

MALE OPEN

1972	Dave	Cannon	Kendal
1973	Harry	Walker	Blackburn
1974	Jeff	Norman	Altrincham
1975	Mike	Short	Horwich
1976	Martin	Weeks	Bingley
1977	Alan	McGee	Keswick
1978	Mike	Short	Horwich
1979	Andy	Styan	Holmfirth
1980	Billy	Bland	Keswick
1981	John	Wild	RAF - CFR
1982	John	Wild	RAF - CFR
1983	Kenny	Stuart	Keswick
1984	Kenny	Stuart	Keswick
1985	Kenny	Stuart	Keswick
1986	Jack	Maitland	Pudsey & Bramley
1987	Colin	Donnelly	Eryri
1988	Colin	Donnelly	Eryri
1989	Colin	Donnelly	Eryri
1990	Gary	Devine	Pudsey & Bramley
1991	Keith	Anderson	Ambleside
1992	Steve	Hawkins	Bingley
1993	Mark	Croasdale	Lancs & Mor.
1994	Mark	Kinch	Warrington
1995	Mark	Kinch	Warrington
1996	Ian	Holmes	Bingley
1997	Ian	Holmes	Bingley
	Mark	Roberts	Borrowdale
1998	Ian	Holmes	Bingley
1999	Gavin	Bland	Borrowdale
2000	Ian	Holmes	Bingley
2002	Simon	Booth	Borrowdale
2003	Rob	Jebb	Bingley
2004	Simon	Bailey	Mercia
2005	Simon	Booth	Borrowdale
2006	Rob	Jebb	Bingley
2007	Rob	Hope	Pudsey & Bramley
2008	Rob	Hope	Pudsey & Bramley
2009	Rob	Hope	Pudsey & Bramley
2010	Tim	Davies	Mercia
2011	Morgan	Donnelly	Borrowdale
2012	Joe	Symonds	Kendal AC
2013	Rob	Jebb	Bingley Harriers & AC
2014	Rob	Hope	Pudsey & Bramley AC
2015	Finlay	Wild	Lochaber AC
2016	Rhys	Findlay-Robinson	Dark Peak Fell Runners
2017	Carl	Bell	Keswick AC
	Chris	Arthur	Bowland Fell Runners
2018	Sam	Tosh	Rosendale Harriers & AC
2019	Carl	Bell	Keswick AC
2021	Chris	Richards	Helm Hill Runners
2022	Finlay	Wild	Lochaber AC
2023	Billy	Cartwright	Matlock AC
Short2024	Matthew	Knowles	Lancaster & Morecambe AC
Long 2024	Finlay	Grant	Dark Peak Fell Runners

Long 2025	Ross	Gollan	East Sutherland Athletics Club
Short2025	Finlay	Grant	Dark Peak Fell Runners

#### MALE UNDER 23

2006	Rob	Little	Dark Peak
2007	Ricky	Lightfoot	Ellenborough AC
2008	James	Kevan	Horwich RMI
2009	James	Kevan	Horwich RMI
2010	Robbie	Simpson	Deeside Runners
2011	Andrew	Annett	Mourne Runners
2012	William	Neill	Mercia FR
2013	Joseph	Crossfield	Halifax Harriers & AC / Calder Valley Fell Runners
2014	William	Neill	Mercia FR
2015	Tom	Saville	Dark Peak Fell Runners
2016	Tom	Saville	Dark Peak Fell Runners
2017	Joshua	Jardine	Helm Hill Runners
2018	Ross	Gollan	Shettleston Harriers
2019	Max	Wainwright	Dark Peak Fell Runners
2021	Tom	Wood	Eryri Harriers
2022	Harry	Bolton	Keswick AC
2023	Ben	Sharrock	Ambleside AC
Short2024	Matthew	Knowles	Lancaster & Morecambe AC
Long 2024	Finlay	Grant	Dark Peak Fell Runners
Long 2025	Finlay	Grant	Dark Peak Fell Runners
Short2025	Finlay	Grant	Dark Peak Fell Runners

#### MALE VET 40

1979	Harry	Blenkinsop	Kendal
1980	Ray	Aucott	Dark Peak
1981	Taffy	Davies	Aldershot
1982	Ray	Aucott	Dark Peak
1983	Paul	Murray	Horwich
1984	Ray	Aucott	Dark Peak
1985	Peter	Hall	Barrow
1986	Del	Davies	Eryri
1987	Peter	McWade	Clayton le Moors
1988	Billy	Bland	Keswick
1989	Andy	Styan	Holmfirth
1990	Dave	Spedding	Keswick
1991	Bob	Whitfield	Bingley
1992	Bob	Whitfield	Bingley
1993	Mick	Hoffe	Ambleside
1994	Harry	Jarrett	Cumberland FR
1995	Steve	Jackson	Horwich
1996	Graham	Schofield	Horwich
1997	Adrian	Jones	Glossopdale
	Willie	Bell	Cumberland FR
1998	Malcolm	Patterson	Shettleston
1999	Dave	Neill	Mercia
2000	Colin	Donnelly	Eryri
	Dave	Neill	Staffs Moorlands
2002	Colin	Donnelly	Eryri
2003	Mark	Rigby	Ambleside

2004	Colin	Donnelly	Eryri
2005	Stewart	Whitlie	Carnethy
2006	Ian	Holmes	Bingley Harriers & AC
2007	Jim	Davies	Borrowdale FR
2008	Ian	Holmes	Bingley Harriers & AC
2009	Jim	Davies	Borrowdale FR
2010	Lloyd	Taggart	Dark Peak
2011	Lloyd	Taggart	Dark Peak
2012	Lloyd	Taggart	Dark Peak
2013	Morgan	Donnelly	Borrowdale Fell Runners
2014	Rob	Hope	Pudsey & Bramley AC
2015	Rob	Hope	Pudsey & Bramley AC
2016	Rob	Hope	Pudsey & Bramley AC
2017	Rob	Hope	Pudsey & Bramley AC
2018	Rob	Jebb	Helm Hill Runners
2019	Rob	Jebb	Helm Hill Runners
2021	Rob	Jebb	Helm Hill Runners
2022	Matthew	Roberts	Calder Valley Fell Runners
2023	Steven	Hebblethwaite	Keswick AC
Short2024	Doni	Clarke	Todmorden Harriers
Long 2024	Steven	Hebblethwaite	Keswick AC
Long 2025	Steve	Halsall	Keswick AC
Short2025	Ben	Abdelnoor	Ambleside AC

MALE VET 45

Short2024	Ted	Mason	Wharfedale Harriers
Long 2024	Ben	Tetler	Glossopdale Harriers
Long 2025	Andrew	Fallas	Carnethy Hill Racing Club
Short2025	Ben	Tetler	Glossopdale Harriers

MALE VET 50

1979	Alan	Heaton	Clayton le Moors
1980	Bill	Robinson	Cumberland FR
1981	Tony	Llewellyn	Lancs & Mor.
1982	John	Marstrand	Lochaber
1983	Peter	Carmichael	Morpeth
1984	Gilbert	Scott	Cumberland FR
1985	Bill	Gauld	Carnethy
1986	Bill	Gauld	Carnethy
1987	Bill	Gauld	Carnethy
1988	Danny	Hughes	Cumberland FR
1989	Norman	Matthews	Horwich
1990	Don	Ashton	Blackburn
1991	Roger	Bell	Ambleside
1992	Don	Ashton	Blackburn
1993	John	Nuttall	Clayton le Moors
1994	Don	Williams	Eryri
1995	Dave	Spedding	Keswick
1996	Anthony	Bland	Borrowdale
1997	James	Patterson	Albertville NI
1998	James	Patterson	Albertville NI
1999	James	Patterson	Albertville NI
2000	Duncan	Overton	Kendal

2002	Michael	Walsh	Kendal
2003	Duncan	Overton	Keswick
2004	Steve	Jackson	Horwich
2005	Tom	McGaff	Cheshire HR
2006	Dave	Neill	Staff Moorlands
2007	Mike	Egner	Dark Peak
2008	Mike	Wallis	Clayton le Moors
2009	Steve	Oldfield	Bradford & Airedale
2010	Steve	Oldfield	Calder Valley
2011	Mick	Stenton	Dark Peak
2012	Mark	Roberts	Borrowdale Fell Runners
2013	Mark	Roberts	Borrowdale Fell Runners
2014	Stewart	Whitlie	Carnethy Hill Racing Club
2015	Mark	Palmer	Mynydd Du
2016	Ian	Holmes	Bingley Harriers & AC
2017	Jim	Davies	Borrowdale Fell Runners
2018	Ian	Holmes	Bingley Harriers & AC
2019	Jim	Davies	Borrowdale Fell Runners
2021	Darren	Kay	Calder Valley Fell Runners
2022	Karl	Gray	Calder Valley Fell Runners
2023	Karl	Gray	Calder Valley Fell Runners
Short2024	Robert	Hope	Pudsey & Bramley AC
Long 2024	Karl	Gray	Calder Valley Fell Runners
Long 2025	Rob	Jebb	Helm Hill Runners
Short2025	Shaun	Godsman	Calder Valley Fell Runners

MALE	VET 55		
Short2024	Ian	Holmes	Bingley Harriers & AC
Long 2024	Kenny	Richmond	Helm Hill Runners
Long 2025	Karl	Gray	Calder Valley Fell Runners
Short2025	Stephen	Smithies	Calder Valley Fell Runners

#### MALE VET 60

2000	Brian	Waldie	Carnethy
2002	Paul	Murray	Horwich
2003	John	Amies	Macclesfield
2004	Geoffrey	Howard	Ilkley
2005	Dave	Spedding	Keswick
	Kieran	Carr	Clayton le Moors
2006	Dave	Spedding	Keswick
2007	Dave	Tait	Dark Peak
2008	Ken	Taylor	Rosendale
2009	Bernard	Grant	Harrogate
2010	Bernard	Grant	Harrogate
2011	Bernard	Grant	Harrogate
2012	Robert	Taylor	Pennine FR
2013	Bernard	Grant	Harrogate Harriers & AC
2014	David	Loan	Keswick AC
2015	Stephen	Jones	Rhedwyr Eryri

2016	Mike	Egner	Settle Harriers
2017	William	Procter	Helm Hill Runners
2018	Mike	Wallis	Clayton le Moors Harriers
2019	William	Procter	Helm Hill Runners
2021	Des	Crowe	Penicuik Harriers
2022	Stewart	Whitlie	Carnethy Hill Racing Club
2023	Colin	Donnelly	Cambuslang Harriers
Short2024	Paul	Cornforth	Ambleside AC
Long 2024	Alan	Smith	Deeside Runners
Long 2025	Paul	Cornforth	Ambleside AC
Short2025	Paul	Cornforth	Ambleside AC

MALE	VET 65		
Short2024	Mervyn	Keys	Rosendale Harriers & AC
Long 2024	Philip	Pearson	Northern Fells Running Club
Long 2025	Colin	Donnelly	Cambuslang Harriers
Short2025	Colin	Donnelly	Cambuslang Harriers

MALE	VET 70		
Short2024	Paul	Morris	Keswick AC
Long 2024	Richard	Bellaries	Clayton-le-Moors Harriers
Long 2025	Brian	Thompson	Helm Hill Runners
Short2025	Brian	Thompson	Helm Hill Runners

FEMALE OPEN

1979	Ros	Coates	Lochaber
1980	Pauline	Haworth	Keswick
1981	Ros	Coates	Lochaber
1982	Sue	Parkin	Holmfirth
1983	Angela	Carson	Eryri
1984	Pauline	Haworth	Keswick
1985	Pauline	Haworth	Keswick
1986	Angela	Carson	Eryri
1987	Jacky	Smith	Dark Peak
1988	Clare	Crofts	Dark Peak
1989	Ruth	Pickvance	Clayton le Moors
1990	Trish	Calder	Edinburgh
1991	Trish	Calder	Edinburgh
1992	Clare	Crofts	Dark Peak
1993	Angela	Brand-Barker	Eryri (née Angela Carson)
1994	Angela	Brand-Barker	Eryri (née Angela Carson)
1995	Sarah	Rowell	Pudsey & Bramley
1996	Sarah	Rowell	Pudsey & Bramley
1997	Angela	Mudge	Carnethy
1998	Angela	Mudge	Carnethy
1999	Angela	Mudge	Carnethy
2000	Angela	Mudge	Carnethy
2002	Andrea	Priestley	Ilkley
	Louise	Sharp	Keswick
2003	Louise	Sharp	Keswick
2004	Tracey	Brindley	Carnethy
2005	Jill	Mykura	Carnethy
2006	Natalie	White	Bingley
2007	Janet	McIver	Dark Peak
2008	Angela	Mudge	Carnethy
2009	Phillipa	Jackson	Keswick AC
2010	Phillipa	Maddams	Keswick AC
2011	Phillipa	Maddams	Keswick AC
2012	Lauren	Jeska	Todmorden
2013	Victoria	Wilkinson	Bingley Harriers & AC
	Helen	Fines	Calder Valley Fell Runners
2014	Victoria	Wilkinson	Bingley Harriers & AC
	Jacqueline	Lee	Rhedwyr Eryri
2015	Jasmin	Paris	Carnethy Hill Racing Club
2016	Lou	Roberts	Ambleside AC
2017	Bronwen	Jenkinson	Rhedwyr Eryri
2018	Jasmin	Paris	Carnethy Hill Racing Club
2019	Kelli	Roberts	Helm Hill Runners
2021	Hannah	Horsburgh	Keswick AC
2022	Eve	Pannone	Eden Runners
2023	Nicola	Jackson	Keswick AC
Short 2024	Eve	Pannone	Ambleside AC
Long 2024	Naomi	Lang	Carnethy Hill Racing Club
Long 2025	Naomi	Lang	Carnethy Hill Racing Club
Short 2025	Antonia	Fan	Ambleside AC

## FEMALE U23

2006	Rachel	Crowe	Lytham
2007	Emma	Clayton	Scunthorpe
2008	Lucy	Harris	Pennine FR
2009	Emma	Clayton	Scunthorpe
2010	Emma	Clayton	Scunthorpe
	Lucy	Harris	Pennine FR
2011	Lucy	Harris	Pennine FR
2012	Emma	Dodd	Wharfedale
2013	Nichola	Jackson	Preston Harriers
	Caroline	Lambert	Wetherby Runners AC
2014	Nichola	Jackson	Preston Harriers
2015	Nichola	Jackson	Preston Harriers
2016	Bronwen	Jenkinson	Rhedwyr Eryri
2017	Bronwen	Jenkinson	Rhedwyr Eryri
2018	Bronwen	Jenkinson	Rhedwyr Eryri
2019	Hannah	Russell	Helm Hill Runners
2021	Eve	Pannone	Eden Runners
2022	Eve	Pannone	Eden Runners
2023	Alice	Gamble	Sheffield University Orienteering & Fell Running Club
Short 2024	Alexandra	Whitaker	Ambleside AC
Long 2024	No Award		
Long 2025	Rebecca	Magee	Newcastle and District AC
Short 2025	Rebecca	Magee	Newcastle and District AC

## FEMALE

## VET 40

1992	Jackie	Smith	Dark Peak
1993	Celia	Greasley	Macclesfield
1994	Katherine	Harvey	Altrincham
1995	Nicola	Davies	Borrowdale
1996	Menna	Angharad	Eryri
1997	Nicola	Davies	Borrowdale
	Glynda	Cook	Rochdale
1998	Jo Anne	Prowse	Keighley & Craven
1999	Nicola	Davies	Borrowdale
2000	Nicola	Davies	Borrowdale
2002	Sally	Newman	Glossopdale
2003	Kate	Beaty	Cumberland FR
2004	Sally	Newman	Calder Valley
2005	Sally	Newman	Calder Valley
2006	Elizabeth	Batt	Dark Peak
2007	Fiona	Maxwell	Mourne Runners
2008	Fiona	Maxwell	Mourne Runners
2009	Fiona	Maxwell	Mourne Runners
2010	Judith	Jepson	Dark Peak
2011	Judith	Jepson	Dark Peak
2012	Anna	Bartlett	Mercia FR
2013	Judith	Jepson	Dark Peak Fell Runners
2014	Helen	Berry	Holmfirth Harriers AC
2015	Mel	Price	Mercia FR
2016	Lou	Roberts	Ambleside AC
2017	Lou	Roberts	Ambleside AC
2018	Mel	Price	Mercia FR
2019	Helen	Berry	Holmfirth Harriers AC

2021	Sharon	Taylor	Helm Hill Runners
2022	Lou	Osborn	Ambleside AC
2023	Sharon	Taylor	Helm Hill Runners
Short2024	Susannah	Richardson	Calder Valley Fell Runners
Long 2024	Sally	Fawcett	Dark Peak Fell Runners
Long 2025	Caroline	Marwick	Highland Hill Runners
Short2025	Rachel	Pilling	Pudsey & Bramley AC

FEMALE	VET 45		
Short2024	Sue	Richmond	Pennine Fell Runners
Long 2024	Joanne	Henderson	Denbigh Harriers
Long 2025	Sue	Richmond	Pennine Fell Runners
Short2025	Tricia	Smith	Unattached

FEMALE	VET 50		
2008	Lyn	Thompson	Keswick
2009	Nicola	Davies	Borrowdale FR
2010	Gill	Myers	Wharfedale Harriers
2011	Wendy	Dodds	Clayton le Moors
2012	Nicola	Davies	Borrowdale
2013	Gill	Myers	Wharfedale Harriers
2014	Gill	Myers	Wharfedale Harriers
	Aly	Raw	Bingley Harriers & AC
2015	Julie	Carter	Keswick AC
2016	June	Mellor	Pennine FR
2017	Judith	Jepson	Dark Peak Fell Runners
2018	Alison	Weston	Ilkley Harriers AC
2019	Judith	Jepson	Dark Peak Fell Runners
2021	Jean	Powell	Wharfedale Harriers
2022	Lou	Osborn	Ambleside AC
2023	Mel	Price	Mercia FR
Short2024	Lou	Osborn	Ambleside AC
Long 2024	Andrea	Rowlands	Eryri Harriers
Long 2025	Angela	Mudge	Ochil Hill Runners
Short2025	Karen	Wilton	Jog Lisburn Running Club

FEMALE	VET 55		
Short2024	Diane	Wilson	Dromore AC
Long 2024	Rhian	Probert	Mynydd Du
Long 2025	Jean	Powell	Wharfedale Harriers
Short2025	Diane	Wilson	Dromore AC

FEMALE	VET 60		
Short2024	Rowena	Browne	Bowland Fell Runners
Long 2024	Deborah	Gowans	Todmorden Harriers
Long 2025	Rowena	Browne	Bowland Fell Runners
Short2025	Kathleen	Monteverde	BARF

FEMALE	VET 65		
Short2024	Anne	Daykin	Clayton-le-Moors Harriers
Long 2024	Anne	Daykin	Clayton-le-Moors Harriers
Long 2025	No Award		
Short2025	Anne	Daykin	Clayton-le-Moors Harriers

FEMALE	VET 70		
Short2024	Wendy	Dodds	Dallam Running Club
Long 2024	Wendy	Dodds	Dallam Running Club
Long 2025	Wendy	Dodds	Dallam Running Club
Short2025	No Award		

## MEN OPEN TEAM

1983	Keswick
1984	Keswick
1985	Keswick
1986	Keswick
1987	Eryri
1988	Keswick
1989	Pudsey & Bramley
1990	Ambleside
1991	Ambleside
1992	Ambleside
1993	Borrowdale
1994	Borrowdale
1995	Borrowdale
1996	Borrowdale
1997	Bingley
1998	Borrowdale
1999	Borrowdale
2000	Borrowdale
2002	Bingley
	Borrowdale
2003	Ambleside
2004	Borrowdale
2005	Borrowdale
2006	Borrowdale
2007	Borrowdale
2008	Pudsey & Bramley
2009	Pudsey & Bramley
2010	Pudsey & Bramley
2011	Borrowdale
2012	Borrowdale
2013	Borrowdale Fell Runners
2014	Carnethy Hill Racing Club
2015	Calder Valley Fell Runners
2016	Dark Peak Fell Runners
2017	Keswick AC
2018	Keswick AC
2019	Keswick AC
2021	Keswick AC
2022	Keswick AC
2023	Keswick AC
2024	Carnethy Hill Racing Club
2025	Ambleside AC

## MEN VET 40 TEAM

1995	Horwich
1996	Horwich
1997	Cumberland FR
1998	Kendal
1999	Horwich
2000	Cumberland FR
2002	Horwich
2003	Newcastle, NI
2004	Borrowdale

2005	Carnethy
2006	Dark Peak
2007	Borrowdale
2008	Borrowdale
2009	Borrowdale
2010	Borrowdale
2011	Borrowdale
2012	Borrowdale
2013	Borrowdale Fell Runners
2014	Borrowdale Fell Runners
2015	Calder Valley Fell Runners
2016	Helm Hill Runners
2017	Borrowdale Fell Runners
2018	Calder Valley Fell Runners
2019	Dark Peak Fell Runners
2021	Wharfedale Harriers
2022	Calder Valley Fell Runners
2023	Helm Hill Runners
2024	Calder Valley Fell Runners
2025	Calder Valley Fell Runners

#### MEN VET 50 TEAM

2013	Carnethy Hill Racing Club
2014	Dark Peak Fell Runners
2015	Dark Peak Fell Runners
2016	Dark Peak Fell Runners
2017	Borrowdale Fell Runners
2018	Dark Peak Fell Runners
2019	Borrowdale Fell Runners
2021	Calder Valley Fell Runners
2022	Calder Valley Fell Runners
2023	Calder Valley Fell Runners
2024	Calder Valley Fell Runners
2025	Calder Valley Fell Runners

## FEMALES OPEN TEAM

1991	Ambleside
1992	Keswick
1993	Keswick
1994	Fellandale
1995	Pudsey & Bramley
1996	Pudsey & Bramley
1997	Carnethy
1998	Carnethy
1999	Carnethy
2000	Bingley
2002	Bingley
	Keswick
2003	Bingley
2004	Carnethy
2005	Ilkley
2006	Bingley
2007	Eryri
2008	Calder Valley
2009	Calder Valley
2010	Eryri
2011	Calder Valley
2012	Dark Peak
2013	Ambleside AC
2014	Ambleside AC
2015	Ambleside AC
2016	Mercia Fell Runners
2017	Ambleside AC
2018	Helm Hill Runners
2019	Helm Hill Runners
2021	Helm Hill Runners
2022	Helm Hill Runners
2023	Mercia Fell Runners
2024	Ambleside AC
2025	Pudsey & Bramley AC

## FEMALE VET 40 TEAM

2013	Ambleside AC
2014	Ambleside AC
2015	Ambleside AC
2016	Mercia Fell Runners
2017	Ambleside AC
2018	Helm Hill Runners
2019	Helm Hill Runners
2021	Helm Hill Runners
2022	No Award
2023	Mercia Fell Runners
2024	Calder Valley Fell Runners
2025	Pudsey & Bramley AC

## FEMALE VET 50 TEAM

2024	No Award
2025	No Award

