

## British Athletics Senior Inter-Counties Mountain Race – Keswick

21st April 2024

Name	Team	Category	Male Pos.	MU23	Actual Time Taken
Kris Jones	Scotland - East	M	1		1:05:17
Robbie Simpson	Scotland - North	M	2		1:05:28
Joe Steward	Greater Manchester	M	3		1:05:35
Jacob Adkin	Scotland - East	M	4		1:06:53
Ben Rothery	Yorkshire	M	5		1:07:06
Tom Spencer	Derbyshire	MU23	6	1	1:07:36
Ross Gollan	Scotland - North	M	7		1:08:28
Andrew Douglas	Scotland - West	M	8		1:08:52
Chris Richards	Cumbria	M	9		1:09:33
Finlay Grant	Derbyshire	MU23	10	2	1:09:57
Tom Wood	Wales - North	M	11		1:10:16
Matthew Knowles	Lancashire	MU23	12	3	1:10:32
Finn Lydon	Leicestershire & Rutland	M	13		1:10:44
Eddie Narbett		M			1:10:58
Harry Bolton	Cumbria	M	14		1:11:55
Grant Cunliffe	Lancashire	M	15		1:11:59
Jack Cummings	Yorkshire	M	16		1:12:11
Jamie Parkinson	Devon	M	17		1:12:30
Doni Clarke	Yorkshire	M	18		1:12:33
Kieran Cooper	Scotland - West	M	19		1:12:56
Alex Mason		MU23			1:13:05
Robert Sparkes	Humber	M	20		1:13:17
Jared Martin	Northern Ireland	M	21		1:13:21
James Espie	Scotland - North	M	22		1:13:28
Jamie Goodge	Kent	M	23		1:13:50
Jake Collier	Cumbria	M	24		1:14:08
Daniel Haworth	Derbyshire	M	25		1:14:16
Lewis Bowness		M			1:14:24
Martin Howard	Yorkshire	M	26		1:14:48
Tom Crudgington	Northern Ireland	MU23	27	4	1:14:58
Robert Sparks		M			1:15:08
Joseph Hopley	Lancashire	MU23	28	5	1:15:12
Tom Saville	Yorkshire (Reserve)	M			1:15:20
Harry Holmes	Derbyshire	M	29		1:15:33
Jonny Dry	Cornwall	M	30		1:16:11
Henry Webb	Staffordshire	MU23	31	6	1:16:29
Lewis Moses	Leicestershire & Rutland	M	32		1:16:33
Sam Stead	Cumbria	M	33		1:16:47
Eammon Clowes	Staffordshire	MU23	34	7	1:16:53

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Name	Team	Category	Male Pos.	MU23	Actual Time Taken
Rupert Allison	Yorkshire (Reserve)	M			1:17:14
Rhys Jones	Wales - North	M	35		1:17:28
Harry Bond	Staffordshire	MU23	36	8	1:17:32
Rafe Man	Middlesex	MU23	37	9	1:17:34
John Yells	Scotland - North	M	38		1:17:42
Joe Oldfield	Derbyshire	M	39		1:17:52
Ryan Stewart	Northern Ireland	M	40		1:17:56
Chris Alborough	North Eastern Counties	M	41		1:17:59
Cameron Swanson	Scotland - West	M	42		1:18:00
Tim Harrison		M			1:18:15
Gavin Roberts	Wales - North	M	43		1:18:46
Mark Burley	Cheshire	M	44		1:18:55
Joe Dale	Middlesex	M	45		1:19:32
Ben Plummer	Leicestershire & Rutland	M	46		1:19:47
Tom Perry	Devon	MU23	47	10	1:19:58
Callum Dillon	Staffordshire	M	48		1:20:12
Sion Edwards	Wales - North	M	49		1:20:22
Joshua McAtee	Northern Ireland	M	50		1:20:32
Ifan Oldfield	Wales - North (Reserve)	M			1:21:01
Roger Maidment	Essex	M	51		1:21:09
Stephen Hughes	Devon	M	52		1:21:23
Sam Fairhurst	Greater Manchester	M	53		1:21:28
Nicholas Peat	Cumbria	MU23	54	11	1:21:30
Jonathon Ford	Wales - East	M	55		1:21:37
Ashley Crutchley	Northern Ireland	MU23	56	12	1:22:16
Danny Hope	Greater Manchester	M	57		1:24:03
Lawrence Eccles	Merseyside	M	58		1:24:05
Ross Langley	Hertfordshire	M	59		1:24:22
Mitchell Boocock	Yorkshire	MU23	60	13	1:24:39
Ross Connor	Staffordshire	M	61		1:24:46
Michael McTernan	Essex	M	62		1:25:13
Mike Erskine	Wales - East	M	63		1:26:16
Kev Hope	Warwickshire	M	64		1:26:28
Euan Brown	Middlesex	M	65		1:26:32
Rhys Gillard	Essex	M	66		1:26:34
Colin Brearley	Nottinghamshire	M	67		1:26:42
Richard Bedlow	Hertfordshire	M	68		1:27:16
Neil Gerrity		M			1:27:33
Neil Sillence	North Eastern Counties	MU23	69	14	1:27:38

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Name	Team	Category	Male Pos.	MU23	Actual Time Taken
John Hunt	Merseyside	M	70		1:27:46
Ben Martin	Merseyside	M	71		1:28:29
Jack Rowland	Wales - East	M	72		1:29:03
William Laye	Avon & Somerset	M	73		1:29:06
Matt Eardley	Staffordshire (Reserve)	M			1:29:11
Jason Williams	Leicestershire & Rutland	M	74		1:29:19
George O'Connor	Staffordshire (Reserve)	MU23			1:30:04
Virgil Barton	Shropshire	M	75		1:30:10
Oliver Cook	Greater Manchester	MU23	76	15	1:30:29
Joe Addison	North Eastern Counties	M	77		1:31:12
Peter Eccleston	Warwickshire	M	78		1:31:20
Matt Fawthrop	Greater Manchester	M	79		1:31:22
Matthew Hadlum	Warwickshire	M	80		1:31:23
Simon Lanckham	Worcestershire	M	81		1:32:26
Oli Cox	Shropshire	M	82		1:33:29
Ian Hutchinson	North Eastern Counties	M	83		1:33:41
Thomas Crouch	Hertfordshire	M	84		1:34:57
Jon Odell	Nottinghamshire	M	85		1:35:18
Al Smithson	Merseyside	M	86		1:35:57
Paul Lewis	Nottinghamshire	M	87		1:36:08
Maxime Ansell	Hertfordshire	M	88		1:36:15
Andy Boon	Warwickshire	M	89		1:36:27
Thomas Grimes	Essex	M	90		1:37:08
Goronwy Hughes		M			1:38:59
Ross McKelvie	Lancashire	M	91		1:39:38
William Taylor	Nottinghamshire	M	92		1:40:34
James Cooke	Bedfordshire	M	93		1:41:38
Jamie Arkle	Shropshire	M	94		1:43:01
David Lewis	Worcestershire	M	95		1:56:31
Neil MacDonald	Worcestershire	M	96		1:56:37