



**2025 Loughborough International: 18 May 2025  
Loughborough**

**Mannheim International: 28-29 June 2025  
Mannheim, Germany**

**2025 European Athletics U20 Championships: 7-10 August 2025  
Tampere, Finland**

### **SELECTION POLICY – published May 2025**

#### **Overview**

UK Athletics provides the opportunity through age group championships for athletes and coaches to experience and learn the key skills, abilities and behaviours needed to progress through the pathway and on to the senior international stage.

The Selection Panel (“the Panel”) therefore aim to select a competitive team and athletes who they believe have the potential to reach top 8 in their event at the European Athletics U20 Championships.

In line with the UK Athletics Futures Academy Relay Programme, the U20 relays are seen as vital educational opportunities for ensuring future success on the senior stage. All U20 relay programme athletes will therefore be expected to make themselves available for the 4x100m or 4x400m relay squads throughout the year, culminating at the European Athletics U20 Championships.

The European Athletics U20 Championships Trials (“the Trials”) for all events except combined events, will take place at the England Athletics U20/U23 Championships on **25-27 July 2025**.

The European Athletics U20 Championships will be fully funded by UKA.

## 2025 Loughborough International: 18 May 2025

The Loughborough International match is the traditional season opener in the UK and is seen as a development opportunity for U20 athletes.

A full programme of events with junior implements and hurdles will be staged (the 110m hurdles race with junior height hurdles is not a match race). Endurance events will include 3000m and 3000m steeplechase for men and women.

The Loughborough International fulfils a key role in the UK Athletics Future Relay Programme. As such, all eligible relay athletes should make themselves available for selection and participation in Loughborough (unless involved in senior UK Athletics relay activities at the same time).

The team will be selected with 1 per event using the following criteria, which are not listed in any priority order:

- Performances achieved from 1st January 2025.
- Head-to-head performance record from 1st January 2025.
- Performances from 2024 outdoor season (where performances demonstrate clear medal potential at the 2025 European Athletics U20 Championships).
- Previous age-group competition history.
- Current form and fitness.
- To be considered for selection, athletes must satisfy the following:
  - be eligible to compete for GB&NI (i.e. full British passport holder);
  - be born in 2006, 2007, 2008;

Selection will take place on **Monday 12 May 2025**. The voting panel members will be made up of representatives of each event group as nominated by the Head of Performance Pathways, based on their knowledge and expertise. The panel will also include a non-voting independent observer and a member of the Athlete's Commission.

## 2025 Mannheim International: 28-29 June 2025

The Mannheim International is one of the highest junior level competitions outside the World Athletics or European Athletics U20 Championships each year. Given the historical level of performance at this meeting and its importance in preparing the 4x100m and 4 x 400m relay teams for the European Athletics U20 Championships, it is UK Athletics' intention to select men's and women's 4x100m and 4 x 400m relay teams as well as a number of individual athletes to compete in Mannheim as part of another opportunity for developing pathway athletes.

The Mannheim International will be fully funded by UKA.

The team will be selected using the following criteria:

- The 4x100m & 4x400m relay teams take priority over any of the individual events in Mannheim. Any athlete who wishes to be selected in the individual 100m, 200m or 400m must make themselves available for the relay teams in Mannheim or they will not be selected for an individual event.
- The number of athletes selected for each relay will be at the discretion of the Panel. Athletes will be selected based on the Panel's consideration of a combination of the following criteria (which are not listed in priority order), as well as any other factors that may be deemed relevant:
  - Full commitment, engagement and relay progress with the UK Athletics Futures Academy Relay Programme.
  - Current form (Performances from 1st January 2025).
  - Head-to-heads in 2025.
  - Previous major age-group competition history.
  - Injury status.
- Due to the provision of high-level competition opportunities for many disciplines in the UK, such as the BMC events and the UK Athletics Championships, any remaining places (subject to the team size allocated by event organiser) will be filled in the following priority order:
  1. Highly European ranked individual athletes in the throws, jumps, hurdles and combined events.
  2. Any individual athlete who, in the panel's opinion, are Medal contenders for the 2025 European Athletics U20 Championships; and
  3. Any other individual athletes.
- To be considered for selection, athletes must satisfy the following:
  1. be eligible to compete for GB&NI (i.e. full British passport holder);
  2. be born in 2006, 2007, 2008;

Selection will take place on **Friday 6 June 2025**

**2025 European Athletics U20 Championships: 7-10 August**  
**Tampere, Finland**

## **TRIALS**

The European Athletics U20 Championships Trials ("the Trials") for all events except the 10,000m Walk and combined events will take place on **25-27 July at the England Athletics u20/23 Championships in Birmingham**.

The Trials for the 10,000m walk will be held on **28-29 June** at the Welsh Athletics Senior Championships, Cardiff.

Combined Events athletes who wish to be considered for selection must compete at the Trials in a relevant event.

In the case of an injury, athletes will be required to provide a medical report to the UK Athletics U20 Team Doctor, please contact [agegroupchampsinfo@britishathletics.org.uk](mailto:agegroupchampsinfo@britishathletics.org.uk).

The GB and NI team will travel to the Championships as a single team. All questions related to the selection policy or trial races should be directed to [agegroupchampsinfo@britishathletics.org.uk](mailto:agegroupchampsinfo@britishathletics.org.uk)

The European Athletics U20 Championships will be fully funded by UKA.

## **ELIGIBILITY**

1. To be considered for selection, athletes must satisfy the following:
  - a. be eligible to compete for GB&NI (i.e. full British passport holder);
  - b. be born in 2006, 2007, 2008;
  - c. compete in the Trials in the event in which they wish to be selected with the following exceptions:
    - i. Athletes in the 10,000m Walk and Combined Events;
    - ii. Athletes who may want to double up at the European Athletics U20 Championships do not have to compete in their second event at the Trials. Athletes must inform the Selection Panel ("the Panel") prior to the selection meeting of their desire to double up and in which events. The Panel will consider any athlete's second event as discretionary selection in round 2 (as described in paragraph 8).
  - d. athletes must have demonstrated a consistent level of performance in line with the aims of the policy.
  - e. sign the UK Athletics Team Members' Agreement ("TMA") and abide by its terms and conditions. Any athlete failing to do so prior to the first date of competition will result in their selection being withdrawn. The current version of the TMA can be found online at <https://www.uka.org.uk/performance/british-athletics-teams-information/>
  - f. have completed the European Athletics 'I Run Clean™' anti-doping education programme via <https://www.irunclean.org/> and have a valid certificate number prior to the 2025 European Athletics U20 Championships selection meeting on 28 July 2025. Each certificate has a validity of two years.

For the avoidance of doubt, athletes seeking selection for the relay must compete in their usual relevant individual event at the Trials.

## QUALIFICATION

2. To be considered as part of the selection process qualification performances must be achieved from 1 January 2025 and 23:59 (BST) on 27 July 2025
3. The UK Athletics qualification standards are based on a predicted Top 8 finish:

### European u20 Standards

Men	Event	Women
10.50	100m	11.65
21.20	200m	23.80
47.00	400m	54.00
1:49.0	800m	2:04.0
3:44.0	1500m	4:20.0
8:10.0	3000m	9:25.0
14:20.0	5000m	16:45.0
9:05.0	3000m S/C	10:30.0
44:00.0	10,000m Walk	49:00.0
13.80	110mH/100mH	13.50
51.80	400mH	58.60
2.12	High Jump	1.82
5.15	Pole Vault	4.10
7.55	Long Jump	6.25
15.30	Triple Jump	13.00
18.45	Shot	14.80
56.00	Discus	49.50
70.50	Hammer	59.50
69.00	Javelin	50.00
7300	Decathlon/Heptathlon	5400

## SELECTION PROCESS

4. The team will be selected on 28 July 2025.
5. The team will be announced on Thursday 31 July 2025.
6. A maximum of three athletes may be selected in each individual event. Up to 6 athletes may be selected for each relay event. The composition of those relay athletes must include the athletes who are selected in the relevant individual event. Any other athlete who is selected in any other event may then be able to participate in the relay event.
7. UK Athletics will select qualifying athletes up to a maximum team size of 55
8. **Round 1 – automatic selections**
  - a. The 1<sup>st</sup> place of the individual Trials event (refer to the overview for details on all Trials events) will be automatically selected for the same event at the European Athletics U20 Championships, provided the relevant UKA qualification standard has been achieved by the athletes during the relevant qualification period;
  - b. Should the 1<sup>st</sup> of the trials not be eligible for (or decline) selection or have not achieved the relevant qualification standard, their automatic place will NOT be offered to the next best placed eligible athlete(s) from the relevant Trial;
  - c. Combined event athletes who have achieved the UKA standard, competed at the trials and ranked number 1 U20 athlete in the UK.

## 9. Round 2 – all remaining eligible individual athletes

- a. In this round the Panel will consider athletes that have:
  - i. Achieved the UKA qualification standard by the end of the qualification period;
  - ii. Demonstrate to the satisfaction of the Panel current form and fitness which suggests they are capable of performing at a level equal to (or exceeding) their qualification best or season's best (whichever is higher), in line with the aims of the policy.
- b. athletes will be selected based on the Panel's consideration or a combination of the following criteria (which are not listed in priority order), as well as any other factors that may be deemed relevant:
  - i. Current form;
  - ii. Position at the Trials;
  - iii. Future individual medal potential at outdoor global events;
  - iv. Top 8 potential at the 2025 European Athletics U20 Championships;
  - v. Head-to-heads;
  - vi. Previous major age-group competition history;
  - vii. Injury/illness status;
  - viii. Relay contribution (where relevant).

## 10. Round 3 – Relays;

- a. Based on the athletes selected for individual sprint/hurdles events in rounds 1 and 2, the Panel, may choose to select a team for each of the men's and women's 4x100m and 4x400m relays (which must include athletes selected for individual 100m, 200m and 400m events respectively) provided the following is true:
  - i. they believe a sufficient number of athletes eligible for relay selection possess realistic potential to be key team members in future senior global medal winning relay teams.
- b. The number of athletes selected for each relay will be at the discretion of the Panel, in accordance with the European Athletics entry rules.
- c. Athletes will be selected based on the Panel's consideration of a combination of the following criteria (which are not listed in priority order), as well as any other factors that may be deemed relevant:
  - i. Current form;
  - ii. Head-to-heads;
  - iii. Previous major competition history (in individual and relay events);
  - iv. Relay skills;
  - v. Injury/illness status; and
  - vi. Engagement with the UKA relay programme(s);
- d. Athletes selected for the relay do not need to have achieved a UKA qualification standard but do need to have competed in the Trials.

*Note: All athletes selected for the 4x100m and 4x400m relay teams, regardless of whether they are also selected in an individual event, will be expected to compete as part of the wider development of relays in the UK. As such all selected relay athletes will be expected to make themselves available for ALL rounds of the relevant relay (except in the case of genuine injury). Any athlete who fails to do so will not be considered (until such time as behaviours demonstrably change) for support via UK Athletics Futures Academy (or equivalent) or World Class Programmes.*

## 11. Round 4

- a. The 'Panel' may select additional individual athletes to the team who have a realistic chance of being a Top 8 at the Europeans but who have not achieved a UKA qualification standard within the relevant qualification period (provided they have achieved the European Athletics qualification standard).
  - b. Athletes will be selected based on the Panel's consideration of a combination of the following criteria (which are not listed in priority order) as well as any other factors that may be deemed relevant:
    - i. Current form and consistency of performances
    - ii. Position at the trials.
    - iii. Future individual medal potential at indoor or outdoor major events.
    - iv. Head-to-heads in 2025.
    - v. Previous major age-group competition history.
    - vi. Injury/illness status.
12. The total number of athletes selected in rounds 2, 3 and 4 may be limited by regulations set by European Athletics, the Championship organisers, or by UKA for logistical or budgetary reasons.

## CONDITIONS

13. Qualifying standards can only be achieved at WA permitted meets.
14. Competitions in GB that receive WA permits will only be the level 2 licensed meets.
15. Performances must be achieved during competitions organised or authorised by the WA, its Area Associations or its National Member Federations. Domestic competitions will only be accepted if they are achieved in Permit Level 2 competition (or higher)
16. For the avoidance of doubt, any Permit Level 1 competitions not listed above will NOT be valid for qualification purposes. Any athlete/coach who is unsure as to which competitions will be acceptable for qualification purposes are advised to contact [agegroupchampsinfo@britishathletics.org.uk](mailto:agegroupchampsinfo@britishathletics.org.uk)
17. Providing the sprints are timed using photo finish and that sprints and jumps all use a wind gauge.
18. Race walking performances achieved in road events must be achieved on WA certified courses.
19. Wind-assisted performances (or performances achieved at events where wind measurement was not available) will not be accepted. The interpretation of a wind assisted Combined Events performance will be based on the most recent version of the WA rule book (at the time of selection), unless the relevant organising committee state otherwise.
20. Performances achieved in mixed events held completely in a stadium will not be accepted.
21. Hand-timed performances in 100m, 200m, 400m, 800m, 100m/110m Hurdles, 400m Hurdles and 4 x100m relay will not be accepted.
22. Indoor performances for all field events and for races of 400m or longer will be accepted.
23. 100m, 200m, 400m, 110m/100m hurdles and 400m hurdles performances at altitudes of above 950m will not be accepted.

## **APPEALS**

18. There shall be no right of appeal to the selection of the GB&NI Team made by the Panel. The provisions of the UK Athletics Selection and Nomination “Fast” Appeals Procedure do not apply to the GB&NI team selections for the European Athletics U20 Championships.

## **AMENDMENTS**

19. UK Athletics reserves the right to amend this Selection Policy at its sole discretion and will make any amended version publicly available (including the date on which any amendment was made) at <https://www.uka.org.uk/performance/2025-selection-policies/>