



**2024 European Throwing Cup: 09 – 10 March 2024  
Leiria, Portugal**

Selection Policy – Published November 2023

## **OVERVIEW**

This policy describes the process for the selection of team members to represent Great Britain & Northern Ireland (GB & NI) at the 2024 European Throwing Cup in Leiria, Portugal.

## **AIM**

UK Athletics aims to provide this competition as an opportunity for developing athletes to gain experience on the international stage, while looking to bridge the gap to world-class senior level.

## **TRIALS**

1. There will be no designated competition that will act as the trials for the 2024 European Throwing Cup.

## **UK WINTER LONG THROWS CHAMPIONSHIPS**

2. To provide long-throws athletes with an opportunity to show current form ahead of selection, UK Athletics, in conjunction with Loughborough University have created a UK Winter Long Throws Championships. This competition will take place on Saturday 17<sup>th</sup> February 2024.
3. The UK Winter Long Throws Championships is an invitation event organised by Nick Ridgeon, [nridgeon@englandathletics.org](mailto:nridgeon@englandathletics.org). Please note that places for this competition are limited and invitation priority will be given to senior and high ranked U23 athletes due to timetable constraints.

## **SELECTION MEETING**

4. The selection meeting will take place on Tuesday 27<sup>th</sup> February 2024.
5. Selection will be subject to the maximum entries:
  - a. A maximum of 2 (two) athletes can be selected for each event in the Senior Men and Women's competitions
  - b. A maximum of 1 (one) athlete can be selected for each event in the U23 Men and Women's competitions
6. The final team will be announced on Wednesday 28<sup>th</sup> February 2024.

## **SECTION 1: ELIGIBILITY FOR CONSIDERATION FOR SELECTION**

To be eligible for consideration for selection, athletes must comply with requirements 1 and 2 below:

### **Requirement 1: Eligibility Criteria**

7. To be considered for selection, athletes must satisfy the Eligibility Criteria set out in Appendix 1 – Eligibility Criteria.

### **Requirement 2: Consideration Standard**

8. Achieving the UKA Long Throws Consideration Standard, as follows;

Event	Senior		U26		U23	
	Men	Women	Men	Women	Men	Women
<b>Shot Put</b>	20.00	17.50	19.36	16.92	18.43	16.01
<b>Discus</b>	63.00	58.00	60.63	56.87	56.26	52.38
<b>Javelin</b>	78.00	58.00	75.67	56.40	73.72	52.38
<b>Hammer Throw</b>	74.00	69.00	71.91	66.93	68.87	64.02

The UKA Long Throws Consideration Standard must be achieved between 1 March 2023 and 25 February 2024 (qualification period).

*Note: U23 and U26 athletes may be selected in competitions above their own age group provided they have achieved the UKA Long Winter Throws Consideration Standard for their age group but with the senior weight implement. For the avoidance of doubt, an U23 may be selected in the senior competition.*

9. The UKA Long Throws Consideration Standard must be achieved in accordance with the Performance Conditions at paragraphs 14-16.

### **Eligible Athletes**

10. Athletes who achieve Requirements 1 and 2 will be eligible for consideration for selection (“Eligible Athletes”). Other athletes will not be eligible for consideration for selection.

## **SECTION 2: SELECTION PROCESS**

### **Selection Rounds**

The Selection Panel will select athletes in two (2) rounds.

#### **11. Round 1 – 2023 European U23 Finalists and/or 2023 Senior World Championships**

##### **Selected Athletes:**

- a. Athletes who reached the final of the 2023 European U23 Championships, will be automatically selected for the 2024 European Throwing Cup, provided they are an Eligible Athlete.
- b. Athletes who were selected for the 2023 Senior World Championships, will be automatically selected for the 2024 European Throwing Cup, provided they are an Eligible Athlete.
- c. Athletes that are eligible for selection in round 1 do not need to show current form.

#### **12. Round 2 – Remaining Eligible Athletes with the UKA Long Throws Consideration Standard**

- a. Remaining Eligible athletes must demonstrate current form through performances between 1 December 2023 – 25 February 2024.
- b. Eligible athletes will be selected based on the Selection Panel's consideration of a combination of the following criteria. The criteria below are not listed in any priority order. Criteria may be given unequal weight and may be disregarded:
  - i. Current form;
  - ii. Performance at the UK Winter Long Throws Championships;
  - iii. Performances within the qualification period;
  - iv. Head to heads, within the qualification period;
  - v. Previous Championship performance history;
  - vi. Injury/illness status; and
  - vii. Any other factors the Selection Panel deem relevant.
- c. For the avoidance of doubt, the Selection Panel, at their discretion, may choose not to select an athlete into the competition based on a lack of current form.
- d. Non-travelling reserves will not be selected for any event in this competition.

13. In relation to selections for places where athletes are compared (see paragraph 12.b), and athletes considered have suffered from illness/injury, the Selection Panel may take their injury/illness into account as a reason not to select the athlete and there is no obligation on the Selection Panel take into account illness/injury as an exemption from the requirement to perform in the case of an athlete whose performances may have suffered due to illness/injury.

## **SECTION 3: PERFORMANCE CONDITIONS**

14. UK domestic field performances will only be certified by UK Athletics if they are achieved in a UK Athletics Level 2 Permit competition or higher, or in an Area or County Championship (see <https://www.uka.org.uk/competitions/track-field-licensing/> for details on the UK Athletics competition permits).

15. Multiple performances achieved in the same individual event in a single day will only count as follows:

- a. Only the best mark in the final and best mark in the pool.

16. Performances otherwise achieved in the same individual event in a single day will count as follows:
  - a. Only the best trial of the first competition of the day.

## **SECTION 4: SELECTION PANEL**

17. The Selection Panel shall comprise as follows:

- a. Voting Members:
  - i. WCP Head of Field and Combined Events and;
  - ii. Two specialist throws coaches, as nominated by the Head of Field and Combined Events.
- b. Non-voting members
  - i. Chairperson;
  - ii. UK Athletics' Athlete Commission Member;
  - iii. Note taker; and
  - iv. Any other person at the discretion of the Head Coach
- c. The relevant UK Athletics' event group lead (the WCP Head of Field and Combined Events) or a substitute nominated by the Head Coach if the relevant event group lead is unavailable, and;
- d. An event group representative as nominated by the Head Coach.

## **SECTION 4: DE-SELECTION**

18. Following selection, an athlete may be de-selected by the Selection Panel or UK Athletics in the event of:

- a. the athlete ceasing to comply with the eligibility criteria set out in this Selection Policy, or other strategy document communicated by UK Athletics;
- b. following application of the Medical De-Selection Protocol set out in the Team Member Agreement;
- c. any anti-doping rule violation or provisional suspension;
- d. any serious misconduct or suspension due to misconduct;
- e. UK Athletics reasonably considering that the athlete will be unable to perform at the level required or expected due to any reason including loss of form or failure to recover fully or as expected from injury or illness; or
- f. failure to opt-in to team training or events.

In the event of de-selection, the Selection Panel will meet again to decide on a replacement athlete. In the event there is not time for the Selection Panel to meet, the decision will be taken by the Head Coach and Head of Field and Combined Events, with the decision of the Head Coach being final in the event of disagreement.

## **SECTION 5: GENERAL PROVISIONS**

### **Appeals**

19. There will be no right of appeal to the selection of the GB & NI Team made by the Selection Panel. The provisions of the UK Athletics Fast Appeals Procedure does not apply to the GB & NI team selections for the 2024 European Throwing Cup.

### **Amendment**

20. UK Athletics reserves the right to amend this Selection Policy at any time in its sole discretion and will make any amended version publicly available (including the date on which any amendment was made) at [www.britishathletics.org.uk](http://www.britishathletics.org.uk).

### **Governing law**

21. This Selection Policy shall be governed by and construed in accordance with the law of England and Wales.

### **Jurisdiction**

22. Any dispute or claim (other than appeals) arising out of or in connection with this Selection Policy shall be submitted for determination exclusively to arbitration under the auspices of Sports Resolutions (UK) Limited and subject to the procedural control of the English Courts

### **COVID-19**

23. At the time of publication, UK Athletics does not expect the Championships to be run under Covid protocols.

24. Considering the global pandemic, if the situation changes, UK Athletics can amend this policy at its discretion and will endeavour to select the strongest team possible based on the information available.

### **Contacts**

25. Contact details are as follows:

- For any general enquiries please contact Ethan Walker:  
[ewalker@britishathletics.org.uk](mailto:ewalker@britishathletics.org.uk).

## APPENDIX 1 – ELIGIBILITY CRITERIA

- a. Be eligible to compete for GB & NI (i.e full British passport holder);
- b. In the Men's Shot Put and Hammer Throw, only athletes aged at least 18 (eighteen) on 31 December 2024 may participate;
- c. In the Under 23 events, only athletes aged at least 16 (sixteen) and no older than 22 (twenty-two) years on 31 December 2024 may participate;
- d. To qualify as an U26, only athletes aged at least 16 (sixteen) and no older than 25 (twenty-five) years on 31 December 2024 may participate;
- e. Not currently serving a period of ineligibility or a provisional or permanent suspension for a doping violation or for any other reason of misconduct;
- f. Meet the standards and behaviour expected by UK Athletics, as published from time to time, including in the International Athletes Code of Conduct;
- g. Be registered as a member with the relevant Home Country Athletics Federation (HCAF), directly or through a club;
- h. Sign the UK Athletics Team Members' Agreement ("TMA") and abide by its terms and conditions. Any athlete failing to do so prior to the first date of competition will result in their selection being withdrawn. The current version of the TMA can be found online at <https://www.uka.org.uk/performance/british-athletics-teams-information/>
- i. Complete European Athletics "[I Run Clean](#)" online anti-doping certification.