dromore AC	0		0
Keith G Holmes	Dark Peak Fell Runners	0		0
Simon Fell	Jog Lisburn Running Club	0		0
Andrew Mc Gibbon	BARF NI	0		0
James McLornan	Ballymena Runners	0		0
Andy Watts	Cheshire Hill Racers	0		0
Wilson McAlister	Jog Moira	0		0
Clarke Campbell	BARF NI	0		0
Andrew Mott	Westerlands Cross Country Club	0		0
Michael Welsh	(Westies) Newry AC	0		0
Andrew Butcher	Keswick AC	0		0
Anulew Dulchel		U		U



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Men's V50 Championship

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Long: Sedbergh Hills (20 August)

Runners must complete at least three races, one at each distance, to be ranked in the championship

	Any queries to Ian Hart	man (lann251	.2@notmail.d	com)	
Karl Gray	Calder Valley Fell Runners		32		32
Kenny Richmond	Helm Hill Runners		29		29
Shaun Godsman	Calder Valley Fell Runners		28		28
Pete Vale	Mercia Fell Runners		27		27
James Logue	Calder Valley Fell Runners		26		26
Stewart Whitlie	Carnethy Hill Racing Club		25		25
James Baron	Helm Hill Runners		24		24
Tim Werrett	Dark Peak Fell Runners		23		23
Ed Gamble	Cheshire Hill Racers		22		22
Craig Stansfield	Rossendale Harriers & AC		21		21
Virgil Barton	Calder Valley Fell Runners		20		20
Steve Rhodes	Hyde Park Harriers		19		19
David Griffin	Helm Hill Runners		18		18
Tony Bolton	Northern Fells Running Club		17		17
Alistair Hearn	Helm Hill Runners		16		16
Dale Mathers	Mourne Runners		15		15
Adrian Davis	Lomond Hill Runners & AAC		14		14
Mark Agnew	Mercia Fell Runners		13		13
John Bagge	Helm Hill Runners		12		12
Brian Hickey	Cheshire Hill Racers		11		11
Mark Weir	North Down AC		10		10
Ally MacDonald	Morpeth Harriers & AC		9		9
Rick McKee	Mourne Runners		8		8
Dominic McGreevy	Newcastle and District AC		7		7
Ivan Millar	NI Mountain Kunning Association		6		6
Clive Allen	Helm Hill Runners		5		5
Andrew Willis	Jog Lisburn Running Club		4		4
Mark Dugan	Ballydrain Harriers		3		3
Dave Keeling	Cheshire Hill Racers		2		2
Neil McLure	Carnegie Harriers		1		1
Steve Wathall	Black Combe Runners		0		0
Graham Hill	Ballydrain Harriers		0		0
Alan Magee	Jog Lisburn Running Club		0		0
Gordie Taylor	Highland Hill Runners		0		0
Ronan Mynes	Newry AC		0		0
Tom Mcgaff	Cheshire Hill Racers		0		0
Jon Bale	Cheshire Hill Racers		0		0

Russell Cannon
Horace de Courcy-Wheeler
Keith G Holmes
Andrew Mc Gibbon
Andy Watts
Wilson McAlister
Clarke Campbell
Michael Welsh
Andrew Butcher

Helm Hill Runners	0		0
Dromore AC	0		0
Dark Peak Fell Runners	0		0
BARF NI	0		0
Cheshire Hill Racers	0		0
Jog Moira	0		0
BARF NI	0		0
Newry AC	0		0
Keswick AC	0		0



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Men's V60 Championship

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Runners must complete at least three races, one at each distance, to be ranked in the championship

Stewart Whitlie
Steve Rhodes
David Griffin
Tony Bolton
Adrian Davis
John Bagge
Brian Hickey
Dominic McGreevy
Dave Keeling
Steve Wathall
Gordie Taylor
Tom Mcgaff
Jon Bale
Russell Cannon
Horace de Courcy-Wheeler
Keith G Holmes
Andy Watts
Wilson McAlister

Any queries to 1an Hartman (ianh2512@hotmail.com)						
Carnethy Hill Racing Club	22		22			
Hyde Park Harriers	19		19			
Helm Hill Runners	18		18			
Northern Fells Running Club	17		17			
Lomond Hill Runners & AAC	16		16			
Helm Hill Runners	15		15			
Cheshire Hill Racers	14		14			
Newcastle and District AC	13		13			
Cheshire Hill Racers	12		12			
Black Combe Runners	11		11			
Highland Hill Runners	10		10			
Cheshire Hill Racers	9		9			
Cheshire Hill Racers	8		8			
Helm Hill Runners	7		7			
Dromore AC	6		6			
Dark Peak Fell Runners	5		5			
Cheshire Hill Racers	4		4			
Jog Moira	3		3			



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Women's Open Championship

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Medium: Mourne Marauder (25 March) Maesgwm Detour (5 August)
Long: Sedbergh Hills (20 August)

Runners must complete at least three races, one at each distance, to be ranked in the championship

Naomi Lang	Nichola Jackson	Keswick AC	32	J,	32
Hannah Russell Helm Hill Runners 28 28 28 28 32 32 32 32		Carnethy Hill Racing Club	+		
Sara Willholt	-				
Antonia Fan Ambiesida AC Alice Flint Coventry Godwa Harriers 25 25 25 25 25 25 25 25 25 25 25 25 25		Mercia Fell Runners			
Alice Flint Coventry Godiva Harriers 25 25 Bryony Halcrow Ambieside AC 24 24 Sarah Hodgson Carnethy Hill Racing Club 23 23 Esther Dickson Newry AC 22 22 Katla Reynolds Eryri Harriers 21 21 Sarah Murtagh Hiem Hill Runners 20 20 Mel Price Mercia Fell Runners 19 19 Lizzie Richardson Eryri Harriers 18 18 Blanca Dyer Helm Hill Runners 17 17 Beth Hanson Ambleside AC 16 16 Caroline Marwick Highland Hill Runners 15 15 Suzie Richards Eryri Harriers 14 14 Rhian Probert Mynydd Du Mountain Runners 13 13 Katie Lord Ambeside AC 12 12 Helen Fallas Carnethy Hill Racing Club 111 111 Catriona MacDonald Bellahouston Road Runners 10 10 Martyje		Ambleside AC			
Bryony Halcrow Ambleside AC 24 24 24 24 24 24 24 2		Coventry Godiva Harriers			
Sarah Hodgson Camethy Hill Racing Club 23 23 Esther Dickson Newry AC 22 22 Katie Reynolds Eryri Harriers 21 21 Sarah Murtagh Helm Hill Runners 20 20 Mel Price Mercia Fell Runners 19 19 Lizzie Richardson Eryri Harriers 18 18 Bianca Dyer Helm Hill Runners 17 17 Beth Hanson Amblessde AC 16 16 Caroline Marwick Highland Hill Runners 15 15 Suzie Richards Eryri Harriers 14 14 Katie Lord Highland Hill Runners 13 13 Katie Lord Amblessde AC 12 12 Katie Lord Amblessde AC 12 12 Helen Fallas Carnethy Hill Racing Club 11 11 Catriona MacDonald Beliahouston Road Runners 10 10 Martsje Hell North Selfast Harriers 9 9 9 Rache					
Esther Dickson Newry AC 22 22 Katie Reynolds Eryri Harriers 21 21 Sarah Murtagh Helm Hill Runners 20 20 Mel Price Mercia Fell Runners 19 19 Lizzie Richardson Eryri Harriers 18 18 Bianca Dyer Helm Hill Runners 17 17 Beth Hanson Ambleside AC 16 16 Caroline Marwick Highland Hill Runners 15 15 Suzie Richards Eryri Harriers 14 14 Rhian Probert Mynydd Du Mountain Runners 13 13 Katie Lord Ambleside AC 12 12 Helen Fallas Carnethy Hill Racing Club 11 11 Catriona MacDonald Bellahouston Road Runners 10 10 Martisje Hell North Beffast Harriers 9 9 9 Rachel Pilling Pudsey & Bramley AC 8 8 8 Nicola Richards Mercia Fell Runners 7 7		Carnethy Hill Racing Club			
Katie Reynolds Eryt Harriers 21 21 Sarah Murtagh Heim Hill Runners 20 20 Mel Price Mercla Fell Runners 19 19 Lizzie Richardson Eryt Harriers 18 18 Bianca Dyer Helm Hill Runners 17 17 Beth Hanson Ambleside AC 16 16 16 Caroline Marwick Highland Hill Runners 15 15 15 Suzie Richards Eryr Harriers 14 14 14 Rhian Probert Mynydd Du Mountain Runners 13 13 13 Katie Lord Ambleside AC 12 12 12 Helen Fallas Carnethy Hill Racing Club 11 11 11 Catriona MacDonald Bellahouston Road Runners 10 10 10 Martsje Hell North Belfast Harriers 9 9 9 9 Rachel Pilling Pudsey & Brambey AC 8 8 8 8 Nicola Richards Mercia Fel	_	Newry AC			
Sarah Murtagh Helm Hill Runners 20 20 20					
Mel Price Mercia Feli Runners 19 19 Lizzie Richardson Eryri Harriers 18 18 Bianca Dyer Helm Hill Runners 17 17 Beth Hanson Ambleside AC 16 16 Caroline Marwick Highland Hill Runners 15 15 Suzie Richards Eryri Harriers 14 14 Rhian Probert Mynydd Du Mountain Runners 13 13 Katie Lord Ambleside AC 12 12 Helen Fallas Carmethy Hill Racing Club 11 11 Catriona MacDonald Bellahouston Road Runners 10 10 Martsje Hell North Belfast Harriers 9 9 9 Rachel Pilling Pudsey & Branley AC 8 8 8 Marcia Fell Runners 9 9 9 Rachel Pilling Mercia Fell Runners 7 7 7 Lily Higgins Ambleside AC 8 8 8 Bernadette O'kane Springwell Running Club		Helm Hill Runners	+		
Lizzie Richardson Eryri Harriers 18	•	Mercia Fell Runners	+		
Bianca Dyer Helm Hill Runners 17 17 Beth Hanson Ambleside AC 16 16 Caroline Marwick Highland Hill Runners 15 15 Suzie Richards Eryri Harriers 14 14 Rhian Probert Mynydd Du Mountain Runners 13 13 Katie Lord Ambleside AC 12 12 Helen Fallas Carnethy Hill Racing Club 11 11 Catriona MacDonald Bellahouston Road Runners 10 10 Martsje Hell North Belfast Harriers 9 9 Rachel Pilling Pudsey & Bramley AC 8 8 Rachel Pilling Pudsey & Bramley AC 8 8 Nicola Richards Mercia Fell Runners 7 7 Lily Higgins Ambleside AC 6 6 Bernadette O'kane Springwell Running Club 5 5 Deborah Gowans Todmorden Harriers 4 4 4 Finty Royle Athieltes Club 3 3 3		Eryri Harriers	18		18
Beth Hanson Ambleside AC 16 16 Caroline Marwick Highland Hill Runners 15 15 Suzie Richards Eryri Harriers 14 14 Rhian Probert Mynydd Du Mountain Runners 13 13 Katie Lord Ambleside AC 12 12 Helen Fallas Carnethy Hill Racing Club 11 11 Catriona MacDonald Bellahouston Road Runners 10 10 Martsje Hell North Belfast Harriers 9 9 Rachel Pilling Pudsey & Bramley AC 8 8 Nicola Richards Mercia Fell Runners 7 7 Lily Higgins Ambleside AC 6 6 Bernadette O'Kane Springwell Running Club 5 5 Deborah Gowans Todmorden Harriers 4 4 Finty Royle Athletics Club 3 3 Stefanie Ervine Keswick AC 2 2 Alice Rea Helm Hill Runners 1 1 Alice Gamble		Helm Hill Runners	17		17
Suzie Richards Eryri Harriers 14 14 Rhian Probert Mynydd Du Mountain Runners 13 13 Katie Lord Ambleside AC 12 12 Helen Fallas Carnethy Hill Racing Club 11 11 Catriona MacDonald Bellahouston Road Runners 10 10 Martsje Hell North Belfast Harriers 9 9 Rachel Pilling Pudsey & Bramley AC 8 8 Rachel Pilling Mercia Fell Runners 7 7 Rich Jerich Mercia Fell Runners 7 7 Lily Higgins Ambleside AC 6 6 Bernadette O'kane Springwell Running Club 5 5 Deborah Gowans Todmorden Harriers 4 4 Finty Royle Athletics Club 3 3 Stefanie Ervine Keswick AC 2 2 Alice Rea Helm Hill Runners 1 1 Bethan Nadin Dark Peak Fell Running Club 0 0 Ni Mountain Run	,	Ambleside AC	16		16
Rhian Probert Mynydd Du Mountain Runners 13	Caroline Marwick	Highland Hill Runners	15		15
Rhian Probert Katie Lord Ambleside AC 12 12 12 Helen Fallas Carnethy Hill Racing Club 11 11 Catriona MacDonald Bellahouston Road Runners 10 10 Martsje Hell North Belfast Harriers 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	Suzie Richards	Eryri Harriers	14		14
Helen Fallas Carrethy Hill Racing Club Latriona MacDonald Martsje Hell North Belfast Harriers Pudsey & Bramley AC Rachel Pilling Rachel Pilling Rachel Pilling Ricola Richards Nicola Richards Ricola Richards Roria Fell Runners Roria Fell Runn	Rhian Probert	Mynydd Du Mountain Runners	13		13
Catriona MacDonald Martsje Hell North Belfast Harriers 9 Rachel Pilling Rudsey & Bramley AC 8 Nicola Richards Mercia Fell Runners 7 Lily Higgins Ambleside AC Bernadette O'kane Deborah Gowans Todmorden Harriers 4 Lancaster University Running & 3 Athletics Club Stefanie Ervine Alice Rea Bethan Nadin Bellahouston Road Runners 10 10 10 10 10 10 10 10 10 1	Katie Lord	Ambleside AC	12		12
Martsje Hell North Belfast Harriers 9 9 8 Rachel Pilling Pudsey & Bramley AC 8 Nicola Richards Nicola Richards Nercia Fell Runners 7 7 7 Lily Higgins Ambleside AC 6 Bernadette O'kane Springwell Running Club 5 Deborah Gowans Todmorden Harriers 4 Lancaster University Running & Athletics Club Stefanie Ervine Alice Rea Helm Hill Runners 1 1 1 1 8 Bethan Nadin Dark Peak Fell Runners O Sheffield University Orienteering & Fell Running Club NI Mountain Kunning Association O Amanda Perry Aileen Munsch Helm Hill Runners O O O Attack Todmorden Harriers A A A A A A A A A A A A A A	Helen Fallas	Carnethy Hill Racing Club	11		11
Rachel Pilling Rachel Pilling Nicola Richards Mercia Fell Runners 7 7 7 Lily Higgins Ambleside AC 6 Bernadette O'kane Deborah Gowans Todmorden Harriers Lancaster University Running & Athletics Club Keswick AC Alice Rea Bethan Nadin Dark Peak Fell Runners Dark Peak Fell Runners O Sheffield University Orienteering Alice Gamble Kerri Munn-Bookless Association Alice Helm Hill Runners D Allice Helm Hill Runners D Allice Gamble Rerri Munn-Bookless Association O Allice Fell Runners D Allice Gamble Rerri Munn-Bookless Association O Allice Fell Runners D Allice Gamble Rerri Munn-Bookless Association O Allice Fell Runners O O O O Allice Fell Runners O O O O O Allice Fell Runners O O O O O O O O O O O O O O O O O O O	Catriona MacDonald	Bellahouston Road Runners	10		10
Nicola Richards Mercia Fell Runners Ambleside AC Ambleside AC Ambleside AC Bernadette O'kane Deborah Gowans Finty Royle Stefanie Ervine Alice Rea Bethan Nadin Alice Gamble Kerri Munn-Bookless Amanda Perry Alleen Munsch Mercia Fell Runners 7 7 6 6 6 6 6 7 7 7 7 7 7	Martsje Hell	North Belfast Harriers	9		9
Lily Higgins Ambleside AC Am	Rachel Pilling	Pudsey & Bramley AC	8		8
Bernadette O'kane Deborah Gowans Todmorden Harriers 4 4 4 5 Finty Royle Athletics Club Keswick AC Alice Rea Bethan Nadin Alice Gamble Alice Gamble Kerri Munn-Bookless Amanda Perry Aileen Munsch Alice In Munsch Alice Gamble Alice Rea Bethan Nadin Springwell Running Club 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 6 7 7 7 8 7 8 8 8 8 8 8 8 8 8 8 8 8 8 8	Nicola Richards	Mercia Fell Runners	7		7
Deborah Gowans Todmorden Harriers Lancaster University Running & 3 Athletics Club Keswick AC Alice Rea Helm Hill Runners Dark Peak Fell Runners O Sheffield University Orienteering Alice Gamble Kerri Munn-Bookless Association Amanda Perry Aileen Munsch Athletics Club Athletics Club Keswick AC Dark Peak Fell Running & 2 Dark Peak Fell Runners O O O Athletics Club Athletics Clu	Lily Higgins	Ambleside AC	6		6
Finty Royle Lancaster University Running & 3 Stefanie Ervine Alice Rea Helm Hill Runners Dark Peak Fell Runners O Sheffield University Orienteering Alice Gamble Kerri Munn-Bookless Association Amanda Perry Alleen Munsch Lancaster University Running & 3 Athletics Club Keswick AC Dark Peak Fell Runners O O O O Athletics Club Ath	Bernadette O'kane	Springwell Running Club	5		5
Finty Royle Stefanie Ervine Keswick AC Alice Rea Helm Hill Runners Dark Peak Fell Runners O Sheffield University Orienteering Alice Gamble Kerri Munn-Bookless Association Amanda Perry Aileen Munsch Athletics Club Keswick AC 2 2 1 0 0 0 0 0 0 0 0 0 0 0 0	Deborah Gowans	Todmorden Harriers	4		4
Stefanie Ervine Alice Rea Helm Hill Runners 1 Bethan Nadin Dark Peak Fell Runners 0 Sheffield University Orienteering Alice Gamble Kerri Munn-Bookless Association Amanda Perry Aileen Munsch Keswick AC 2 1 0 0 0 0 0 0 0 0 0 0 0 0	Finty Royle		3		3
Bethan Nadin Dark Peak Fell Runners 0 Sheffield University Orienteering Alice Gamble Rerri Munn-Bookless Association Amanda Perry Aileen Munsch Dark Peak Fell Runners 0 0 0 0 0 0 0 0 0 0 0 0 0	Stefanie Ervine		2		2
Sheffield University Orienteering Alice Gamble Rerri Munn-Bookless Association Amanda Perry Ballydrain Harriers D Helm Hill Runners D Association O Analogous D Helm Hill Runners O Association O Association O Analogous D Helm Hill Runners O Association O Association O Analogous D Helm Hill Runners O Association O Association O Association O Association O Analogous D Helm Hill Runners O Association O Assoc	Alice Rea	Helm Hill Runners	1		1
Alice Gamble Rerri Munn-Bookless Association Amanda Perry Aileen Munsch Association Ballydrain Harriers D D D D D D D D D D D D D	Bethan Nadin	Dark Peak Fell Runners	0		0
Kerri Munn-Bookless Association 0 0 Amanda Perry Ballydrain Harriers 0 0 Aileen Munsch Helm Hill Runners 0 0	Alice Gamble	& Fell Running Club	0		0
Amanda Perry Aileen Munsch Ballydrain Harriers 0 0 0 10 Marie Fell Burgarer	Kerri Munn-Bookless	3	0		0
Aileen Munsch Helm Hill Runners 0 0		Ballydrain Harriers	0		0
Marrie Fell Durante		Helm Hill Runners	0		0
	Josie Lloyd	Mercia Fell Runners			

Aritri Mandal	Dark Peak Fell Runners	0		0
Jodie Adamson	Calder Valley Fell Runners	0		0
Hazel McLaughlin	Lagan Valley AC	0		0
Ruth Bell	Helm Hill Runners	0		0
Kerry Cornforth	Keswick AC	0		0
Rebecca Magee	Newcastle and District AC	0		0
Louise Beetlestone	Eryri Harriers	0		0
Jo Wilcox	Helm Hill Runners	0		0
Shirley Farnan	BARF NI	0		0
Debbie Mingout	Ballydrain Harriers	0		0
Adele Tomb	Springwell Running Club	0		0
Sinead-Marie Mcallister	Larne AC	0		0
Anne Sandford	Mourne Runners	0		0
Denise Tunstall	Durham Fell Runners	0		0
Rachel Wallace	Newcastle and District AC	0		0
Kathleen Monteverde	BARF NI	0		0
Jurgita Mccormick	Dromore AC	0		0
Carolyn Crawford	Springwell Running Club	0		0



Organised on behalf of British Athletics by the Mountain Running

Advisory Group Sub-Committee for domestic fell running championships

under UK Athletics rules and sponsored by Pete Bland Sports

Women's U23 Championship

The following races will determine the 2023 Championship : Short: Meall an t-Suidhe (1 July)

Medium: Mourne Marauder (25 March) Maesgwm Detour (5 August)

Long: Sedbergh Hills (20 August)

Runners must complete at least three races, one at each distance, to be ranked in the championship

Lily Higgins	Ambleside AC	12		12
Finty Royle	Lancaster University Running & Athletics Club	9		9
Alice Gamble	Orienteering & Fell Running Club	8		8
Rebecca Magee	Newcastle and District AC	7		7



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Women's V40 Championship

The following races will determine the 2023 Championship:
Short: Meall an t-Suidhe (1 July)

Medium: Mourne Marauder (25 March) Maesgwm Detour (5 August)

Long: Sedbergh Hills (20 August)

Runners must complete at least three races, one at each distance, to be ranked in the championship

Mel Price	Mercia Fell Runners	22		22
Bianca Dyer	Helm Hill Runners	19		19
Rhian Probert	Mynydd Du Mountain Runners	18		18
Rachel Pilling	Pudsey & Bramley AC	17		17
Nicola Richards	Mercia Fell Runners	16		16
Deborah Gowans	Todmorden Harriers	15		15
Kerri Munn-Bookless	NI Mountain Running Association	14		14
Amanda Perry	Ballydrain Harriers	13		13
Jodie Adamson	Calder Valley Fell Runners	12		12
Hazel McLaughlin	Lagan Valley AC	11		11
Kerry Cornforth	Keswick AC	10		10
Louise Beetlestone	Eryri Harriers	9		9
Jo Wilcox	Helm Hill Runners	8		8
Shirley Farnan	BARF NI	7		7
Debbie Mingout	Ballydrain Harriers	6		6
Adele Tomb	Springwell Running Club	5		5
Anne Sandford	Mourne Runners	4		4
Denise Tunstall	Durham Fell Runners	3		3
Kathleen Monteverde	BARF NI	2		2
Jurgita Mccormick	Dromore AC	1		1
Carolyn Crawford	Springwell Running Club	0		0



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Women's V50 Championship

The following races will determine the 2023 Championship :
Short: Meall an t-Suidhe (1 July)

Medium: Mourne Marauder (25 March) Maesgwm Detour (5 August)

Long: Sedbergh Hills (20 August)

Runners must complete at least three races, one at each distance, to be ranked in the championship

Mel Price
Rhian Probert
Deborah Gowans
Amanda Perry
Kerry Cornforth
Jo Wilcox
Shirley Farnan
Adele Tomb
Anne Sandford
Denise Tunstall
Kathleen Monteverde

Any queries to Ian Hartman (ianh2512@hotmail.com)						
Mercia Fell Runners		12			12	
Mynydd Du Mountain Runners		9			9	
Todmorden Harriers		8			8	
Ballydrain Harriers		7			7	
Keswick AC		6			6	
Helm Hill Runners		5			5	
BARF NI		4			4	
Springwell Running Club		3			3	
Mourne Runners		2			2	
Durham Fell Runners		1			1	
BARF NI		0			0	