



BRITISH ATHLETICS

2013 MEDIA GUIDE

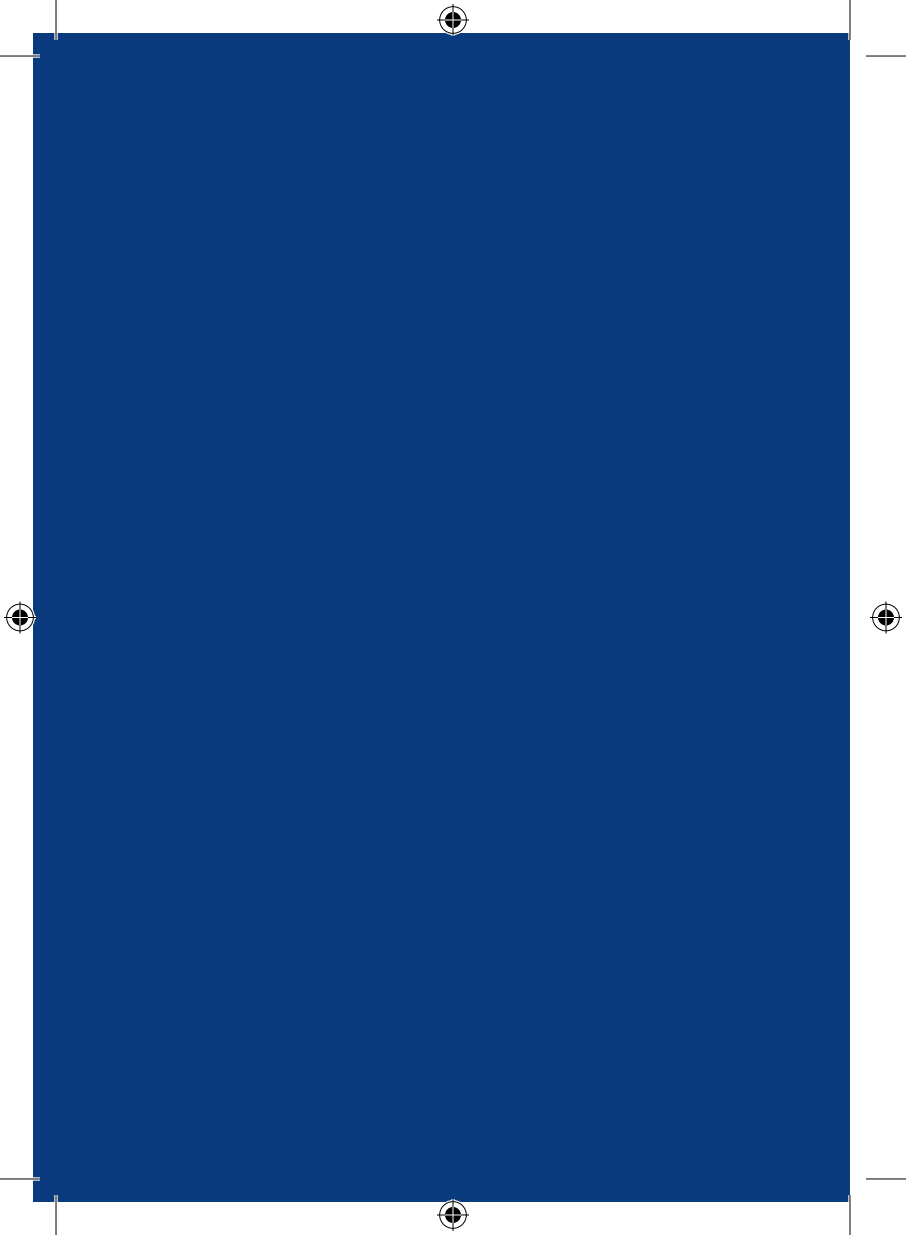
EUROPEAN ATHLETICS TEAM CHAMPIONSHIPS

GATESHEAD - 22-23 JUNE 2013

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GB & NI TEAM MANAGEMENT

TEAM LEADER

Peter Eriksson

TEAM MANAGERS

Neil Black

Lorna Dwyer

Alison Wyeth

TEAM COACHES

Lloyd Cowan

Rana Reider

John Nuttall

Malcolm Arnold

Fuzz Ahmed

Scott Simpson

Aston Moore

Tore Gustafsson

Malcolm Fenton

MEDICAL TEAM

Team Doctors

Dr. John Rogers

Dr. Noel Pollock

Physiotherapists

Shane Kelly

Toby Smith

Osteopath

Andy Burke

Soft Tissue Therapists

Wendy Hilton

John Murray

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TIMETABLE

SATURDAY 22 JUNE

13:30	Pole Vault	Womens	16:51	400m	Womens
13:41	Hammer Throw	Mens	16:55	Javelin Throw	Womens
14:30	4. Hammer Throw	Mens	16:57	400m	Womens
14:30	Triple Jump	Womens	17:03	5000m	Mens
14:37	400m H	Mens	17:24	4 x 100m Relay	Womens
14:43	400m H	Mens	17:30	4. Long Jump	Mens
14:51	100m	Womens	17:38	4 x 100m Relay	Womens
14:57	100m	Womens	17:40	4. Javelin Throw	Womens
15:04	400m	Mens	17:48	4 x 100m Relay	Mens
15:10	400m	Mens	17:54	4 x 100m Relay	Mens
15:16	Discus Throw	Womens			
15:19	High Jump	Mens			
15:21	800m	Womens			
15:25	4. Triple Jump	Womens			
15:34	100m	Mens			
15:38	Shot Put	Mens			
15:40	100m	Mens			
15:50	3000m	Womens			
16:02	4. Discus Throw	Womens			
16:10	400m H	Womens			
16:16	400m H	Womens			
16:21	4. Shot Put	Mens			
16:27	1500m	Mens			
16:34	Long Jump	Mens			
16:37	3000m SC	Womens			

TIMETABLE

SUNDAY 23 JUNE

13:20	Pole Vault	Mens	17:09	4 x 400m Relay	Womens
13:36	Hammer Throw	Womens	17:15	4. Long Jump	Womens
14:20	Triple Jump	Mens	17:24	4 x 400m Relay	Womens
14:23	110m H	Mens	17:34	4. Javelin Throw	Mens
14:25	4. Hammer Throw	Womens	17:43	4 x 400m Relay	Mens
14:33	110m H	Mens	17:53	4 x 400m Relay	Mens
14:43	100m H	Womens	18:00	Victory Ceremony	
14:50	100m H	Womens			
14:59	800m	Mens			
15:05	Discus Throw	Mens			
15:09	1500m	Womens			
15:15	4. Triple Jump	Mens			
15:24	High Jump	Womens			
15:27	Shot Put	Womens			
15:29	3000m SC	Mens			
15:46	200m	Womens			
15:51	4. Discus Throw	Mens			
15:59	200m	Womens			
16:07	200m	Mens			
16:10	4. Shot Put	Womens			
16:16	200m	Mens			
16:20	Long Jump	Womens			
16:23	5000m	Womens			
16:48	Javelin Throw	Mens			
16:52	3000m	Mens			

GB & NI TEAM

MEN

100m:

James Dasaolu

200m:

Danny Talbot

400m:

Nigel Levine

800m:

Andrew Osagie

1500m:

Charlie Grice

3000m:

David Bishop

5000m:

Mo Farah

110mH:

William Sharman

400mH:

Dai Greene

3000mSC:

Rob Mullett

High Jump:

Robbie Grabarz

Long Jump:

Greg Rutherford

Triple Jump:

Nathan Douglas

Pole Vault:

Steve Lewis

Shot Put:

Zane Duquemin

Discus Throw:

Brett Morse

Hammer Throw:

Mark Dry

Javelin:

Lee Doran

4 x 100m:

Harry Aikines-Aryeetey

Dwain Chambers

James Dasaolu

James Ellington

Joel Fearon

Adam Gemili

Richard Kilty

Danny Talbot

4 x 400m:

Michael Bingham

Richard Buck

Nigel Levine

Martyn Rooney

Richard Strachan

Conrad Williams



GB & NI TEAM

WOMEN

100m:

Asha Philip

200m:

Anyika Onuora

400m:

Perri Shakes-Drayton

800m:

Jessica Judd

1500m:

Hannah England

3000m:

Laura Weightman

5000m:

Emelia Gorecka

100mH:

Tiffany Porter

400mH:

Eilidh Child

3000mSC:

Eilish McColgan

High Jump:

Isobel Pooley

Long Jump:

Shara Proctor

Triple Jump:

Yamile Aldama

Pole Vault:

Holly Bleasdale

Shot Put:

Sophie McKinna

Discus Throw:

Jade Lally

Hammer Throw:

Sophie Hitchon

Javelin:

Freya Jones

4 x 100m:

Annabelle Lewis

Anyika Onuora

Asha Philip

Tiffany Porter

Bianca Williams

4 x 400m:

Meghan Beesley

Eilidh Child

Shana Cox

Kirsten McAslan

Christine Ohuruogu

Victoria Ohuruogu

ATHLETE PROFILES

(NOT IN THE 2013 BRITISH ATHLETICS MEDIA GUIDE)

MEN

Name: David Bishop
Club: Bristol & West
Coach: James Thie
Date of birth: 09/05/1987
Event: 3,000m
PB: 7:56.37
SB: 8:06.98

Name: Rob Mullett
Club: Lewes
Coach: David Leach
Date of birth: 31/07/1987
Event: 3,000m SC
PB: 8:31.62
SB: 8:32.68

Name: Nathan Douglas
Club: Oxford City
Coach: Aston Moore
Date of birth: 04/12/1982
Event: Triple jump
PB: 17:64m
SB: 16:53m

Name: Lee Doran
Club: City of Sheffield
Coach: David Parker
Date of birth: 05/03/1985
Event: Javelin
PB: 79.72m
SB: 75.60m

Name: Joel Fearon
Club: Birchfield Harriers
Coach: Michael Khmel
Date of birth: 11/10/1988
Event: 100m
PB: 10.24
SB: 10.24

Name: Richard Kilty
Club: Gateshead Harriers
Coach: Linford Christie
Date of birth: 02/09/1989
Event: 100m
PB: 10.23
SB: 10.23

Name: Richard Strachan
Club: Trafford
Coach: Linford Christie
Date of birth: 18/11/1986
Event: 400m
PB: 45.70
SB: 46.22i

ATHLETE PROFILES

(NOT IN THE 2013 BRITISH ATHLETICS MEDIA GUIDE)

WOMEN

Name: Anyika Onuora
Club: Liverpool Harriers
Coach: Rana Reider
Date of birth: 28/10/1984
Event: 200m
PB: 22.93
SB: 22.93

Name: Sophie McKinna
Club: Great Yarmouth
Coach: Geoff Capes
Date of birth: 31/08/1994
Event: Shot put
PB: 17.12m
SB: 17.12m

Name: Jade Lally
Club: Shaftesbury Barnet
Coach: Andrew Neal
Date of birth: 30/03/1987
Event: Discus throw
PB: 60.76m
SB: 58.88m

Name: Freya Jones
Club: Southampton
Coach: Don Babbitt
Date of birth: 13/11/1993
Event: Javelin
PB: 54.95m
SB: 54.95m

Name: Annabelle Lewis
Club: Kingston upon Hull
Coach: Roger Walters
Date of birth: 20/03/1989
Event: 100m
PB: 11.51
SB: 11.55

Name: Asha Philip
Club: Newham & Essex Beagles
Coach: Christine Bowmaker
Date of birth: 25/10/1990
Event: 100m
PB: 11.36
SB: 11.36

Name: Bianca Williams
Club: Enfield & Haringey
Coach: Lloyd Cowan
Date of birth: 18/12/1993
Event: 100m
PB: 11.47
SB: 11.77

Name: Kirsten McAslan
Club: Sale Harriers Manchester
Coach: Trevor Painter
Date of birth: 01/09/1993
Event: 400m
PB: 53.02
SB: 53.02



ATHLETE PROFILES

(NOT IN THE 2013 BRITISH ATHLETICS MEDIA GUIDE)

Name: Victoria Ohuruogu

Club: Newham & Essex Beagles

Coach: Lloyd Cowan

Date of birth: 28/02/1993

Event: 400m

PB: 52.62

SB: 52.62



GB & NI AT THE EUROPEAN ATHLETICS TEAM CHAMPIONSHIPS

TEAM OVERALL

YEAR	VENUE	WINNER	POINTS	GB & NI	POINTS
2009	LEIRIA, POR	GERMANY	326.5	3RD	303
2010	BERGEN, NOR	RUSSIA	379.5	2ND	317
2011	STOCKHOLM, SWE	RUSSIA	374	4TH	291

MEN

EVENT	BEST POSITION	BEST PERFORMER	PERFORMANCE	YEAR
100	1	DWAIN CHAMBERS	9.99	2010
200	1	DWAIN CHAMBERS	20.55	2009
400	1	TIM BENJAMIN	45.57	2009
400	1	MARTIN ROONEY	45.67	2010
800	2	MICHAEL RIMMER	1:45.62	2010
1500	1	COLIN MCCOURT	3:46.70	2010
3000	4	NICK MCCORMICK	8:03.45	2009
3000	4	ANDY BADDELEY	8:03.97	2011
5000	1	MO FARAH	13:43.01	2009
5000	1	MO FARAH	13:46.93	2010
110H	1	ANDY TURNER	13.42	2009
110H	1	ANDY TURNER	13.48	2010

GB & NI AT THE EUROPEAN ATHLETICS TEAM CHAMPIONSHIPS

EVENT	BEST POSITION	BEST PERFORMER	PERFORMANCE	YEAR
110H	1	ANDY TURNER	13.42	2011
400H	1	DAI GREENE	49.26	2009
400H	1	DAI GREENE	49.53	2010
400H	1	DAI GREENE	49.21	2011
3000SC	5	LUKE GUNN	8:38.65	2010
HJ	2	TOM PARSONS	2.25	2010
PV	6	STEVEN LEWIS	5.55	2009
LJ	3	CHRIS TOMLINSON	7.98	2010
LJ	3	CHRIS TOMLINSON	8.12	2011
TJ	2	PHILLIPS IDOWU	17.50	2009
TJ	2	PHILLIPS IDOWU	17.12	2010
SP	5	CARL MYERSCOUGH	19.91	2010
DT	6	BRETT MORSE	59.37	2011
HT	11	ALEX SMITH	66.72	2010
HT	11	ANDY FROST	61.53	2011
JT	8	MERVYN LUCKWELL	72.40	2009
JT	8	MERVYN LUCKWELL	71.80	2010

GB & NI AT THE EUROPEAN ATHLETICS TEAM CHAMPIONSHIPS

EVENT	BEST POSITION	BEST PERFORMER	PERFORMANCE	YEAR
JT	8	JAMES CAMPBELL	68.03	2011
4X100	1	CHRISTIAN MALCOLM CRAIG PICKERING JAMES ELLINGTON HARRY AIKINES-ARYEETEY	38.60	2011
4X400	1	CONRAD WILLIAMS ROBERT TOBIN RICHARD STRACHAN TIM BENJAMIN	3:00.82	2009

WOMEN

EVENT	BEST POSITION	BEST PERFORMER	PERFORMANCE	YEAR
100	1	EMILY FREEMAN	11.42	2009
200	3	CHRISTINE OHURUOGU	23.40	2009
400	3	SHANA COX	51.49	2011
800	2	JENNIFER MEADOWS	1:59.47	2011
1500	1	CHARLENE THOMAS	4:06.85	2011
3000	4	STEPH TWELL	9:09.65	2009
5000	2	JO PAVEY	15:17.87	2010
100H	4	TIFFANY PORTER (2ND IN RACE 2, 4TH OVERALL)	13.28	2011

GB & NI AT THE EUROPEAN ATHLETICS TEAM CHAMPIONSHIPS

EVENT	BEST POSITION	BEST PERFORMER	PERFORMANCE	YEAR
400H	2	EILIDH CHILD	56.48	2010
3000SC	4	BARBARA PARKER	9:44.81	2010
HJ	9	STEPHANIE PYWELL	1.80	2010
PV	4	KATE DENNISON	4.55	2009
LJ	7	JADE JOHNSON	6.26	2010
TJ	9	YASMINE REGIS	13.27	2011
SP	9	REBECCA PEAKE	15.67	2010
DT	7	PHILLIPA ROLES	53.33	2010
HT	6	ZOE DERHAM	65.59	2009
JT	2	GOLDIE SAYERS	59.25	2010
JT	2	GOLDIE SAYERS	64.46	2011
4X100	2	LAURA TURNER KADI-ANN THOMAS EMILY FREEMAN JOICE MADUAKA	43.44	2009
4X400	2	KELLY MASSEY NICOLA SANDERS LEE MCCONNELL PERRI SHAKES-DRAYTON	3:27.21	2011



**BRITISH
ATHLETICS**

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www.britishathletics.org.uk