

Senior Men

Place	First Name	Last Name	Club	Time
1	Zakariya	Mahamed	Southampton AC	27:36
2	Logan	Rees	Fife AC	27:42
3	Angus	McMillan	City of York AC	27:55
4	Dafydd	Jones	Swansea Harriers	28:02
5	Jacob	Cann	Newham & Essex Beagles AC	28:04
6	Jack	Millar	Bristol & West AC	28:07
7	Oscar	Bell	Herts Phoenix AC	28:19
8	John	Millar	Ipswich Harriers	28:25
9	Jake	Smith	Pontypridd Roadents AC	28:28
10	Louis	Small	Ashford AC	28:35
11	Kurt	Taylor	Bristol & West AC	28:44
12	Tommy	Power	Hallamshire Harriers Sheffield	28:45
13	Flynn	Jennings	Bristol & West AC	28:51
14	James	Heneghan	Pontypridd Roadents AC	28:51
15	Rowan	Miell-Ingram	Radley AC	28:53
16	Jack	Small	Ashford AC	28:58
17	Peter	Molloy	Central AC	29:04
18	Dylan	Nazareth	Les Croupiers	29:08
19	Rick	Van Riel	Falkirk Victoria Harriers	29:20
20	Felix	McGrath	Bristol & West AC	29:21
21	Jenson	Connell	Leeds City AC	29:25
22	Theo	Doran	Aldershot Farnham & District	29:26
23	Benjamin	Wills	Bracknell AC	29:30
24	Dominic	Coy	Ilkley Harriers AC	29:32
25	Sam	Tyas	Belgrave Harriers	29:38
26	Luke	Hamley	Cardiff Athletics	29:42
27	Adam	Ede	Cardiff Met Uni	29:52
28	Luke	Burgess	Bristol & West AC	30:01
29	Joseph	Niven	Liverpool Harriers & AC	30:02
30	Matthew	Grindrod	Brighton & Hove AC	30:09
31	Alexander	Miell-Ingram	Radley AC	30:10
32	Liam	Stone	Aldershot Farnham & District	30:14
33	Devin	Coombes	Bridgend Athletics	30:42
34	Kit	Evans Lombe	Exeter University AC	30:46
35	Edward	Davies	Swansea Harriers	30:53
36	Morgan	Kendall	Meirionnydd RC	31:03
37	Callum	Choules	NORDV	31:15
38	Joseph	Comerford	Rugby & Northampton AC	31:26
39	Hugo	Hewitt	Crawley AC	31:29
40	Benedict	Westhenry	Poole AC	31:38
41	Josh	Smith	Pontypridd Roadents AC	31:41
42	Adam	Leworthy	NORDV	32:12
43	Oliver	Carvell	Telford AC	32:37
44	Sam	Crowther	Exeter University AC	32:39
45	Craig J	Hudson	Newport Harriers	32:54
46	Thomas	Reed	Westbury Harriers	33:14
47	Niall	Thorne	Western Tempo	33:23

48	Stephen	Honight	Bristol & West AC	33:33
49	James	Bennett	Brentwood Running Club	33:36
50	Adam	Rennie	Reading AC	33:47
51	Lee	Dover	Houghton Harriers & AC	34:04
52	Sam	Rutty	Team Bath AC	34:15
53	George	Thompson	Northampton AC	34:39
54	Alex	Kerfoot	Preston Harriers	35:33
55	Oscar	Barbour	Stratford Upon Avon AC	35:36
56	Daniel	Morgan	Swansea Harriers	36:08
57	Sam	Ponter	Taunton AC	36:12
58	Matthew	Dyson	Newquay & Par AC	37:48
59	Paul	Thomas	South West Road Runners	38:12
60	Max	Dalloz	Peterborough & Nene Valley AC	38:36
61	Bobby	Wotherspoon	Law & District AAC	39:43
62	Huw	Davies	Carmarthen Harriers	40:19
63	Daniel	Esterhuysen	Brentwood Beagles	41:21
64	Rob	Brown	Taunton AC	41:48
65	Harry	Owrid	London Heathside	42:16
66	Andrew	Barrett	City Of Norwich AC	43:15
67	Jack	Medford	Pegasus RC	45:35
68	Tom	Yapp	Clwb Run Wales	48:42
69	Jamie	Lewis	Buckley RC	50:17
70	Steven	Rothwell	Cambridge & Coleridge AC	51:17

20 Men

Place	First Name	Last Name	Club	Time
1	William	Rabjohns	Poole AC	16:12
2	Mark	Ruby	Poole AC	16:13
3	Quinn	Miell-Ingram	Radley AC	16:13
4	Alexander	Sproston	Brighton Phoenix	16:19
5	Henry	Jonas	City Of Norwich AC	16:22
6	Daniel	Van Aardt	Wreake & Soar Valley	16:23
7	Regan	Tuck	Chelmsford AC	16:25
8	Jacob	Trangmar	Saint Edmund Pacers	16:31
9	Henry	Yelling	Brighton & Hove AC	16:35
10	Archie	Coates	Southampton AC	16:37
11	Noa	Vaughan	Eryri Harriers	16:40
12	Nathan	Wright	Woodford Green AC	16:43
13	Joe	Dixon	Morpeth Harriers	16:45
14	Iwan	Thomas	Carmarthen Harriers	16:48
15	Daniel	Fisher	Taunton AC	16:50
16	Reiss	Marshall	Fife AC	16:53
17	Onjoro	Sumba	Havant AC	16:56
18	Olly	Morris	Exeter Harriers	17:00
19	Isaac	Morgan	Cambridge & Coleridge AC	17:01
20	Joe	English	Kent AC	17:02
21	Matthew	Morgan	Cambridge & Coleridge AC	17:05
22	Henry	Evans	Newport Harriers	17:07
23	Ethan	Esteban-Protheroe	Cardiff Athletics	17:08
24	Alex	Smart	City of Portsmouth AC	17:09
25	Cameron	Walker-Powell	City of Portsmouth AC	17:10
26	Jonathan	Davies	Oxford City AC	17:13
27	Isaac	Arnott	Tonbridge AC	17:14
28	Blake	Williams	Newquay & Par AC	17:14
29	Thomas	Darton	Westbury Harriers	17:21
30	William	Nuttall	Chelmsford AC	17:23
31	Joshua	Maxwell	Team Bath AC	17:25
32	Ethan	Brady-Jones	Wirral AC	17:29
33	Matt	Benson	Maldwyn Harriers	17:29
34	Ben	Perry	Exeter Harriers	17:31
35	Benedict	Simpson-Alexander	Richmond & Zetland Harriers	17:31
36	Ned	Gilford	Rugby & Northampton AC	17:36
37	Ifan	Bowen	Carmarthen Harriers	17:38
38	Ralph	Robson	Morpeth Harriers	17:39
39	Lewis	English	Waveney Valley AC	17:48
40	George	Thomas	Windsor Slough Eton & Hounslo	17:49
41	Harry	Harvey	Winchester & District AC	17:51
42	Ben	Hughes	Pontypridd Roadents AC	17:57
43	Steffan	Davies	Carmarthen Harriers	18:03
44	Joshua	Cumberland	Radley AC	18:09
45	Tom	Dixon	Nuneaton Harriers	18:12
46	George	Astbury	Birchfield Harriers	18:14
47	Daniel	Williams	NORDV	18:15
48	Leroy	Griffiths	Rhondda AAC	18:16

49	Oliver	Capps	Thames Valley Harriers	18:17
50	Cian	Harold	Cardiff Athletics	18:22
51	Daniel	Hargreaves	Southampton AC	18:24
52	Rupert	Ferguson	Exeter University AC	18:26
53	Angelo	Doria	Ogmore Phoenix Runners	18:30
54	Nathan	McWilliam	Bracknell AC	18:31
55	Tom	Cox	CDF Runners	18:36
56	Corben	Reynolds	Great Yarmouth Road Runners	18:39
57	Oscar	Cleeve	Exeter University AC	18:50
58	Rhys	Llewellyn	Pembrokeshire Harriers	19:07
59	Jaafer	El-Kaddu	Cardiff University Athletics Club	19:09
60	David	Coxon	Exeter University AC	19:11
61	Oliver	Hobdell	Herts Phoenix AC	19:18
62	Joseph	Maloney	Exeter University AC	19:23
63	Orion	Coelho	Bath University	19:56
64	Raj	Patadia	Ealing Eagles RC	20:09
65	Finley	Bruce	Cardiff Harriers	20:42
66	Guy	Mangan	Exeter University AC	20:50

U17 Men

Place	First Name	Last Name	Club	Time
1	Matthew	Clark	Preston Harriers	16:12
2	Jack	Marwood	Salford Harriers & AC	16:20
3	Luke	Dunham	Herts Phoenix AC	16:21
4	Evan	Grime	Salford Harriers & AC	16:27
5	Myles	Fraser	Preston Harriers	16:29
6	Alex	Hughes	Chiltern Harriers AC	16:34
7	Alex	Lennon	Sutton & District AC	16:38
8	Ethan	Newell	Sutton & District AC	16:58
9	Oliver	Jermy	Guildford & Godalming AC	16:58
10	Max	Sanderson	Brentwood Beagles	17:01
11	Charlie	Collins	Poole AC	17:02
12	Hugo	Berry	Sedbergh School Running Club	17:04
13	Louis	Moore	Thames Valley Harriers	17:06
14	Samuel	Collins	Wreake & Soar Valley	17:08
15	Thomas	Vestey	Taunton AC	17:15
16	Oliver	Gill	Blackburn Harriers & AC	17:15
17	Martin	Falle	Exeter Harriers	17:15
18	Sebastian	Melero	Saint Edmund Pacers	17:16
19	Henry	Haslam	Southampton AC	17:19
20	Jon	Pepin	Southampton AC	17:26
21	Daniel	Jelfs	St Mary's Richmond AC	17:27
22	Rafferty	Haigh	Sutton & District AC	17:28
23	Miguel	Jenkins	Menai Track & Field	17:29
24	Jack	Price	Birmingham Running A&TC	17:31
25	Benjamin	Collins	North Somerset AC	17:33
26	Josh	Norton	Newbury AC	17:38
27	Ben	Allen	Cannock & Stafford AC	17:38
28	Monty	Hudson	Sutton & District AC	17:39
29	Elliott	Manning	Sutton & District AC	17:40
30	Rhys	Pladdy	Cardiff Athletics	17:42
31	Abel	Davies	Guildford & Godalming AC	17:43
32	William	Pearce	Newquay & Par AC	17:47
33	Billy	Eccles	Bure Valley Harriers	17:48
34	Christopher	Cull	Sutton & District AC	17:51
35	Samuel	Boyce	Cardiff Athletics	17:53
36	Charlie	Coles	City Of Salisbury AC & RC	17:59
37	Dan	Mcguire	Harmeny AC	18:01
38	Tomos	Horn	Cardiff Athletics	18:03
39	Daniel	Phelps	Team Bath AC	18:05
40	Samuel	Davies	Team Bath AC	18:08
41	Josh	Barnett	Carmarthen Harriers	18:11
42	Aniket	Iyengar	Cambridge Harriers	18:16
43	Joseph	Usher	Poole AC	18:19
44	Ethan	Robertson	Newbury AC	18:21
45	Will	Chalk	Newport Harriers	18:22
46	Finley	Cloak	Bideford AAC	18:30
47	Cian	Tough	Aberdare Valley AAC	18:32

48	Thomas	Dewey	Basingstoke & Mid Hants AC	18:42
49	William	Harries	Carmarthen Harriers	18:48
50	Will	Smith	Team Bath AC	18:49
51	Chris	Benson	Maldwyn Harriers	18:59
52	Iwan	Froley	Cardiff Athletics	19:18
53	Dominik	Plesiewicz	Cardiff Athletics	19:34
54	Joshua	Davies	Team Bath AC	19:49
55	Leo	Rothwell	Cambridge & Coleridge AC	19:49
56	Zachary	Bent	Cannock & Stafford AC	20:08
57	George	Cotton	Woking AC	20:19
58	Luke	Owen	Carmarthen Harriers	23:30

Cardiff Cross Challenge - Saturday 9th November 2024



U15 Boys

Place	First Name	Last Name	Club	Time
1	Ewan	Withnall	Burton AC	9:36
2	Louie	Muir	Giffnock North AC	9:38
3	Osian	Parry	Menai Track & Field	9:44
4	George	Watkins	Woodford Green AC	9:45
5	Adrian	White	Trafford AC	9:55
6	Byron	Roberts	Eastbourne Rovers AC	9:55
7	Oscar	Purchase	Exeter Harriers	10:00
8	Caspian	Holmes	Herne Hill Harriers	10:01
9	Fin	Lumber-Fry	Eastbourne Rovers AC	10:03
10	Thomas	Clerkin	Herne Hill Harriers	10:04
11	Tom	Garrod	Newport Harriers	10:09
12	Oskar	Beck	Wells City Harriers	10:10
13	Leau	Roch	Herne Hill Harriers	10:14
14	Sam	Ball	Telford AC	10:17
15	Craig	Calver	West Suffolk AC	10:19
16	Seth	Dyson	Newquay & Par AC	10:25
17	Isaac	Malton	Exeter Harriers	10:28
18	Oscar	Blake	Derby AC	10:32
19	James	Longworth	Wreake & Soar Valley	10:33
20	Harry	Collins-Smith	Thames Valley Harriers	10:43
21	Max	Collins	Poole AC	10:59
22	Henry	Lewis	Hereford & County AC	11:00
23	Oscar	Hayles	Cardiff Athletics	11:06
24	Vito	Machin	City Of Norwich AC	11:15
25	Adam	Foster	NORDV	11:21
26	Mandikudza	Mupita	Swansea Harriers	13:34
27	Drystan	King	TROTS	14:12

Cardiff Cross Challenge - Saturday 9th November 2024



U13 Boys

Place	First Name	Last Name	Club	Time
1	Sam	Cousins	Radley AC	8:55
2	Osian	Phillips	Cardiff Athletics	8:57
3	Lewis	Durston	Bridgend Athletics	8:59
4	Edward	Salter	Taunton AC	9:00
5	Alexander	Wotherspoon	Law & District AAC	9:04
6	Albert	Yates	Preston Harriers	9:05
7	Bobby	McEvoy	Liverpool Harriers & AC	9:16
8	Harry	Hopkinson	Preston Harriers	9:17
9	Freddy	Cheyne	Preston Harriers	9:22
10	Tomos Cai	Davies	Carmarthen Harriers	9:22
11	Zac	Munn	Cardiff Athletics	9:26
12	Robert	Worrall	Liverpool Harriers & AC	9:42
13	Jacob	Heaton	Newport Harriers	9:42
14	Kush	Bailey	NORDV	9:52
15	Oscar	Adams	Shrewsbury AC	9:52
16	Tomi	Jones	Swansea Harriers	10:18
17	Benjamin	Boyce	Cardiff Athletics	10:58
18	Jack	Langlands	Wreake & Soar Valley	11:13
19	Joshua	Bailey	Team Kennet Triathlon & AC	11:22
20	Aaron	Evans	TROTS	11:28
21	Jack	Kelland	Rhondda AAC	11:42
22	Oliver	Trevor	Brentwood Beagles	12:51

Cardiff Cross Challenge - Saturday 9th November 2024



U11 Boys

Place	First Name	Last Name	Club	Time
1	Joseph	Nartey	Bristol & West AC	3:11
2	Oscar	Nash	Bristol & West AC	3:12
3	Harry	House	Bristol & West AC	3:12
4	Rowan	Carson	Bridgend Athletics	4:16
5	Noah	Howells	Aberdare Valley AAC	4:29
6	Blake	Rees		4:29
7	Fred	Pochee	Cornwall AC	4:31
8	Charlie	Bush	Bristol & West AC	4:43
9	Caio	Thomas		4:48
10	Robin	Carter		4:52
11	Henry	Mee		4:55
12	Isaac	Beckley		4:58
13	Jack	Pryce		4:58
14	Ethan	Knight	Cardiff Archers	5:02
15	Benjamin	Kohring	Shrewsbury AC	5:02
16	Osian	Bramall		5:02
17	Edward	Spiller	Bridgend Athletics	5:02
18	Harri	Williams		5:04
19	Lucas	Stanton	Cannock & Stafford AC	5:04
20	Oliver	Jackson		5:07
21	Charlie	Benson	Chorley A&TC	5:10
22	Tylo	Hughes		5:10
23	Raffety	Jones		5:13
24	Caian	Morris		5:13
25	Noah	Billing		5:15
26	Arthur	Hammond		5:15
27	Dewi	Simpson		5:17
28	Thomas	Burtenshaw		5:17
29	Gerwyn	Davies		5:18
30	Owen	Bevan		5:20
31	Bran	Hampshire		5:22
32	Osian	Thomas		5:23
33	Harri	Davies		5:23
34	Davy	Richards	Carmarthen Harriers	5:27
35	Osian	Eldridge		5:27
36	Harri	Phillips		5:28
37	Steffan	Schultz		5:28
38	Gwilym	Davies		5:29
39	Gwilym	Williams		5:31
40	Griff	Jones		5:31
41	Ifan Wyn	Davies		5:32
42	Florian	French		5:33
43	Dewi	Durston		5:33
44	Elis	Powell		5:34
45	Steffan	Howard		5:35
46	William	Tremlett		5:38
47	Tomos	Bowley		5:40

48	Osian	Munn	5:40
49	Harri	Thomas	5:41
50	Iolo	Evans	5:42
51	Billy	Jones	18:14
52	Noah	Rolfe	18:17
53	Billy	Jones	18:23

Cardiff Cross Challenge - Saturday 9th November 2024**Senior Women**

Place	First Name	Last Name	Club	Time
1	Kate	Axford	Belgrave Harriers	20:21
2	Cari	Hughes	Cardiff Athletics	20:25
3	Izzy	Fry	Newbury AC	20:30
4	Poppy	Tank	City Of Plymouth AC	20:38
5	Amelia	Quirk	Bracknell AC	20:41
6	Meg	Gadsby	City Of Norwich AC	20:50
7	Holly	Dixon	Cambridge Harriers	20:57
8	Bea	Wood	City Of Salisbury AC & RC	21:01
9	Sarah	Astin	Belgrave Harriers	21:03
10	Niamh	Brown	Aldershot Farnham & District	21:04
11	Emily	Parker	Poole AC	21:11
12	Mia	Waldmann	Reading AC	21:15
13	Amy	Griffiths	Aldershot Farnham & District	21:18
14	Charlotte	Dannatt	Camberley & District AC	21:22
15	Annabel	Gummow	Herts Phoenix AC	21:24
16	India	Pentland	Darlington H&AC	21:30
17	Kirsty	Walker	Edinburgh AC	21:36
18	Charlotte	Alexander	Tonbridge AC	21:42
19	Lillian	Hawkins	Southampton AC	21:43
20	Georgia	Palmer	Cheltenham & County Harriers	21:55
21	Millie	Jordan-Lee	Aldershot Farnham & District	21:57
22	Abigail	Ives	Basildon AC	22:03
23	Chelsea	Creak	Bristol & West AC	22:14
24	Lauren	Church	Reading AC	22:16
25	Megan	Harris	Chelmsford AC	22:22
26	Lauren	Cooper	Western Tempo	22:28
27	Indira	Patel	Shaftesbury Barnet Harriers	22:33
28	Millie	Porter	Western Tempo	22:38
29	Megan	Stenhouse	Rugby & Northampton AC	22:43
30	Bethany	Wallis	Western Tempo	22:55
31	Milly	Dickinson	Brighton Phoenix	23:01
32	Victoria	Hiscock	Reading AC	23:23
33	Moli	Lyons	Pontypridd Roadents AC	23:28
34	Emma	Howsham	Reading AC	23:31
35	Lauren	Nichols	Bedford & County AC	23:34
36	Freya	Spruit	Team Bath AC	23:34
37	Josie-Wren	Golder	Stirling University AC	23:44
38	Emma	Creasey	Giffnock North AC	23:47
39	Chloe	Powell	Swindon Harriers	23:52
40	Nicky	Savill	South West Road Runners	24:11
41	Molly	Butterworth	Doncaster AC	24:14
42	Sophie	Peach	City Of Norwich AC	24:22
43	Bronwen	Stratton-Thomas	Swansea Harriers	24:27
44	Charlotte	Brown	Taunton AC	24:54
45	Ella	Treby	Team Bath AC	25:07
46	Ella	Leonard	Taunton AC	25:31
47	Cadie	Hibberd	Great Western Runners	25:48
48	Emily	Wilcox	Newport Harriers	26:22
49	Julia	Szajdzicka	Dorset Doddlers RC	34:58

U20 Women

Place	First Name	Last Name	Club	Time
1	Innes	FitzGerald	Exeter Harriers	14:12
2	Lizzie	Wellsted	Colchester Harriers AC	14:42
3	Zoe	Gilbody	Telford AC	14:46
4	Isabel	Holt	Blackburn Harriers & AC	14:48
5	Jennifer	Leggate	Cambridge & Coleridge AC	15:12
6	Freya	Bradley	Westbury Harriers	15:16
7	Iris	Courtney	Wells City Harriers	15:22
8	Ruby	Vinton	Chelmsford AC	15:23
9	Evey	Powell	Abingdon AC	15:27
10	Sophie	Jacobs	St Albans AC	15:35
11	Josie	Robertson	Newbury AC	15:39
12	Beca Haf	Bown	Menai Track & Field	15:46
13	Lottie	Langan	City of York AC	15:48
14	Sarah	Barrett	City Of Norwich AC	15:49
15	Hannah	Blundy	Wells City Harriers	16:05
16	Zoe	Rennie	Reading AC	16:07
17	Jessica	Inglis	Law & District AAC	16:27
18	Katie	Youp	Winchester & District AC	16:27
19	Isla	Bryson	Exeter Harriers	16:30
20	Eve	Bailey	Winchester & District AC	16:34
21	Rae	Le Fay	Hastings AC	16:39
22	Allegra	Massey	Thames Valley Harriers	16:41
23	Hollie	Lewis	Swansea Harriers	16:46
24	Ellie	McLean	Eastbourne Rovers AC	17:26
25	Ella	Ayden	Tonbridge AC	17:42
26	Zara	Buchanan	Exeter University AC	17:51
27	Elise	Hollis	Dorking & Mole Valley AC	17:54
28	Kate	Bain	Guernsey	18:58

U17 Women

Place	First Name	Last Name	Club	Time
1	Isla	McGowan	Banbury Harriers AC	14:51
2	Libby	Hale	Swansea Harriers	15:01
3	Ellarose	Whitworth	Lincoln Wellington AC	15:03
4	Zara	Redmond	Kilbarchan AAC	15:12
5	Olivia	Forrest	Brentwood Beagles	15:17
6	Eilidh	Dallas	Strathearn Harriers	15:29
7	Olivia	Steer	Exeter Harriers	15:40
8	Isabel	Cherrett	Bournemouth AC	15:40
9	Holly	Humphreys	Swansea Harriers	15:48
10	Millie	Gold	Swansea Harriers	15:48
11	Rebeca	Harries	Cardiff Athletics	15:52
12	Madison	Hughes	Maldwyn Harriers	15:55
13	Evangeline	Warn	Brentwood Beagles	15:58
14	Olivia	Mcghee	Rugby & Northampton AC	16:11
15	Graihagh	Turner	Rotherham Harriers & AC	16:20
16	Amelia	Williams	Carmarthen Harriers	16:24
17	Matilda	Bengtsson	Poole AC	16:29
18	Jessica	Needs	Aberdeen AAC	16:32
19	Daisy	Abernethy	Wells City Harriers	16:43
20	Verity	Valentine	Saint Edmund Pacers	17:01
21	Estelle	Lowe	North Somerset AC	17:03
22	Cosette	Wearden	West Cheshire AC	17:10
23	Evie	Horsfall	Wells City Harriers	17:45
24	Anna	Nicholson	Lancaster & Morecambe AC	17:48
25	Lucy	Hillary	Western Tempo	17:52
26	Isobel	Stacey	Wells City Harriers	18:10
27	Felicity	Lowe	North Somerset AC	18:23
28	Isla	Mayne	Exeter Harriers	18:36
29	Megan	Powell	Abingdon AC	18:39
30	Katy	Griffiths	Bridgend Athletics	18:50

Cardiff Cross Challenge - Saturday 9th November 2024



U15 Girls

Place	First Name	Last Name	Club	Time
1	Kara	Gorman	Windsor Slough Eton & Hounslow AC	10:26
2	Madison	Welby	City of Lisburn AC	10:36
3	Phoebe	Langlands	Wreake & Soar Valley	10:42
4	Bryony	Boyce	Cardiff Athletics	10:55
5	Penelope	Boyle	Exeter Harriers	11:09
6	Chloe	Stuart	Shrewsbury AC	11:12
7	Olivia	Avery	Gloucester AC	11:14
8	Sophie	Maxwell	Team Bath AC	11:21
9	Sali	Owen	Carmarthen Harriers	11:21
10	Maisie	Williams	Liverpool Harriers & AC	11:21
11	Aimee	Harling	Blackpool Wyre & Fylde AC	11:25
12	Millie	Jordan	Blackburn Harriers & AC	11:25
13	Isla	Bater	NORDV	11:27
14	Nyla	Roode	NORDV	11:30
15	Maisie	Mullett	Wreake & Soar Valley	11:30
16	Martha	Bown	Menai Track & Field	11:37
17	Isabel	Goodman	Chorley A&TC	11:42
18	Poppy	Oliver	Newport Harriers	11:54
19	Isabel	Forrest	Brentwood Beagles	11:58
20	Evie	Worrall	Liverpool Harriers & AC	11:58
21	Evie	Avery	Gloucester AC	12:04
22	Esme	Lewis	Bridgend Athletics	12:07
23	Elinor	Roberts	Cardiff Athletics	12:07
24	Charlotte	Bailey	Newbury AC	12:18
25	Isabella	Mercer	NORDV	12:37
26	Olivia	Inglis	Law & District AAC	12:47
27	Lexie	McClean	Eastbourne Rovers AC	12:52
28	Anna	Hall	Team Kennet Triathlon & AC	12:57
29	Anna	Sobey	NORDV	12:58
30	Lyra	Woollam-Dalling	NORDV	13:12
31	Sophie	Phelps	Team Bath AC	13:12
32	Lowri	Morgan	Carmarthen Harriers	13:15
33	Myiesha	Newcombe	NORDV	13:19

Cardiff Cross Challenge - Saturday 9th November 2024**U13 Girls**

Place	First Name	Last Name	Club	Time
1	Madison	Kindler	Brentwood Beagles	9:13
2	Elizabeth	Hutchings	Westbury Harriers	9:27
3	Ellie	Blackhurst	Preston Harriers	9:30
4	Skye	Widdows	Brighton & Hove AC	9:32
5	Esme	Cameron	Liverpool Harriers & AC	9:44
6	Roni	Kohring	Shrewsbury AC	9:44
7	Daisy	Rushton	Liverpool Harriers & AC	9:54
8	Beau	Rawcliffe	Liverpool Harriers & AC	10:00
9	Honor	Peers	Liverpool Harriers & AC	10:07
10	Eilidh	Murdoch	Banchory Stonehaven AC	10:10
11	Isabella	Parry	Liverpool Harriers & AC	10:11
12	Manon Fflur	Phillips	Carmarthen Harriers	10:12
13	Harriet	Saunders	Team Kennet Triathlon & AC	10:19
14	Eva	Martin	Cardiff Athletics	10:21
15	Summer	Richards	Telford AC	10:24
16	Isabella	Peter	Newport Harriers	10:25
17	Jessica	Howes	Wrekin Harriers	10:26
18	Isabelle	Kelland	Rhondda AAC	10:26
19	Arya	Cassini-Jones	Shrewsbury AC	10:27
20	Carys	Woodhead	Bideford AAC	10:29
21	Mabli	King	TROTS	10:30
22	Eleanor	Strawbridge	NORDV	10:36
23	Harriet	Netherway	NORDV	10:38
24	Georgina	Benson	Chorley A&TC	10:51
25	Emily	Evans-Williams	Swansea Harriers	10:57
26	Sophie	Longworth	Wreake & Soar Valley	11:08
27	Paige-lily	Williams	Carmarthen Harriers	11:13
28	Freya Alice	Jones	NORDV	11:18
29	Helena	Wotherspoon	Law & District AAC	11:31
30	Elsie	Davies	Carmarthen Harriers	11:32
31	Dakota Rose	Davies	Rhondda AAC	11:41
32	Emily	Evans	Cardiff Athletics	11:48
33	Madeleine	Nunn	Cardiff Archers	12:03
34	Anya	Walters	Carmarthen Harriers	12:40
35	Sophie	Needs	Peterhead AC	13:17
36	Cerys	Fitzpatrick	Carmarthen Harriers	13:40

Cardiff Cross Challenge - Saturday 9th November 2024



U11 Girls				
Place	First Name	Last Name	Time	Club
1	Lianne	Esterhuysen	5:53	Brentwood Beagles
2	Molly-Mae	Mcqueen	5:54	Swansea Harriers
3	Darcie	Collins	5:58	Poole AC
4	Norah	Kohring	6:01	Shrewsbury AC
5	Gwendolen	Rowe	6:05	
6	Matilda	Saunders	6:07	Team Kennet Triathlon & AC
7	Ivy	Vaughan	6:26	
8	Haf	Thomas	6:26	Carmarthen Harriers
9	Annabelle	Price	6:27	Aberdare Valley AAC
10	Rosie	Gabrielle	6:29	
11	Molly	Shelmerdine	6:33	
12	Bethan	Morgan	6:33	
13	Robyn	Morgan	6:34	Bridgend Athletics
14	Mared	Rees	6:34	
15	Ava	Jones	6:39	
16	Ellis	Rees	6:44	
17	Catrin	Tomos	6:45	
18	Myla	Sullivan	6:47	
19	Fern	Talbot	6:48	Newport Harriers
20	Alys	Evans	6:48	TROTS
21	Alara	Welch	6:51	
22	Madeleine	Fata	6:52	Colwyn Bay AC
23	Gwenno	Rigler	6:53	
24	Liliana	Evans	6:54	
25	Zoe	Carr	6:54	
26	Heledd	Jones	6:55	
27	Kitty	Lancaster	7:02	
28	Rosa	Greenough	7:02	
29	Alys	Tremlett	7:03	
30	Hannah	Gray	7:05	
31	Marnie	Jenkins	7:05	
32	Sophie	Markall	7:05	
33	Sophia	Gowdy	7:10	
34	Mila	Jovetic	7:11	Rhymney Valley AC
35	Tayla	Williams	7:11	Carmarthen Harriers
36	Ffion	Price	7:14	
37	Taya	Ellis	7:17	
38	Athena	Reardon	7:19	
39	Mari	Evans	7:20	
40	Annabel	Rees	7:22	
41	Emily	Jones	7:22	
42	Eve	Watkins	7:24	
43	Alice	Massey	7:25	
44	Lauren	Heaton	7:25	Newport Harriers
45	Rosie	Lynch	7:25	
46	Greta	Fflur	7:26	
47	Mabli	Hancock	7:26	
48	Beca	Edwards	7:26	
49	Luciana	Russell	7:27	

50	Madi Eira	Davies	7:27	
51	Madlen	Jones	7:27	
52	Elin	Matthews	7:28	
53	Maisie	Foley	7:28	
54	Eva-Rae	Jones	7:32	
55	Eliza	Lynch	7:33	
56	Sophie	Floyd	7:36	
57	Alys	Windsor	7:37	
58	Gwen	Fitzpatrick	7:37	Carmarthen Harriers
59	Sara	Evans	7:41	
60	Medi	Williams	7:41	
61	Cadi	Prosser	7:47	
62	Alys	Williams	7:47	
63	Elisabeth	Bessant-Evans	7:49	
64	Martha	Booth	7:49	
65	Rhian	Edwards	7:50	
66	Isobel	Baber	7:50	
67	Lennon	Driscoll	7:50	
68	Seren	Macdonald	7:50	Cardiff Athletics
69	Cadi	Tomos	7:51	
70	Beca	Leeke	7:51	
71	Phoebe	Mahoney	7:51	
72	Ffion	Nicol	7:52	
73	Rhianwen	Jones	7:53	
74	Ffion	Jones	7:53	
75	Flora	Keetch	7:54	
76	Josie	Torrance	7:54	
77	Emma	Ricketts	7:55	
78	Nel	Weeks	7:55	
79	Sara Dafydd	Roberts	7:55	
80	Alba	Hamilton	7:56	
81	Willow	Ramshaw	7:56	
82	Monika	Novak	7:56	
83	Nel Fflur	Morgan	7:57	
84	Teleri	Richards	7:57	
85	Emily	Spiller	7:58	
86	Tina	Novak	7:59	
87	Aneira	Efan	7:59	
88	Isabelle-lee	Hughes	8:00	
89	Millie	Fox	8:02	
90	Millie	Sullivan	8:02	
91	Evelyn	Owen Ashman	8:03	
92	Martha	Guthrie Dinnen	8:04	
93	Hetti	Jenkins	8:05	
94	Erin	Guilfoyle	8:06	
95	Peyton	Lewis	8:07	
96	Jessica	Ruff	8:07	
97	Amelia	Lewis	8:07	
98	Alys	Griffiths	8:08	
99	Faith	Kinsey	8:08	
100	Freya	Williams	8:09	
101	Matilda	Evans	8:10	
102	Aria	Fealey	8:12	

103	Veda	Williams	8:12
104	Ffion	Torne	8:13
105	Miriam	Jenkins	8:13
106	Manon	Page	8:13
107	Lyla	Wapner Carter	8:14
108	Matilda	Lloyd	8:15
109	Gweny	Ryan	8:16
110	Awen	Osborne	8:17
111	Esyllt	Walker	8:18
112	Aura	Wapner Carter	8:20
113	Phoebe	Edmonds	8:20
114	Nancy	Harrington	8:20
115	Mya	Ricketts	8:29
116	Rosie	Markall	8:31
117	Nia	Bevan	8:34
118	Chloe	Mitchell-Blairs	8:45
119	Carys	Thomas	8:48
120	Bethan	Spiller	8:49
121	Tiana	Baynham	8:53
122	Anwen	Richards	8:56
123	Veda	Williams	8:58
124	Imogen	Fata	9:03
125	Lleucu	Ward	9:06
126	Hetty	Barber	9:07
127	Elsie	Jones	9:09
128	Clara	Warlow	9:15
129	Elsie	Blandon	9:16
130	Mila	Bilenki	9:21
131	Loti	Stokes	9:25
132	Madelyn	Jones	9:34
133	Llian	Chambers	9:36
134	Olivia	Evans	9:38
135	Sarah	Mackenzie	9:39
136	Amber	Williams	9:40
137	Megan	Price	10:02
138	Nia	Davies-Evans	10:06