

Denise Lewis

My earliest memory of being a young athlete at my local clubs, Wolverhampton & Bilston AC and then Birchfield Harriers, was about having fun and being part of a community that fosters talent. Creating good habits and making small changes were the key to improvement. In order to progress my ambition of being the best in the world I needed to train and think more effectively. My coach and I called it the 'Gold Standard' and for that you need to work collaboratively - to work with people with a vested interest in the outcome of the goal.

The goal I see for the President of UKA is not only to understand the multifaceted nature of the sport and its stakeholders, but represent and articulate an evolving ambition to move with the times.

I have achieved a lot since retiring from athletics in 2005 and it feels like the perfect time to bring all my learnings from the boardroom and wider experiences back to the sport that I love. It is a pivotal time for athletics and its relevance in the competitive landscape of sport and I would relish the opportunity to use my profile and passion to the role of President of UKA - a face that is recognisable from grassroots to podium and to many of the valuable individuals that make up the fabric of our community.