

# BRITISH ATHLETICS HILL & FELL RUNNING CHAMPIONSHIPS 2023



*Organised on behalf of British Athletics by the Mountain Running  
Advisory Group Sub-Committee for domestic fell running championships  
under UK Athletics rules and sponsored by Pete Bland Sports*

## Male Championship

The following races will determine the 2023 Championship :

**Short: Meall an t-Suidhe (1 July)**

**Medium: Mourne Marauder (25 March) Maesgwm Detour (5 August)**

**Long: Sedbergh Hills (20 August)**

Runners must complete at least three races, one at each distance, to be ranked in the championship

Any queries to Ian Hartman ([ianh2512@hotmail.com](mailto:ianh2512@hotmail.com))

Name	Club	Meall an t-Suidhe	Mourne Marauder	Maesgwm Detour	Sedbergh Hills	Total
William Cartwright	Matlock Athletic Club	47	52	49	52	151
Ben Sharrock	Ambleside AC	41	48		44	133
Matthew Elkington	Ambleside AC	43	47		42	132
Mark Lamb	Keswick AC	37	41	46	36	119
Felix Wilson	Carnethy Hill Racing Club	32	45		38	115
Rob Jebb	Helm Hill Runners	34		39	41	114
Sam Holding	Cumberland Fell Runners	30		44	40	114
Steven Hebblethwaite	Keswick AC	36	40	43	34	113
Alistair Thornton	Howgill Harriers	35	37		28	100
Tom Saville	Dark Peak Fell Runners	27	42	45	25	97
Matthew Atkinson	Keswick AC	28	30		32	90
Andy Fallas	Carnethy Hill Racing Club	24	32		29	85
Alex Mason	Dark Peak Fell Runners	26		40	0	66
Harry Cooling	Howgill Harriers	33	21		12	66
Sam Stead	Keswick AC	17	35	26	11	63
Kenny Richmond	Helm Hill Runners	9	14	28	6	43
Karl Gray	Calder Valley Fell Runners	11	31		0	42
Nicholas Peat	Helm Hill Runners	6	19		15	40
Sean Leckey	Ambleside AC	0	20		10	30
Shaun Godsman	Calder Valley Fell Runners	2	13	24	0	26
Charlie Lowther	Eden Runners	1	18		7	26
Justin Carter	Cambuslang Harriers	0		23	0	23
Colin Donnelly	Cambuslang Harriers	0		16	0	16
Mark Taylor	Calder Valley Fell Runners	0		15	0	15
Jack Robinson	Ambleside AC	0		9	0	9
Paul Reilly	Helm Hill Runners	0		8	0	8
James Baron	Helm Hill Runners	0	0	6	0	6

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## Male U23 Championship

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Name	Club	Meall an t-Suidhe	Mourne Marauder	Maesgwm Detour	Sedbergh Hills	Total
Ben Sharrock	Ambleside AC	9	12		12	33
Alex Mason	Dark Peak Fell Runners	7		12	2	21
Nicholas Peat	Helm Hill Runners	4	6		6	16

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## Male V40 Championship

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Name	Club	Meall an t-Suidhe	Mourne Marauder	Maesgwm Detour	Sedbergh Hills	Total
Steven Hebblethwaite	Keswick AC	42	42	42	39	123
Rob Jebb	Helm Hill Runners	39		39	42	120
Andy Fallas	Carnethy Hill Racing Club	38	39		38	115
Karl Gray	Calder Valley Fell Runners	35	38		28	101
Kenny Richmond	Helm Hill Runners	34	34	34	30	98
Charlie Lowther	Eden Runners	30	36		31	97
Shaun Godsman	Calder Valley Fell Runners	31	33	33	16	80
Justin Carter	Cambuslang Harriers	24		32	20	76
Colin Donnelly	Cambuslang Harriers	28		28	8	64
James Baron	Helm Hill Runners	19	23	22	15	57
Mark Taylor	Calder Valley Fell Runners	23		27	3	53
Paul Reilly	Helm Hill Runners	22		24	0	46
Paul Cornforth	Ambleside AC	21		15	2	38
Virgil Barton	Calder Valley Fell Runners	9	13	16	0	25
Dan Gilbert	Horwich RMI Harriers	10		14	0	24
Adrian Davis	Lomond Hill Runners & AAC	7	5	13	0	20
Steve Angus	Keswick AC	8		11	0	19
David Griffin	Helm Hill Runners	3	11	12	0	15
Tony Bolton	Northern Fells Running Club	0	10	10	0	10
Mark Agnew	Mercia Fell Runners	0	2	0	0	2

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## Male V50 Championship

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Name	Club	Meall an t-Suidhe	Mourne Marauder	Maesgwm Detour	Sedbergh Hills	Total
Karl Gray	Calder Valley Fell Runners	32	32		28	92
Kenny Richmond	Helm Hill Runners	29	29	32	29	90
Shaun Godsman	Calder Valley Fell Runners	27	28	29	23	79
Justin Carter	Cambuslang Harriers	23		28	25	76
Colin Donnelly	Cambuslang Harriers	26		25	19	70
James Baron	Helm Hill Runners	19	24	22	22	65
Mark Taylor	Calder Valley Fell Runners	22		24	16	62
Paul Cornforth	Ambleside AC	21		18	15	54
Virgil Barton	Calder Valley Fell Runners	14	20	19	12	46
David Griffin	Helm Hill Runners	9	18	16	3	30
Adrian Davis	Lomond Hill Runners & AAC	12	14	17	0	29
Steve Angus	Keswick AC	13		15	0	28
Tony Bolton	Northern Fells Running Club	6	17	14	0	23
Mark Agnew	Mercia Fell Runners	2	13	10	0	15
Ally MacDonald	Morpeth Harriers & AC/ Bellahouston Road Runners	1	9		0	10
Neil McLure	Carnegie Harriers	0	1	9	0	9

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Name	Club	Meall an t-Suidhe	Mourne Marauder	Maesgwm Detour	Sedbergh Hills	Total
Colin Donnelly	Cambuslang Harriers	22		22	19	63
Paul Cornforth	Ambleside AC	19		19	18	56
David Griffin	Helm Hill Runners	14	18	17	17	49
Adrian Davis	Lomond Hill Runners & AAC	16	16	18	14	48
Tony Bolton	Northern Fells Running Club	12	17	16	16	45
Steve Wathall	FRA	4	11	10	0	15

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## Female Championship

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Name	Club	Meall an t-Suidhe	Mourne Marauder	Maesgwm Detour	Sedbergh Hills	Total
Nichola Jackson	Keswick AC	32	32	32	32	96
Sharon Taylor	Helm Hill Runners	24		26	27	77
Mel Price	Mercia Fell Runners	18	19	24	19	61
Sarah Hodgson	Carnethy Hill Racing Club	18	23		20	61
Lou Osborn	Ambleside AC	17		22	21	60
Catriona MacDonald	Bellahouston Road Runners	10	10		26	46
Rachel Pilling	Pudsey & Bramley AC	15	8	19	10	44
Caroline Marwick	Highland Hill Runners /Helm Hill Runners	8	15		17	40
Rhian Probert	Mynydd Du Mountain Runners	9	13	21	7	37
Nicola Richards	Mercia Fell Runners	5	7	18	5	28
Helen Fallas	Carnethy Hill Racing Club	6	11		9	26
Deborah Millington	Mercia Fell Runners	0		14	1	15
Alice Gamble	Sheffield University Orienteering & Fell Running Club	0	0	10	0	10
Deborah Gowans	Todmorden Harriers	0	4		0	4

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Name	Club	Meall an t-Suidhe	Mourne Marauder	Maesgwm Detour	Sedbergh Hills	Total
Alice Gamble	Sheffield University Orienteering & Fell Running Club	9	9	9	12	30

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Sharon Taylor	Helm Hill Runners	19		22	22	63
Mel Price	Mercia Fell Runners	17	22	18	17	56
Lou Osborn	Ambleside AC	16		17	18	51
Rachel Pilling	Pudsey & Bramley AC	15	17	14	14	46
Rhian Probert	Mynydd Du Mountain Runners	13	18	16	12	43
Nicola Richards	Mercia Fell Runners	12	16	13	10	38
Deborah Gowans	Todmorden Harriers	8	15		4	27
Deborah Millington	Mercia Fell Runners	7		12	7	26



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Mel Price	Mercia Fell Runners	9	12	12	9	30
Lou Osborn	Ambleside AC	8		9	12	29
Rhian Probert	Mynydd Du Mountain Runners	7	9	8	7	23
Deborah Gowans	Todmorden Harriers	5	8		4	17
Deborah Millington	Mercia Fell Runners	4		7	5	16