



2025 WORLD ATHLETICS CHAMPIONSHIPS: 13 – 21 SEPTEMBER 2025 TOKYO, JAPAN

TRACK & FIELD SELECTION POLICY – published February 2025

Updated May 2025 – WA Standards for 5,000m & 10,000m includes road performances.

Updated 28 July 2025 – WORLD ATHLETICS FEMALE ATHLETE SRY TEST ELIGIBILITY REQUIREMENT

Updated 21 August 2025 – Section 27 Reserves

This Selection Policy (“the Policy”) set outs the selection process for the track & field events for the Great Britain & Northern Ireland team at the 2025 World Athletics Championships in Tokyo, Japan (the “Championships”).

Athletes should note that they must comply with all General Eligibility requirements to compete for Great Britain and Northern Ireland at these championships. Please refer to Appendix 2. **New World Athletics Female Athlete SRY Test requirement has been introduced at these championships. Female athletes should note that there are actions required - see Appendix 2, paragraph 2.**

PERFORMANCE OBJECTIVES

For individual events - to maximise medal success and the number of Top 8 finishes

For relay events - to achieve medal success

TRIALS

1. The Trials for all athletes wishing to be considered for selection in track & field events, with the exception of the 10,000m, will be held at the UK Athletics Championships on 2 and 3 August 2025 at the Alexander Stadium, Birmingham (the “Trials”).

2. **10,000m**

The official trial for the 10,000m will be held at the UK Athletics 10,000m Track Championships which takes place on 14 June 2025 at the University of Birmingham (“10k Trial”). References to Trials includes the 10k Trial.

SELECTIONS

3. Selections will be made in two stages. The first stage will take place after the Trials on **3 August 2025**. The second stage will take place after the end of the last qualification window on **26 August 2025**.
4. The team will be announced on **26 August 2025**.
5. Team selections will be made based on the performance objectives of the Championships as stated above. Details on the Selection Process and the Selection Panel can be found in Section 2 and Section 3 respectively.

WORLD ATHLETICS (“WA”) RULES - ATHLETE NUMBERS PER EVENT

6. Selections will be subject to the maximum number of entries permitted by WA as published on the WA website, summarised as follows:
 - a. **All Individual Events**

There is a maximum of three (3) athletes per nation per individual event, except for the provisions made in 6b below.

b. **World Athletics Wild Cards**

In addition to the maximum three (3) athletes a maximum of one (1) additional athlete per event from the following title holders will be invited to participate as a WA Wild Card.

- i. Defending 2023 World Champion
- ii. Winner of 2025 Diamond League
- iii. Winner of 2024 World Combined Events Tour
- iv. Leading hammer throw performance (by result) on the 2024 Continental Tour

WORLD ATHLETICS RULES - TEAM RELAY EVENTS QUALIFICATION

7. UK Athletics must have first achieved qualification in each relay event to be eligible to field a relay team in each respective relay event at the 2025 World Championships (see Appendix 3, paragraph 11). The Selection Panel in its entire discretion will determine by relay event whether it will field a team at the Championships.

- **4 x 100m and 4 x 400m Relay events**

Up to six (6) athletes may be selected. In compliance with WA rules, athletes selected for the 100m and 400m individual events must be included within the six.

- **4 x 400m Mixed Relay event**

Up to a maximum of four (4) athletes may be selected, in addition to those athletes selected in other events.

SECTION ONE: ELIGIBILITY FOR SELECTION

8. To be eligible for consideration for selection, athletes must comply with Requirements One and Two below **AND** satisfy the General Eligibility Criteria set out in Appendix 2. **Female athletes should note the specific eligibility rules and actions required in the General Eligibility Criteria (paragraph 2)** For the avoidance of doubt, compliance does not guarantee selection.
9. Athletes who meet both requirements and satisfy the General Eligibility Criteria are "Eligible Athletes".
10. The World Athletics Entry Standards and UKA Consideration Standards must be achieved in competitions that comply with the Performance Conditions outlined in Appendix 3.

REQUIREMENT ONE: PARTICIPATION AT TRIALS

11. **Mandatory Participation at Trials**

To be considered for selection, all athletes must compete at the Trials. All conditions, provisions and any exceptional exclusions are set out in Appendix 1.

12. **Provisions for Specific Events**

Specific provisions relating to Trials participation are made in Appendix 1 for Olympic and World individual medallists and athletes targeting selection in the events below. Athletes should review carefully these provisions in Appendix 1.

- i. Combined events
- ii. Relay events
- iii. 10,000m

13. **Illness and Injury**

In the event an athlete is unable to compete at the Trials due to illness or injury, the athlete must comply with the conditions in Appendix 1. Where the provisions and conditions in Appendix 1 are not adhered to, an exemption for non-attendance at Trials will not be granted. Any exemption will be by exception and given at the sole discretion of UKA.

14. 'Doubling Up'

Athletes seeking selection in two individual events at the 2025 World Championships will not be required to compete in their second event at the Trials.

However, the Selection Panel will have sole discretion to determine whether athletes will be selected to compete in more than one event. As per paragraphs 23 and 24, in the context of the Performance Objectives of the Championships, the Panel's assessment will also consider the potential impact a secondary event will have on the athlete's performance in both events. Requests to be considered for two individual events ('doubling-up') should be made to the Performance Director pdunn@uka.org.uk in writing in advance of the Trials.

REQUIREMENT TWO: QUALIFICATION

15. Qualification Standards

Athletes must qualify by **one** of the routes in paragraph 16 below. Athletes should note that the qualification routes below are not considered as equal. The selection process applies prioritisation via rounds, as set out in Section Two.

Qualification must be achieved within the relevant qualification period, as set out in paragraph 19 below.

16. Qualification Routes:

- a. Achieve a **World Athletics Entry Standard** (as set out in paragraph 17 below) or;
- b. Receive a **Wild Card** entry by World Athletics (as described in paragraph 6b above) or;
- c. Achieve **both** a UKA Consideration Standard (as set out in paragraph 18 below) within the qualification period, and have a World Athletics World Ranked position for the same event in accordance with the WA timelines, or;
- d. By virtue of performance at the following WA designated competitions:
 - **Area Champion** – The 2024 European Champions in all individual events on condition there is no better entry (by World Rankings) of another athlete from Europe in the same event.
 - **10,000m Cross Country Tour** – For 10,000m, be in the quota of three (3) athletes in the Cross Country Tour, as assigned by WA to the top positioned athletes not otherwise qualified through entry standards or other routes in the senior men's and women's cross-country tour ranking at the end of the qualification period. In cases of places declined, the quota place will not be offered by default to the next best finisher.

17. World Athletics Entry Standards

The WA Entry Standards for each event are set out in the table below. There are no WA Entry Standards for relay athletes.

Men	Event	Women
10.00	100m	11.07
20.16	200m	22.57
44.85	400m	50.75
1:44.50	800m	1:59.00

3:33.00 3:50.00 (Mile / Road Mile)	1500m	4:01.50 4:19.90 (Mile / Road Mile)
13:01.00	5000m/5k road	14:50.00
27:00.00	10,000m/10k road	30:20.00
8:15.00	3000m SC	9:18.00
13.27	110mH / 100mH	12.73
48.50	400mH	54.65
2.33	High Jump	1.97
5.82	Pole Vault	4.73
8.27	Long Jump	6.86
17.22	Triple Jump	14.55
21.50	Shot Put	18.80
67.50	Discus Throw	64.50
78.20	Hammer Throw	74.00
85.50	Javelin Throw	64.00
8550	Combined Events	6500

18. UKA Consideration Standards

The UKA Consideration Standard is set out in the table below. Athletes who have a UKA Consideration Standard must also be in a WA Ranked position ([Road to Tokyo](#)) at the close and final publication of the WA rankings, in accordance with WA rules.

Men	Event	Women
10.02	100m	11.10
20.30	200m	22.60
45.00	400m	50.95
1:45.25	800m	1:59.25
3:34.90	1500m	4:02.90
13:10.50	5000m*	14:57.50
27:20.00	10,000m*	31:10.00
8:17.50	3000m SC	9:22.50
13.31	110mH / 100mH	12.80
48.70	400mH	54.85
2.28	High Jump	1.94
5.74	Pole Vault	4.61
8.13	Long Jump	6.75
17.05	Triple Jump	14.35
21.00	Shot Put	18.65
64.90	Discus Throw	63.20
76.50	Hammer Throw	71.50
82.20	Javelin Throw	61.00
8250	Combined Events	6235
*5000m & 10,000m must achieved on the track		

19. Qualification Periods

The qualification periods to achieve World Athletics Entry Standards and UKA Consideration Standards are as follows:

EVENT	QUALIFICATION PERIOD
All Individual events (except events below)	1 August 2024 - 24 August 2025
10,000m events	25 February 2024 - 24 August 2025

Combined Events	25 February 2024 - 24 August 2025
Relay Events (where no individual selection)	No qualification standard

20. Qualification – Exceptional Provisions

By exception, if an athlete has not achieved qualification through any of the routes in paragraph 16 above, then discretionary selection may be considered in accordance with the process set out in paragraph 26 below. Discretionary selection is proposed by the Performance Director at the entire discretion of the Performance Director and is voted by the Selection Panel. Discretionary selection is by exception only and a maximum of two places are permitted.

For clarification, a discretionary selection is exempt from the requirement to achieve qualification by the routes set out in paragraph 16 above. However, the athlete must achieve a World Athletics World Ranked position in order to be eligible to be considered for selection.

SECTION TWO: SELECTION PROCESS

The Selection Panel (the “Panel”) will only select from Eligible Athletes.

Selection will be made in two chronological stages, and in five rounds conducted in priority order.

3 August 2025 Selection Meeting: Rounds 1 & 2

21. Round 1 – WA Wild Cards, 2024 Olympic Games & 2023 World Championship individual medallists

Eligible athletes who meet the criteria below will be selected, provided in the Panel’s expert opinion they have demonstrated current form that gives confidence in their ability to fulfil the Performance Objectives of the Championships. This will involve an assessment of the athlete’s performances and performance consistency during the 2025 outdoor season.

- 2024 Olympic individual medallists will be selected in the corresponding event.
- 2023 World Championship individual medallists will be selected in the corresponding event.
- WA Wild Card invitation athletes will be selected in the corresponding event.

22. Round 2 – Top Two (2) at Trials

- The top two athletes in each individual event at the Trials will be selected for the corresponding event, if they are an Eligible Athlete with a **World Athletics Entry Standard**.
- If a 2024 Olympic Games individual medallist, 2023 World Championships individual medallist, or WA Wild Card finishes top two at the Trials and is selected in Round 1, the following applies:
 - If the athlete’s top two placing at Trials was in a different event from the event they were selected for in Round 1, and they do not wish to be considered for selection in that event, the 3rd place finisher in that event will be selected, provided they are an Eligible Athlete with a World Athletics Entry Standard.
 - If the athlete competes in their corresponding event, normal selection rules apply, and the 3rd place finisher will not be automatically selected in this Round.
- Where there is a dead heat or tie at any of the Trials events between athletes eligible for consideration in this round, the following considerations will apply:
 - Where two athletes are tied for first place, both will be selected.
 - Where three or more athletes are tied for first placed, all athletes will be considered in Round 3.

- iii. Where two or more athletes are tied for second place all athletes will be considered in Round 3.
- d. Should either of the first two finishers at the Trials not be eligible for selection (or decline selection), their place will **not** be offered by default to the next best Eligible Athlete save for the conditions set out in paragraph 22b above.

26 August 2025 Selection Meeting: Rounds 3, 4 & 5

23. Round 3 – Remaining Eligible Athletes with a World Athletics Entry Standard

- a. If places remain by event, the Panel may then consider Eligible Athletes with a World Athletics Entry Standard. Athletes being considered for selection in this round must in the sole discretion of the Panel, meet the Performance Objectives of the Championships based on their assessment of the criteria below.
- The number of times qualification standards were achieved during the qualification window
 - Performances and performance consistency during the qualification window
 - Current form during the 2025 outdoor season
 - Season's best and position in World Athletics season top lists (3 per nation)
 - Performance and position at Trials
 - Head-to-heads with other Eligible Athletes
 - Recent athlete performance history in major international championships since 2022
 - Injury/illness status
 - Individual potential to progress from current top 8 performance potential to medal at future major international championships
 - Where 'doubling up' is concerned, the impact of competing in multiple events on the athlete's ability to meet the Performance Objectives of the Championships
 - Impact on medal winning potential in relay teams
 - Other factors the Selection Panel deem relevant.
- b. In the expert view of the Panel, the key elements outlined above, along with any associated factors and/or considerations the Panel considers relevant, may be weighted and/or disregarded as necessary to best meet the Performance Objectives. The criteria are not listed in order of priority, and any criteria may be disregarded.
- c. If there are more Eligible Athletes with a World Athletics Entry Standard than there are places available, athletes will be considered for selection in the corresponding event based on the Panel's comparative assessment of athletes. The Panel will ultimately select athletes the greatest potential to fulfil the overarching performance objectives of the Championships.

24. Round 4 – Qualification via UKA Consideration Standard & World Athletics Ranking Position or by virtue of performance at 2024 European Championships or 10,000m Cross-Country Tour.

- a. If there are places remaining, the Panel may then consider Eligible Athletes who have achieved the UKA Consideration Standard or who qualify by virtue of their performances in the designated competitions and, in the sole discretion of the Panel, meet the Performance Objectives of the Championships. At all times the Panel's consideration for selection will be based on meeting Performance Objectives, not on filling event places.
- b. Where necessary the criteria below will be used for the comparative assessment of athletes, and the Panel will ultimately select athletes who they consider possess the greatest potential

to fulfil the overarching Performance Objectives of the Championships. Notwithstanding the conditions for the 10,000m in paragraph 24c, the criteria below are not listed in priority order of priority, may be given unequal weight and/or may be disregarded to best meet the performance objectives of the Championships:

- The number of times qualification standards were achieved during the qualification window
 - Performances and performance consistency during the qualification window
 - Current form during the 2025 outdoor season
 - Season's best and position in World Athletics season top lists (3 per nation)
 - Performance at Trials
 - Head-to-heads with other Eligible athletes
 - Recent athlete performance history in major international championships since 2022
 - Injury/illness status
 - Individual potential to progress from current top 8 performance potential to medal at future major international championships
 - Where 'doubling up' is concerned, the impact of competing in multiple events on the athlete's ability to meet the Performance Objectives of the Championships
 - Impact on medal winning potential in relay teams
 - Other factors the Selection Panel deem relevant.
- c. For the 10,000m, athletes should note that performances at the 10k Trial will carry significant weighting in the Panel's assessment of the above criteria (refer to Appendix 1, paragraph 4).

25. Round 5 – Relay Events

- a. As per paragraph 7 and in line with World Athletics regulations, a maximum of six (6) athletes can be selected in the 4 x 100m and 4 x 400m relay events, which must include athletes selected individually for the 100m and 400m respectively. For the Mixed 4 x 400m relay, a maximum of four additional (4) athletes can be selected.
- b. A team may be selected for each of the following relay events where qualification has been achieved:
- i. Men's 4 x 100m
 - ii. Women's 4 x 100m
 - iii. Men's 4 x 400m
 - iv. Women's 4 x 400m
 - v. Mixed 4 x 400m
- c. Each qualified relay team is subject to the following:
- i. The team must, in the Panel's expert opinion, have the genuine potential to achieve a medal at the 2025 World Championships (taking into account the event timetable, athletes selected in individual events and/or other relay events).
 - ii. The Panel may choose to prioritise one relay team over another i.e. the mixed relay team above the men's or women's 4 x 400m relay team, to maximise the chance of medal success. The Panel is not obliged to select a team for all relay events.
 - iii. Athletes who are selected in the previous rounds in their corresponding individual event will be automatically selected in line with the World Athletics relay qualification policy.
 - iv. The selected 4 x 400m athletes will be expected to compete in the Mixed 4 x 400m relay, as required by the Performance Director.
- d. For clarification, the athletes who participated in the relevant qualifying relay team will not be automatically selected.

- e. There is no WA Entry or UKA Consideration Standard for Eligible Relay Athletes who are not selected for an individual event.
- f. Eligible Athletes in contention for the remaining relay places in the respective events will be selected in this round, based on the Panel's overall evaluation of the criteria below:
 - Performances and performance consistency during the qualification window, and the number of times qualification standards were achieved
 - Current form during the 2025 outdoor season
 - Specific relay skills including but not limited to: adaptability, ability to execute a particular leg, flat speed, check mark discipline; consistency of performance in key relay elements as determined by the Panel
 - Season's best and position in World Athletics season top lists (3 per nation)
 - Performance at Trials
 - Head-to-heads with other relevant athletes
 - Injury/illness status
 - Impact on medal winning potential in relay teams
 - Contribution and commitment to relay team-based training/competition activity
 - Where relevant adherence to the WCP Relay Programme.
 - Other factors the Selection Panel deem relevant.
- g. The criteria listed above are used for comparative assessment. They are not listed in order of priority, may be given unequal weight and/or may be disregarded to best meet the Performance Objectives of the Championships

26. **Exceptional Provisions - UKA Discretionary Selections**

- a. In exceptional circumstances only, the Performance Director may exercise their discretion to propose the selection of an individual athlete who they believe meets Performance Requirement One but has not met the World Athletics Entry Standard or UKA Consideration Standard. In such cases, in order to select the athlete, the Performance Director must believe the athlete to have demonstrated the ability to meet the Performance Objectives of the Championships.
- b. In making such an assessment, the Panel will consider the athlete's performances to determine their ability and readiness to perform at the Championships at a level aligned to the Performance Objectives.
- c. Discretionary selections will be subject to the athlete achieving a World Athletics World Ranked Position on publication of the rankings list.
- d. In the case of discretionary selections, voting will require a majority vote, in line with all other rounds and the procedure set out in Section Three, paragraph 30 below.
- e. The maximum number of discretionary selection places available is two (2).
- f. Discretionary selections may only be considered following completion of the rounds. There is no obligation to use discretionary selections.

27. **Reserves**

- a. The Panel may nominate one additional reserve for any individual event. Such reserve athletes must have achieved the criteria outlined in rounds 3 or 4. If more athletes satisfy the criteria than there are places available, reserve athletes will be named based on the Selection Panel's consideration of criteria outlined in rounds 3 or 4.

- b. Athletes who receive a wild card by winning the Diamond League series will be selected. If such an athlete has already been selected, the reserve selected in that event will be promoted to the team.
- c. In situations where an athlete has been de-selected, UKA will exercise its sole discretion in determining whether or not to call upon a reserve.

SECTION THREE: SELECTION PANEL

- 28. The Panel shall comprise the following Voting and Non-Voting Members stated below. A substitute may be nominated at any time by the Performance Director if a member (including the Performance Director) is unavailable:
 - a. Voting Members:
 - i. Performance Director
 - ii. Deputy Performance Director
 - iii. Representatives from each of the Endurance, Sprints and Field & Combined event groups who will each vote on all athlete selections.
 - b. Non-Voting Members:
 - i. Chairperson;
 - ii. Event specialist(s), as nominated by the Performance Director if considered necessary;
 - iii. British Elite Athletes Association observer (if available);
 - iv. UK Athletics Medical representative (as required);
 - v. Legal representative (as required);
 - vi. Media representative (as required);
 - vii. Note taker(s), and;
 - viii. Any other person invited by the Chairperson.
- 29. In the event of an actual, potential, or possible conflict relating to any voting member of the Panel, it should be reported to the Chairperson of the selection meeting who shall determine whether the voting member in question should be permitted to take part in relation to any selection decision(s). The Chairperson may appoint an alternative selector if necessary.
- 30. Voting of the Panel shall be by simple majority. The Performance Director shall have a casting vote, if required. If the Performance Director is unable to vote due to a conflict, the relevant event group lead shall have a casting vote if required. For discretionary selections, if the Performance Director has a conflict, the Chair will decide on which voting member shall have casting vote.
- 31. The Panel may make any selection conditional on the athlete completing a performance requirement or test set by the Panel.

SECTION FOUR: DE-SELECTION

- 32. Following selection, an athlete may be de-selected by the Panel or UK Athletics in the event of:
 - a. the athlete ceasing to comply with the eligibility criteria set out in this Selection Policy, other strategy document, or policy communicated by UK Athletics;
 - b. UK Athletics becoming aware that the athlete does not comply with the eligibility criteria set out in this Selection Policy, other strategy document, or policy communicated by UK Athletics;
 - c. the athlete's failure to sign the World Class Programme Athlete Agreement or Team Member Agreement;
 - d. the application of the Medical De-Selection Protocol set out in the World Class Programme Athlete Agreement or Team Member Agreement;

- e. any anti-doping rule violation or provisional suspension;
- f. any serious misconduct or suspension due to misconduct;
- g. a breach of any UK Athletics policy including, but not limited to the Relay Plan;
- h. UK Athletics reasonably considering that the athlete will be unable to perform at the level required or expected due to any reason including loss of form, failure to recover fully or as expected from injury or illness, or;
- i. The athlete's failure to opt-in to team training or events.

SECTION FIVE: GENERAL PROVISIONS

Appeals

33. Athletes may appeal their non-selection, but only after the final selection publication on the UK Athletics website, and in accordance with the procedure laid out in the "UK Athletics Selection Fast Appeals Procedure" which can be found on the [UK Athletics website](#), which is subject to change. Athletes wishing to seek advice regarding the appeals process (including the validity of any procedure itself) may contact the British Elite Athletes Association via support@britisheliteathletes.org (WCP athletes only) or the UK Athletics Athletes' Commission at www.uka.org.uk/governance/uk-athletics-athletes-commission/.
34. All athletes wishing to be selected pursuant to this Selection Policy agree, as a condition of consideration for selection, that the UK Athletics Selection Fast Appeals Procedure is to be treated as an arbitration procedure under Part 1 of the Arbitration Act 1996 (the "Act") and amounts to a binding arbitration agreement for the purposes of section 6 of the Act. The seat of the Arbitration shall be England, and the Procedure shall be governed by English law.
35. Athletes wishing to commence an appeal should be aware there is a £250 administration fee due upon lodging a notice of appeal. The fee is refundable if the appeal is upheld. The fee must be paid in conjunction with the Notice of Appeal, as per the timelines outlined below.
36. The Notice of Appeal will not be valid unless the athlete provides confirmation of payment of the administration fee at or before the time the Notice of Appeal is due.
37. Payment details for the administration fee are below. Transfers must be referenced PAD1094 – [YOUR INITIALS]

Bank Details

Sort Code: 30-64-10

Account No: 31040560

Account Name: UK Athletics Ltd

38. The Relevant Timeline, as defined in the UK Athletics Selection Fast Appeals Procedure, is set out in the table below. Please note that it is not possible for UK Athletics to notify all athletes of non-selection.

Action	Date & Time
Publication of selection list/selected athletes are notified	By 18:00 Tuesday 26 August
Athlete request notes from selection meeting	By 20:00 Tuesday 26 August
UK Athletics to supply notes	By 14:00 Wednesday 27 August
Athlete to submit Notice of Appeal	By 10:00 Thursday 28 August
Evidence of administration fee payment	By 10:00 Thursday 28 August
Third parties to submit additional documents. (if requested by the Appeal Panel)	By 16:00 Thursday 28 August
UK Athletics to submit Chairperson's Statement	By 18:00 Thursday 28 August
Appeal Panel Hearing	Friday 29 August
Appeal Outcome	By 18:00 Friday 29 August
Final entries deadline	23:00 Monday 1 September

If you have not been notified of your selection by the time stated above, you have not been selected. The deadlines set out above should be carefully noted in the event an appeal is being considered.

Amendment

39. UK Athletics reserves the right to amend this Selection Policy at any time at its discretion and will make any amended version publicly available (including the date on which any amendment was made) at www.britishathletics.org.uk

Governing law

40. This Selection Policy shall be governed by and constructed in accordance with the law of England and Wales.

Jurisdiction

41. Any dispute or claim (other than appeals) arising out of or in connection with this Selection Policy shall be submitted for determination exclusively to arbitration under the auspices of Sports Resolutions (UK) Limited and subject to the procedural control of the English Courts.

Contacts

Contact details are as follows:

- Performance Director queries: Paula Dunn (pdunn@britishathletics.org.uk)
- Policy queries and guidance: Tina Ryan (tryan@uka.org.uk)
- Medical: Dr James Brown (jbrown@britishathletics.org.uk)
- Championships logistics: Maddy Ibbett (mibbett@britishathletics.org.uk)

APPENDIX 1 - PARTICIPATION AT TRIALS

Subject to the exceptions set out within this Appendix 1, athletes must compete in the Trials (or 10k Trial) in the event for which they wish to be considered for selection.

1. 2024 Olympic Games and 2023 World Championship individual medallists may compete in a different discipline at the Trials for which they wish to be considered for selection. This must be agreed in advance of entry by Performance Director.
2. Athletes wishing to be considered for selection in the 4 x 100m relay events must compete at the Trials in the 100m, 200m or 100/110mH individual events.
3. Athletes wishing to be considered for selection in the 4 x 400m men, women and mixed relay events must compete at the Trials in the 200m, 400m, 400mH or 800m individual events.
4. Combined Events athletes must compete in at least one relevant event, as agreed with the Performance Director.
5. All athletes wishing to be considered for selection in the 10,000m must race at the 10k Trial, with the exception of athletes who have the World Athletics Entry Standard. Athletes with the 10,000m WA Entry Standard who meet all other relevant requirements can either compete at the 10,000m or 5000m Trial event in order to be considered as an Eligible Athlete. These athletes should note that they will be considered for selection following the process set out in Section 2, with no specific prioritisation attributed over other athletes who achieve the WA Entry Standard at the 10,000m trial event.
6. In exceptional circumstances only, the Performance Director may, at their discretion, grant an athlete permission to compete in a different event at the Trials to that in which they wish to be selected. Requests must be made in writing in advance of entry to the Trials.
7. Athletes who are considering seeking selection in two individual events at the 2025 World Championships will not be required to compete in their second event at the Trials. However, the Selection Panel will have sole discretion to determine whether athletes will be selected to compete in more than one event. The Panel's assessment will also consider the potential impact a secondary event will have on the athlete's performance in both disciplines. Requests to be considered for two individual events ('doubling-up') should be made to the Performance Director, in writing in advance of the Trials.

Illness and/or Injury Exemption from Participation at Trials

8. Permission to not compete at Trials will only be granted in the case of illness or an injury. No other exceptions will be made. Where the provisions below are not adhered to, an exemption will not be granted.
9. Where an athlete suffers illness or injury the day before or the day of the Trials, they must contact the Performance Director or UKA Lead Doctor - James Brown (jbrown@uka.org.uk) as soon as possible prior to the commencement of the relevant Trial event. Detailed information and evidence must be provided by a medical note from a GP, emergency doctor or consultation with the UKA Lead Doctor, in order for the Performance Director and UKA Lead Doctor to assess whether

absence from Trials was warranted and whether an exemption is granted. All athletes must be aware that failure to attend the trials, regardless of validity will naturally and unavoidably place them at a disadvantage when being assessed for selection.

10. Illness that occurs earlier than the day before the first day of the Trials must be evidenced by a medical note from a GP, emergency doctor or consultation with a UKA doctor for that athlete to remain eligible for selection. The Performance Director and UKA Lead Doctor will at their discretion determine whether, on the basis of the evidence available to them and information provided by the athlete to accept their non-attendance at the Trials. Failure to satisfy the above will result in the athlete not being considered for selection. All athletes must be aware that failure to attend the trials, regardless of validity, will naturally and unavoidably place them at a disadvantage when being assessed for selection.
11. Illness or injury that occurs **at the Trials** must be reported at the Trials to the Performance Director and the lead UKA Doctor and must be evidenced with a consultation with the UKA Lead Doctor or a medical note from a GP following Trials or an emergency doctor.
12. For clarification, this does not automatically grant exceptional circumstance but may be taken into consideration by the panel.

APPENDIX 2 - GENERAL ELIGIBILITY CRITERIA

1. Be eligible to compete for GB&NI and be the holder of a full and current British passport.
2. **Female athletes must meet the new World Athletics eligibility rules (Technical Rule 3, Eligibility Rule 3.5) by being in possession of a SRY test certificate before 29 August 2025.**
3. Comply with all World Athletics and competition rules relevant to the category and/or event they wish to compete in.
4. Is not serving a period of ineligibility from the sport (as determined by UK Athletics or a Home Country Athletics Federation) or from any other sport. For example, due to misconduct and/or disciplinary reasons.
5. Not under investigation or been charged by UK Athletics, a Home Country Athletics Federation, or any other relevant organisation (including the police and CPS) with misconduct or any disciplinary, safeguarding or criminal offence.
6. Not committed a criminal, disciplinary or safeguarding offence that in the reasonable opinion of the Board of UK Athletics renders the athlete unsuitable for selection.
7. Has not, whether by an act or omission, brought UK Athletics into disrepute.
8. Meet the standards and behaviour expected by UK Athletics, as published from time to time, including in the International Athletes Code of Conduct;
9. Be registered as a member with the relevant Home Country Athletics Federation (HCAF), directly or through a club;
10. Be 16 years or older as of 31 December 2025 (i.e. born in 2009 or earlier), with the exception of men's shot put (see point i);
11. Be 18 years or older as of 31 December 2025 (i.e. born in 2007 or earlier) to be considered for selection in the men's shot put;

12. Sign the UK Athletics Team Members' Agreement ("TMA") and abide by its terms and conditions. Any athlete failing to do so prior to the first date of competition will result in their selection being withdrawn. The current version of the TMA can be found online at <https://www.uka.org.uk/performance/british-athletics-teams-information/>

APPENDIX 3 - PERFORMANCE CONDITIONS

The World Athletics Entry Standards and UKA Consideration Standards must be achieved in accordance with the Performance Conditions as set out below.

1. Performances must be achieved during competitions organised or authorised by World Athletics, its Area APP Associations or its National Member Federations and conducted in conformity with World Athletics Rules and for which an application has been submitted in advance. The list of National Permit competitions will be published on the Global Calendar pages of the World Athletics website (<https://worldathletics.org/competition/calendar-results>).
2. Events will only be listed on the World Athletics global calendar if they are licensed as a UKA Level 2 competition or higher and have a World Athletics permit/licence.
3. Multiple performances achieved in the same individual event in a single day will only count as follows:
 - a. In a track event - at an official Championship of UK national level or higher; and
 - b. In a field event - only the best mark in the final and best mark in the pool.
4. Performances otherwise achieved in the same individual event in a single day will count as follows:
 - a. In track events - only the fastest legal result of the day;
 - b. In throwing events - only the best trial of the first competition of the day; and
 - c. In horizontal jumps - only the best trial of the first competition of the day, unless every mark achieved by the athlete was in an illegal wind, in which case a second competition held with a legal wind reading will count.
 - d. In vertical jumps – only the best trial of the competition of day
5. Performances achieved in mixed events between male and female participants shall not be accepted.
 - a. As an exception, in accordance with Rule 9 of the World Athletics Technical Rules, performances in 5000m or 10,000m may be accepted where there were insufficient athletes of one or both genders competing to justify the conduct of separate races and there was no pacing or assistance given by an athlete(s) of one gender to an athlete(s) of the other gender.
 - b. In these cases, the athlete must contact Tina Ryan (tryan@uka.org.uk) providing the relevant competition information and UKA will make a ratification request to World Athletics.
6. Wind-assisted performances (or performances achieved at events where wind measurement was not available) for events held completely in a stadium will not be accepted. For combined events the conditions set in World Athletics rule 149.3 (or any revised or amended rule relating to wind readings in combined events in force at the time) will be applied for qualification purposes. This requires that at least one of these conditions be met:
 - a. The wind velocity in any individual event shall not exceed plus 4 metres per second;
 - b. The average wind velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed plus 2 m/s.

7. Hand-timed performances in 100m, 200m, 400m, 800m, 100m/110m Hurdles, 400m Hurdles and 4 x 100m Relay will not be accepted.
8. Indoor performances for all field events and track events of 200m and longer will be accepted.
9. 100m, 200m, 400m, 110m/100m hurdles and 400m hurdles performances at altitudes of above 950m will not be accepted.
10. For the running events of 400m and over, performances achieved on oversized tracks will NOT be accepted.
11. For Relay events, teams can qualify for the Championships in one of two ways:
 - a. Placing in the first 14 teams at the 2025 World Athletics Relay Championships; or
 - b. Placing on the World Athletics Performance list. World Athletics will identify the remaining teams qualified by virtue of their position in the World Athletics Top Performance list, according to the best performances in the qualification period.

APPENDIX 4 - 2024 OLYMPIC GAMES, 2023 WORLD CHAMPIONSHIP INDIVIDUAL MEDALLISTS AND WILD CARDS (AS AT TIME OF POLICY PUBLICATION)

Athlete	Event	2023/2024 medallists	Wild Cards
Zharnel Hughes	Men's 100m	2023 medallist	
Matthew Hudson-Smith	Men's 400m	2023 & 2024 medallist	
Ben Pattison	Men's 800m	2023 medallist	
Josh Kerr	Men's 1500m	2023 & 2024 medallist	Wild Card
Keely Hodgkinson	Women's 800m	2023 & 2024 medallist	
Georgia Bell	Women's 1500m	2024 medallist	
Katarina Johnson-Thompson	Heptathlon	2023 & 2024 medallist	Wild Card