



Uphill Only Trial for the World Mountain & Trail Running Championships Friday 5 May 2023, Dodd Wood 6.4km with 905m ascent

Women's Results

Position	Time	Name	Class	Club
1	00:45:20	Sara Willhoit	FSen	Mercia Fell Runners
2	00:45:51	Phillipa Williams	FSen	Dark Peak Fell Runners
3	00:47:12	Kate Avery	FSen	Shildon AC
4	00:47:44	Ruth Jones	FSen	Salford Harriers & AC
5	00:47:58	Kirsty Dickson	FSen	Carnethy Hill Racing Club
6	00:49:09	Holly Page	FU23	Carnethy Hill Racing Club
7	00:49:48	Caroline Lambert	FSen	Middlesbrough Athletic Club (Mandale)
8	00:51:32	Ellen Weir	FU23	Thames Hare and Hounds
9	00:53:48	Betty Bergstrand	FU23	Middlesbrough Athletic Club (Mandale)
10	00:54:29	Katie Lord	FSen	Ambleside AC
11	00:54:37	Celia Powell	FSen	Ambleside AC
12	00:55:47	Chloe Leather	FU23	Liverpool Pembroke & Sefton H AC
13	00:58:50	Finty Royle	FU23	Lancaster University
14	01:02:37	Kitty Shepherd-Cross	FU23	MKDP